

Are you over 50
and living in
Congleton?



Buddy & Befriending Scheme

Are you feeling lonely or isolated?

Would you like to be matched with a Volunteer Buddy or
Befriender for companionship and social chats?

We can help you

Get in touch...

01260 606066

befriending@changing-lives-together.org.uk

Charity Number: 1139983. Company Limited by Guarantee: 07400060.

changing lives
t together
our community, your future

 **COMMUNITY
FUND**



You're not alone we're here to help

This Scheme aims to reduce loneliness and isolation amongst the over 50s across Congleton.

How can we help you?

- A volunteer Buddy or Befriender – via Telephone (or other technology).

To provide companionship, a friendly person to talk to and share some time with.

- We have successfully matched over 400+ people with a Volunteer which has improved their lives.



Client Comments

- “ I really enjoy speaking to my volunteer, its like talking to family.”
- “ If you didn't do this I wouldn't have been able to make a friend.”
- “ This service has been a lifeline, its wonderful.”

Get in touch...

01260 606066

befriending@changing-lives-together.org.uk

Charity Number: 1139983. Company Limited by Guarantee: 07400060.

changing lives
t o g e t h e r
our community, your future