

Bromley Farm Community Centre

EDINBURGH ROAD CONGLETON CW12 3EN

Glen Williams on 01260 279707, or email:
bscdt@tiscali.co.uk

Congleton Children Centre

NEW STREET CONGLETON CW12 3AH MON - THURS
9:00 - 17:00 FRI 9:00 - 16:30

01260 371 061 or email:
congccadmin@cheshireeast.gov.uk

Congleton Cricket Club

BOOTH STREET CW12 4DG

01260 275601 or email:
congletoncricket@hotmail.com

Old Saw Mill

BACK RIVER STREET CW12 1HJ

01260 277658 or email: info@theoldsawmill.org

St John's Community Centre

BUGLAWTON BUXTON OLD ROAD CW12 2ES

01260 271103 or email:
peterhouldsworth@hotmail.co.uk

Churches

All Saints - Congleton Parish

CHAPEL STREET CW12 4AB

01260 273212 or email:
admin@allsaintscongleton.org.uk

New Life Church

WEST ROAD CW12 4EY

01260 297961 or email: mail@nlchurch.org.uk

Trinity Methodist Church

WAGG ST CW12 4BA

01260 270899 or email:
office@danetrentmethodist.org.uk

Volunteering

Most of our groups and venues listed run on volunteer power, volunteering can help you learn new skills, meet new people, gain confidence, build relationships and make a difference. For a list of current volunteering opportunities visit www.withami.co.uk or contact cathy.dean@congleton-tc.gov.uk.

Chappell Centre

83-87 LEEK RD MOSSLEY CONGLETON CW12 3LJ

01260 281601 or email: manager@chappellcentre.co.uk

Congleton Library

MARKET SQUARE CW12 1ET MON 9:00-19:00 TUES-FRI
9:00-17:00 SAT 9:00-13:00

01260 375550 or email:
congleton.library@cheshireeast.gov.uk

Congleton Town Hall (Bluey's)

HIGH STREET CW12 1BN

01260 270350 or email: info@congleton-tc.gov.uk -
Food & Friendship- Mark Bailey 07722 008421

Mind Body Sole

WWW.MINDBODYSOLE.UK

@mindbodysoleuk or email: Help@MindBodySole.UK

Ruby's Fund

MERIDIAN HOUSE ROE STREET CW12 1PG

01260 277666 or email: info@rubysfund.co.uk

Cross Street Church

CROSS STREET CW12 1HQ.

01260 273635 or email:
andrew@crossstreetchurch.co.uk

St Mary's Catholic Church

30 WEST ROAD CW12 4ES

01260 273314 or email: stmarysrc.congleton@gmail.com

United Reformed Church

ANTROBUS ST CW12 1HE

01260 273901 or email: barbarafarrington@hotmail.co.uk

Congleton Cares

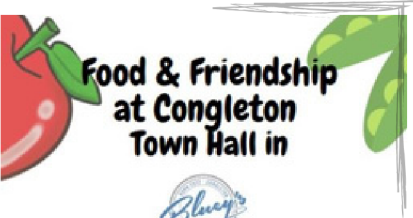
Congleton Town Council and partners are working to offer warm friendly spaces, the timetable gives a snapshot of activities, for both young and old alike, places of support which provide a warm welcome, advice and comfort. The list isn't exhaustive but hopes to give a wide range of daily choices, please contact the venues directly (all contact details are listed on the back of the leaflet) and remember to ask what else they have going on.



Registered warm places in Congleton are
Chappell Centre: Tues - Fri 9:30 -15:00
Congleton Library: Mon 9:00 - 19:00 Tues - Fri 9:00 - 17:00
Sat 9:00 - 13:00
Higher Ground Cafe: Mon - Thurs 9:00 - 17:00, Fri & Sat 9:00 -22:00
Sun 10:00 - 16:00
The Old Saw Mill: Mon- Sat 10:00 - 15:00

Cost of Living Crisis Team Cheshire East - The Cost of Living Crisis Team are available on **0300 123 5024** between 8.30am to 5pm Monday to Friday.

