

Health and Wellbeing Working Group Minutes

Thursday 3 October 2024 TEAMS Meeting (Virtual) 3 – 4.30pm

Present CTC: Cllr Liz Wardlaw (chair), Cllr Suzy Firkin, Cllr Heather Pearce, Cllr Kay Wesley (teams), Jackie MacArthur (CTC), Cathy Dean (CTC)

Teams (virtual) Cllr Amanda Martin, Kate Fallon, Emma Hall (briefly) Usman Ashiq (for item 4/5)

1. **Apologies** Cllr David Brown, Cllr Richard Walton, Dr Paul Bishop, Dr Vicky Buckley, Rachel Wallace, Head of Communications and Engagement NHS Cheshire East Trust and Usman, Plus Dane Community Engagement Officer
2. **Draft Agenda Approval** – approved without changes
3. **Agreed notes of meeting held on the 11 July.** Updates via the agenda.
 - Carry forward the list of Community wellbeing hubs (Cathy)
4. **Update on Primary Care Network**
 - a) Waters Green Same Day Access has been quite successful. They are using Physician Associates with GP support, but the practices have certainly seen some benefits. their geography helps them with this.
 - b) Still working towards a same day service at CWMH –and potential to set something up using our own surgeries in the meantime. The aim of this would be to provide capacity across the week rather than on certain days.
 - c) The surgeries are busy with the Covid/flu campaign
 - d) The main thing area around support is for the buildings and also parking has become more difficult around the surgeries.
 - e) In the room there was some concern about the generalisations in the tartan rug as a tool for measuring health of areas.
5. **Wellbeing Hub - Usman updated the group**

Plus Dane continuing to work on logistics and legalities. Emma and Usman took a proposal to management. The CEO supported it. Suggested a pilot using 5 organisations to start with. Checking which organisations still interested. Also trying to establish if there is any profiling to see if Plus Dane residents involved so that they can offer additional support. Three levels of involvement

 1. Lead Organisation (Plus Dane) – Engagement and Project Team
 2. Delivery Partners – hot desk/ use the space
 3. Steering Group – help shape and grow the project

On-going costs about £4k per year. Set up costs around £35k. Go live in Q1 2025.

Action: Usman to keep group informed of progress at end of October.

6. CHOC Community Plan

Kate Fallon updated the group.

- Priorities still around Cardiovascular health, children's health, Smoking cessation and weight management.
- Everybody Leisure taking over from One You on the health and weight management. Just starting to get sign ups.
- Also working on Management of Frailty and High Dependence patients.
- The Know Your Numbers Week was successful and resulted in 171 blood pressures being taken, 131 of which were registered with CHOC GPs. 21 were raised.
- 2025 will see a push on Legs Matter and particularly around leg ulcers.
- Breast Screening low in Congleton – want to bring the breast screening vehicle to Congleton.

7. Assisted Living Plans and Places

- Item carried over to next time. No significant news from CEC on Mountview, Carter House, Newcastle Road, former Green Gables.

8. War Memorial Hospital

Rachel Wallace gave her apologies. Kay reported there will be a meeting about bus transport at the CWMH on the 21 October. Many of the group attended the well-being garden opening at the hospital in September.

9. Disability Positive

Report went to Community Committee on the 29 August. Progress is being made on the Town Centre, communications, events, and transport.

CLlr Firkin asked if possible for someone to assess the museum.

10. CEC Scrutiny Committee - little to report for Congleton

11. Public Health Calendar

- NHS bus in town on the 22 October and 16 November
- Work Around World Mental Health Day
- World Aids Day – 1 December

AOB Kay reported that she is working on setting up a Women's mental health group.

Date of Next Meeting – to be confirmed in January

Cathy Dean is likely to be the lead officer on this working group going forward.