

DRAFT Notes of the Health and Wellbeing Working Group

Virtual Meeting – Thursday 10 August 2023

Present: Cllr David Brown, Cllr Emma Hall, Cllr Amanda Martin, Cllr Heather Pearce, Cllr Richard Walton, Cllr Liz Wardlaw, , Cllr Kay Wesley,, Jackie MacArthur (CTC).

Guests: Usman Ashiq, Strategic Partnerships Manager, Plus Dane, Item 6
Dr Paul Bishop – Clinical Director of CHOC and Dr Vicky Buckley, Deputy Clinical Director of CHOC for item 7

Agenda item	Subject /Issue	Action	By Whom	When
1.	Receive Apologies for meeting	Note apologies from Cllr Dawn Allen, Cllr Arabella Holland and Cllr Suzy Firkin	On notes	Complete
2.	Approve Draft Agenda	Agreed - nothing else to add.		Complete
3.	Appoint a Chair of the Meeting	Agreed Cllr Emma Hall. At the end of the meeting, Cllr Hall asked not to be chair due to other commitments. Agreed Cllr Suzy Firkin would be asked. Cllr Liz Wardlaw a reserve. To be confirmed at the next meeting.	JMacA to inform Cllr SF and advise	W/c 14/8
4.	Appoint a Vice Chair	Cllr Richard Walton will be the Vice Chair. Note Richard did not want to be the Chair.		Complete
5.	Update on the Wellbeing Hub, Worrall Street Usman from Plus Dane updated the group on plans for a Health and Wellbeing Hub in Worrall Street – utilising the underused top floor of Shepherd’s Mill. 11 organisations expressed an interest in being part of the delivery partners. Will be a separate Steering Group to lead the project and make it sustainable. Plus Dane finalising discussions around risk assessments, service needs of rooms, compliance etc. Plus Dane still completing a lot of work behind the scenes which they should be able to share with partners soon.	Community Committee previously agreed for CTC to be part of the steering group <i>CO06/2324 resolved to support the idea of a Congleton Wellbeing Hub in Worrall Street and to continue to take an active part in the development of the project.</i> Usman to share documents when ready from Plus Dane Usman gave permission for documents to be shared with this group.	Jackie Mac	When received

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6.	<p>Update on Primary Care Network (PCN) in the Congleton and Holmes Chapel (CHOC) area</p> <p>Dr Bishop Director of the PCN CHOC and a GP at Lawton House Surgery and Dr Vicky Buckley, Deputy Director of PCN CHOC joined the meeting to update the group on potential improvements to the working practices for GP services in our area.</p> <p>Noted improvements in the past few years with social prescribers and mental health specialists working in GP surgeries.</p> <p>Objectives around dealing with more cases, getting the patient in front of the right person, providing a similar service across practices and ensure the long-term viability of practices.</p> <p>Noted CHOC PCN is the fastest growing in terms of population growth in Cheshire and Warrington and one of the fastest growing in England.</p>	<p>Agreed the Working Group happy to be a ‘critical friend’ and give feedback to the GPs on ideas and proposals.</p> <p>Consider projects that can help with preventative health and to help ‘turn the tap down’ on numbers needing to see a GP.</p> <p>Potential to publish an article in Bear Necessities to inform local residents of issues concerning the Primary Care Network. (next edition articles needed by 10 Sept)</p> <p>Continue to send agendas and minutes of the Health and Wellbeing working group to CHOC PCN.</p>	<p>All</p> <p>All</p> <p>Drs / Jackie</p> <p>Jackie</p>	<p>As required</p> <p>Part of calendar</p> <p>10 Sept</p> <p>Ongoing</p>
7.	<p>Wellbeing Campaigns for 2023 - the group discussed a number of items that Jackie had been sent from a Cheshire East Wellbeing Group. Discussed the idea of creating a well-being communications calendar – similar to the Green calendar – so that CTC officers regularly send out posts, and where possible create events, around key dates in the national calendar. This link takes you to a copy of the NHS Wellbeing Calendar dates. Covers until March 2024.</p>	<p>Create a calendar of potential dates and circulate to the working group.</p> <p>Know your Blood Pressure – September – event in the Town Hall or bus in town + publicity.</p> <p>October - Stoptover - stop smoking campaign</p> <p>November – Movember – men’s health issues</p> <p>December – National Grief Awareness Week</p> <p>January – Dry January.</p>	<p>Jackie</p> <p>Jackie</p>	<p>w/c 14 Aug</p>
8.	<p>Update on Mountview – replacement services - this is a standard item that has been included on the agenda. Cllr Firkin has given apologies for the meeting.</p>	<p>A report on this should be going to a future Scrutiny Committee. Cllr Liz Wardlaw to inform the group when papers are released.</p>	<p>Cllr Liz Wardlaw</p>	<p>When report it available</p>

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9.	<p>Disability Positive in Congleton – Kay gave a brief overview of some exploratory conversations with Deborah Lawson, an advocate for people with disabilities who lives in Congleton. Believe there is more we can do as a town to be more welcoming and make life easier for people with a wide range of disabilities. Some initial ideas include:</p> <ul style="list-style-type: none"> • A Survey of disabled people to learn more • Create a disability Guide to Congleton – on paper/online • Consider Becoming a Disability Confident Council • Apply for funding and create a Changing Places Toilet • Run an Experience Day for Councillors – wheelchair and visually-impaired (project underway) • Set up some Town Council Awards for Disability Confident/Friendly businesses. (Do you know of criteria we could use for this?) • Plan further awareness, education and engagement events/activities to take the message out to the community and create continual improvement 	<p>To circulate Deborah’s report to the team (already sent to Community Committee, but not all members on that committee. Include Disability Awareness days into the Wellbeing Calendar Speak to Friends for Leisure about adding Cognitive behaviour and neurodiversity to the disability lists. Note Congleton Tennis Club is a good advocate for disability sport.</p> <p>Cllrs Kay, Liz and ask Dawn Allen to develop up this area of work.</p>		
10.	<p>Cost of Living Crisis – new leaflet Cathy Dean from Congleton Partnership will be updating the Cost of Living publication. Really appreciated by the Social Prescribers.</p>	<p>Jackie to circulate the current edition to all group members. If any group member is aware of things that need to be added, amended, deleted please email cathy.dean@congleton-tc.gov.uk who is collating the updated version.</p>	All	5 Sept
11.	Priorities for the group	To start to action calendar. Kay and Jackie to work up disability-positive ideas for Community Committee.		
12.	Other People to invite to join the group	Agree would invite guests adhoc based on agenda items and expertise required - to discuss with Chair when creating agendas	Chair and JMacA	2-3 week before a meeting
13.	AOB	None		

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14	Date of Next Meeting - those present preferred a Tuesday. Provisionally booked for the 2 nd Tuesday in the month Meetings will be by zoom.	Tuesday 10 October 3.30pm – 5pm Tuesday 12 December 3.30 – 5pm Tuesday 13 February 3.30 – 5pm Tuesday 9 April 3.30 – 5pm	ALL	