If you are struggling this winter please reach out, all our community centres will offer a warm welcome and signposting for more support.



**Food & Friendship
at Congleton
Town Hall in
Bluey's**


Every **Monday - 11am - 3pm**
Thursday - 3.30pm - 6.30pm

This is **FREE** for local residents and families who are isolated, in need of a little help and support.

A hot meal will be provided for all

* Book by Thursday to visit on Monday
* Book by Monday to visit on Thursday

For more information, to book your place or have an informal chat pop into Bluey's or contact
Mark Bailey
07722 008421





**Congleton Social
Supermarket**
20 Lawton Street Congleton
*Please check Facebook Page for Updates.

Wednesdays 10 am - 3 pm
Fridays 10 am - 3 pm

You can pick food items, no referral needed.
10 items of food £5.00
20 items of food £10.00
30 items of food £15.00





**New Life Church
Food Bank**

Mon - Fri 9:30am - 2:30 pm

Parcels are by referral, there are more than 50 agencies that can help. Visit www.nlchurch.org.uk/storehouse

We have taken care to ensure the accuracy of information; no responsibility can be accepted for errors or omissions. If you feel some information is incorrect or details have changed please contact info@congleton-tc.gov.uk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Cricket Club - Company Corner</p> <p>EVERY MONDAY 10 AM - 12 PM</p> <p>Don't be alone, come in for a coffee and a cake and see a friendly face! Open to all who would like some company.</p>	<p>Chappell Centre - Limber for Later Life</p> <p>EVERY TUESDAY 11 AM - 12 PM & 12 PM - 1 PM</p> <p>Gentle exercise class for the young at heart.</p>	<p>United Reformed Church - Mum & Tots</p> <p>EVERY WEDNESDAY 10 AM - 11:30 AM (TERM TIME)</p> <p>Refreshments available. £2.50 per family.</p>	<p>Bromley Farm Community Centre</p> <p>EVERY THURSDAY 10 AM - 3 PM</p> <p>Time Out Group - Gives those living with early onset of Dementia the opportunity to have time out from home. Costing £20.</p>	<p>Chappell Centre - Parkinson's Group Social Meet Up</p> <p>FIRST FRIDAY OF THE MONTH</p> <p>Monthly coffee & chat for all those affected by Parkinson's.</p>	<p>Astbury Mere - Park Run</p> <p>EVERY SATURDAY 9 AM</p> <p>Free timed 5k run or walk.</p>	<p>All Saints St Stephen's Church Service</p> <p>EVERY SUNDAY 9:30 AM & 11 AM</p> <p>Refreshments served between.</p>
<p>Town Hall - Food & Friendship</p> <p>EVERY MONDAY 11 AM - 3 PM</p> <p>Free hot food & some company</p>	<p>New Life Church - Jubilee Club</p> <p>EVERY TUESDAY 10 AM -12:30 PM</p> <p>Meet new people and learn a new skill, activities include: allotments, cooking, crafts and chatting!</p>	<p>United Reformed Church - Coffee Morning</p> <p>ALTERNATE WEDNESDAYS 10 AM - 12 PM</p> <p>Church open for refreshments & a chat.</p>	<p>Chappell Centre-Bible Study Group</p> <p>EVERY THURSDAY 11:30 - 12:30 PM</p> <p>Weekly Bible study and discussion group. Contact 01260 281601</p>	<p>Chappell Centre - Brighter Times Monthly Meet Up</p> <p>3RD FRIDAY OF THE MONTH</p> <p>A group for people with life limiting illnesses and their carers.</p>	<p>Library - Lego Club</p> <p>FIRST SATURDAY 10AM - 12 PM</p> <p>Duplex available for younger children. Free.</p>	<p>Trinity Methodist Church Service</p> <p>EVERY SUNDAY 10 AM</p> <p>Refreshments served after.</p>
