



Please read the Grant Criteria document before you start your application process.

Application Reference (Office use only): GR14/2425	
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<u>1: CONTACT DETAILS</u>	
Name of Organisation:	Friends for Leisure
Address of Organisation:	Unit R3, The Bromley Centre, Bromley Road, Congleton, Cheshire CW12 1PT
Name of Applicant:	Sarah Hampton
Position:	Fundraising Coordinator
Telephone Number:	01260 275 333
Email address:	██
Website:	www.friendsforleisure.org.uk
Registration Number (If relevant)	1068991
<u>2: ABOUT YOUR ORGANISATION</u>	
What type of organisation are you?	Registered Charity
Please tell us about your organisation, its aims and the work you undertake. (in less than 200 words)	
<p>We are a charity who believe that everyone needs a friend, and we are passionate about making sure that disabled children and young people (5-21 years of age) get that opportunity. We promote everyday friendship and leisure opportunities for disabled children and young people in Cheshire East. We currently have 190 registered users and 106 volunteers 80% of whom are aged 18-25 years of age.</p> <p>We have Youth Groups in Crewe, Congleton and Macclesfield, 2 15 plus youth groups, weekly drama groups and fortnightly ten pin bowling groups. We also have individual buddying/befriending services where a young disabled person is paired with a young volunteer to go out and take part in activities that interest them i.e. cinema, meal, coffee etc.</p> <p>Our activities range from getting active - swimming, gymnastics, zumba to visiting gauntlet birds of prey, visiting places such as Reaseheath Mini Zoo, Lego clubs to meals out, picnic and games, themed nights such as American or Italian or Valentines.</p> <p>We run our activities during term time and during the school holidays. They are usually free to attend and we ask for £1 towards refreshments. We do family support work and workshops and PALS (Personal and Learning Skills) programme.</p>	

3: COST DETAILS/ RESOURCES/ TIMETABLE	
Project Title:	Congleton Youth Group and Congleton 15 Up Youth Group Activities
Project Objectives:	To continue to provide a youth group and 15 Up Youth Group for disabled children and young people living in Congleton.
Brief Project Description:	The Project will help us to provide a varied programme at our Congleton Youth Group and 15 Up Congleton Youth Group activities. It will allow disabled children and young people in Congleton to get involved in their local community and an opportunity to make friends and learn new things as well as have some fun and improve their feelings of isolation and overall wellbeing. We have a team of young volunteers who support us at our Youth Groups and who enjoy friendship too. We can incorporate something for everyone using a range of Congleton leisure providers and businesses i.e. end of term meal out.
Total Cost of Project	£5,700
Total contribution sought:	£1,000
Details of cost breakdown and budgets:	Each session lasts 1.5 hours and there are 6 sessions per term for each Youth Group so 12 sessions per term. Average cost to deliver each session is £100 (arts and crafts, food drink for a film night, drama specialist, personal trainer etc) plus £200 towards end of term meal out. £100 x 12 £1,200 plus £400 food and £300 venue hire = £1,900 per term and £5,700 per year.
What will the money be spent on?/ Resources needed:	Each session will be different but it will be spent on materials such as arts and craft or food and drink (we also have themed nights i.e. Italian or external provider costs. It also includes venue hire - we use New Life Church. Our end of term meal is a highlight and for some the first time they have a meal out without parent/carers.
Any ongoing costs:	Our additional costs are salaries/sessional costs/overheads but these are not included in the costs.
Details of confirmed match funding, include source Cash/Grant: In kind:	Grant - Young People's Trust £2,000 and Congleton Town Trust £300. We are also applying to various Trusts and Foundations for the remaining amount and are waiting to hear. In kind: Volunteer time. We have on average 4-5 volunteers at each session.
Estimated timescale of project from start to finish:	April 2025 - next school term.
4: POTENTIAL BENEFITS/ OUTPUTS	
What are the potential benefits/outputs to residents of Congleton	For our youngsters it is feeling they are a part of the community including increasing their network of friends, reduced isolation and loneliness. Respite for parents/carers and siblings. Volunteers more active citizens in their local community.
Are there similar services/ projects provided in the area	General disabled support is also offered by Ruby's Fund, Everybody Sport & Recreation, Space4Autism but not specifically Youth Groups.
5: EVALUATION	
How will the project be evaluated and who will	After every session we ask for feedback which is then stored on our database. When our youngsters join they have baseline from

carry out the evaluation?	outcomes achieved are measure against during regular distance travelled reviews. Parents/carers and volunteers also provide feedback.
Describe how you will promote the Town Council in your project.	When we produce the fliers for the activities we will put the Council Logo on the page with the appropriate Youth Groups. We will also do a thank you on our social media and on our website and a press release will be sorted.
Please acknowledge you have read our Grant Application Criteria	Please see the Policy on our Grants page on our website: Grants - Congleton Town Council (congleton-tc.gov.uk) I/we have read the policy: YES / NO
Will you be attending the meeting to support your application	Date will be provided by the RFO YES/NO

Declaration

- I am authorised to make this application on behalf of the above organisation.
- I understand and agree that the application and supporting documents will be presented on a public agenda, and that any private information will be redacted.
- I certify that the information contained in this application is correct. If the information in the application changes, I will inform Congleton Town Council as soon as possible.
- I give permission for Congleton Town Council to retain this information electronically. The information in this form will be used for the administration of grant applications.
- I understand that Congleton Town Council will use any personal information I have provided for the purposes described under the Data Protection Statement which can be found [Constitution - Congleton Town Council \(congleton-tc.gov.uk\)](http://congleton-tc.gov.uk)
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Signed:	Sarah Hampton	Date:	4th March 2025
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Please return your form and supporting documents to info@congleton-tc.gov.uk or post to RFO, Congleton Town Hall , Congleton Town Council,. High Street, Congleton , CW12 1BN