FREE 'Stand up against street harassment' bystander training

Last month we ran a campaign encouraging bystanders, when it is safe to do so, to ask 'are you okay?' to the victim when they witness street harassment in public spaces.



The campaign received a lot of support, and many people have been in touch wanting to know more about when it is safe to intervene and more ways to safely intervene when they witness street harassment.

We are delighted to bring you the free, onehour long, expert-led, online webinar "Stand-Up against Street Harassment" bystander intervention training, delivered by the Suzy Lamplugh Trust, in partnership with L'Oreal Paris.

This training is highly relevant as a bystander response to all forms of street harassment, including sexual harassment, disability harassment, harassment against men, ethnic minority, marginalised groups, and all forms of hate crime, empowering the learner to know how to support someone who is being victimised.

MORE ABOUT THE STAND UP TRAINING

Bystander intervention is the term for witness action to defuse situations and make public spaces safer.

The Stand Up training (sponsored by L'Oréal Paris and delivered by Suzy Lamplugh Trust) focuses on the "5 D's" intervention programme originally pioneered by the international NGO Right to Be. It encourages those who witness harassment to act by:

- 1. Distracting the perpetrator
- 2. Delegating by asking for help
- 3. Documenting the harassment
- 4. Direct intervention by speaking up in the moment, and

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5. Delaying by checking to see if the person is okay

The programme drives awareness of street harassment with a call-to-action on a global scale.

By opening the public eye to the scale of harassment that women in particular experience, Stand Up aims to simultaneously discourage harassers, support victims and encourage bystanders to intervene with the aim to overall Drive a cultural shift in the global response to street and public harassment.

The training is open to everyone - action from people of all genders and ages is vital.

Although a long way to go and certainly not the only way to end harassment, given the primary responsibility lies with the harasser not the harassed, bystander training can be a step towards supporting and empowering victims of and witnesses to street harassment.

"It was very powerful and succinct without detracting from the importance of the need for this type of training. The use of poll questions was very effective"

"I feel empowered to take action now if I see something."

"I would highly recommend the course. Very high quality content and engaging, informative delivery. Exemplary."

HOW DO I SIGN UP?

There is a selection of dates and times to choose from. The training is only one hour long so easy to fit into a busy schedule. If you would like to attend this free training, please sign up today.

Sign up to the training here