<p>Mental Health Support - Mind Body Sole</p> <p>EVERY MONDAY 12 PM - 5 PM</p> <p>Congleton Town Football Club drop in.</p>	<p>The Old Saw Mill - Dove Buddies</p> <p>FIRST TUESDAY OF THE MONTH 10AM</p> <p>Anyone experiencing loss and/or isolation.</p>	<p>Cross Street Church Parent & Toddler Group</p> <p>EVERY WEDNESDAY 10 AM - 11:30 AM (TERM TIME)</p> <p>Refreshments available. £2 per family.</p>	<p>Children's Centre - Little Stars</p> <p>EVERY THURSDAY 1:15 PM - 2:45 PM</p> <p>For children 0-5 with diagnosed or undiagnosed additional needs.</p>	<p>New Life Church - Forget Me Not Group</p> <p>EVERY 2ND & 4TH FRIDAY OF THE MONTH 10:30AM - 12:00 PM</p> <p>Social group for carers and people living with Dementia.</p>	<p>The Old Saw Mill - Congleton Repair Cafe</p> <p>LAST SATURDAY OF THE MONTH 10 AM - 2 PM</p> <p>Bring your broken possessions and have them fixed.</p>	<p>United Reformed Church Service</p> <p>EVERY SUNDAY 10:30 AM</p> <p>Refreshments served after.</p>
<p>Bromley Farm - Never Too Old to Have Fun Group</p> <p>EVERY MONDAY 12 PM - 2 PM</p> <p>Fun for Seniors, Free lunch.</p>	<p>New Life Church - Little Angels 0-5 Parent & Toddler Group</p> <p>EVERY TUESDAY 2 PM - 2:30 PM (TERM TIME)</p> <p>Refreshments available. £1.50 parent + child.</p>	<p>St John's Community - Exercise For Life</p> <p>EVERY WEDNESDAY 10 AM - 11 AM</p> <p>Exercise for older adults - £4.</p>	<p>Library - Baby Rhymetime</p> <p>EVERY THURSDAY 2:15 PM - 2:45 PM (TERM TIME)</p> <p>For babies under 12 months or not yet walking. Free.</p>	<p>The Old Saw Mill - Lunch Club</p> <p>MEALS DELIVERED EVERY FRIDAY</p> <p>A 'meals on wheels' scheme delivered every Friday to eligible residents, cost of £5.</p>	<p>Old Saw Mill - Cheshire Kids Clothes Swap</p> <p>FIRST SATURDAY OF THE MONTH 10 AM - 12PM</p> <p>Children's clothes 0-6 years of age, free, exchange or donations</p>	<p>New Life Church Service</p> <p>EVERY SUNDAY 10:30 AM</p> <p>Refreshments served after.</p>
<p>Children's Centre - Young Parents Group</p> <p>EVERY MONDAY 1 PM - 2PM</p> <p>Parents aged 25 and under, drop in session.</p>	<p>Old Saw Mill - Knit and Natter</p> <p>EVERY TUESDAY 2 PM - 3 PM</p> <p>Meet, mingle and trade yarns with local knitters!</p>	<p>The Old Saw Mill - MyCWA</p> <p>FIRST WEDNESDAY OF EVERY MONTH 10:30 AM - 12:30 PM</p> <p>A monthly support session for female survivors of domestic abuse.</p>	<p>St John's Community - Mugs and Games</p> <p>EVERY THURSDAY 6:30 PM - 9:30 PM</p> <p>A board game club.</p>	<p>St John's Community - Luncheon Club</p> <p>EVERY FRIDAY 12 PM</p> <p>Enjoy a hearty home cooked meal and fellowship (£4 donation). Free community transport available.</p>	<p>Ruby's Fund - Saturday SEND Social</p> <p>FIRST SATURDAY OF THE MONTH 1:30 PM - 3:30 PM</p> <p>Saturday social for families with SEND children.</p>	<p>St Mary's Catholic Church</p> <p>EVERY SUNDAY 8:30 AM & 10:30 AM</p> <p>Refreshments served after.</p>
<p>Trinity Methodist Church - Stitch & Chat</p> <p>EVERY MONDAY 2 PM - 4 PM</p> <p>Participation in the stitching part isn't mandatory!</p>	<p>Library - Keen Cooks</p> <p>SECOND TUESDAY OF THE MONTH 2:15 PM</p> <p>Join the tastiest book group in town! Free.</p>	<p>Library - Good Vibrations</p> <p>ALTERNATE WEDNESDAYS 10:30 AM</p> <p>Join us for a feel good sing-a-long. Free.</p>	<p>Mental Health Support - Mind Body Sole</p> <p>EVERY THURSDAY 5 PM - 8 PM</p> <p>Congleton Town Football Club drop in session.</p>	<p>Cricket Club - Sequence Tea Dance</p> <p>EVERY FRIDAY 1 PM</p> <p>Dance and social club, you don't have to dance!</p>	<p>United Reformed Church Board Games for Mental Health</p> <p>LAST SATURDAY OF THE MONTH 2 PM - 4 PM</p> <p>Young and old alike, Refreshments.</p>	<p>All Saints St Peter Space and Time (Drop-In)</p> <p>EVERY SUNDAY 11 AM</p> <p>Refreshments served throughout</p>
<p>Library - Story and Tea (For Grownups)</p> <p>FOURTH MONDAY OF THE MONTH 2:30 PM</p> <p>Come along to our friendly reading group with a difference. Free.</p>	<p>St John's Community - Mugs and Games</p> <p>EVERY TUESDAY 6:30 PM - 9:30 PM</p> <p>A board game club.</p>	<p>Library - Book Chat</p> <p>ALTERNATE WEDNESDAYS 11 AM - 12 PM</p> <p>Join our reading group. Free.</p>	<p>Town Hall - Food & Friendship</p> <p>EVERY THURSDAY 3:30 PM - 6:00 PM</p> <p>Free hot food & some company.</p>	<p>Library - Let's Chat</p> <p>FIRST FRIDAY OF EACH MONTH 2:00 PM</p> <p>Join us for a cuppa and talk about this and that. Free.</p>	<p>United Reformed Church Youth Group</p> <p>EVERY SATURDAY 7 PM - 9 PM (TERM TIME)</p> <p>Drop in session</p>	<p>Cricket Club - Mental Wellbeing with Music</p> <p>SUNDAY MONTHLY 7 PM - 9 PM</p> <p>Discos for adults 18+ with disabilities, feeling isolated or lonely. £2 per person (carers free).</p>
<p>The Old Saw Mill - Bro's Group</p> <p>ALTERNATE MONDAYS 1 PM - 2:30 PM</p> <p>Come for a brew and a chat and share the load with other gents at the group.</p>		<p>The Old Saw Mill - Craft Group</p> <p>EVERY WEDNESDAY 2 PM - 4 PM.</p>		<p>New Life Church - The LA (Less Able Club)</p> <p>EVERY 2ND FRIDAY OF THE MONTH 2:30 PM - 4:30 PM</p> <p>Includes tea, coffee, bingo and entertainment.</p>		
<p>Library - Code Club</p> <p>EVERY MONDAY 5:30 PM</p> <p>Learn to code children aged 7 - 11 years.</p>		<p>Library - Crafternoon Tea</p> <p>1ST & 3RD WEDNESDAY OF THE MONTH 2:30 - 3:30 PM</p> <p>Monthly group for adults. £1.00 materials and refreshments.</p>				
		<p>St John's Community - Tea & Church</p> <p>EVERY SECOND WEDNESDAY 3:30 PM</p> <p>Worship followed by high tea.</p>				
					<p>Congleton Library has supplies of duvets, blankets, gloves and slow cookers for families in need. Please contact 01260 375550 for more information.</p>	
					<p>Struggling to get online? Springboard are offering free data sim cards to eligible people. Please contact 01260 290682 for more information.</p>	

**There maybe a small charge at some groups please check direct with the venue.