

# Get Involved

IN CONGLETON

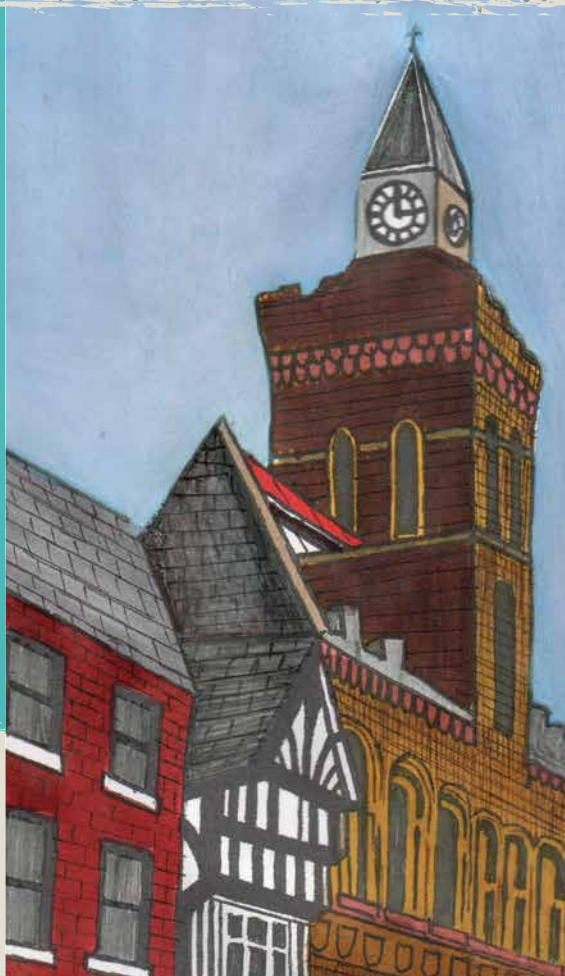
**VOLUNTEER  
JOIN A CLUB  
FIND SUPPORT**

A GLOSSARY OF VOLUNTARY  
COMMUNITY GROUPS AND  
ORGANISATIONS IN AND  
AROUND CONGLETON



PRODUCED BY

CONGLETON  
COMMUNITY  
PROJECTS





# the electric picture house gallery & studios

Original art, commissions, art  
workshops, theatre, music events

---

**INTERNATIONALLY  
RENOWNED ARTISTS ON  
YOUR DOORSTEP**

Electric Picture House, 1st Floor, Spindle Mill,  
Spindle Street, Congleton, CW12 1QN,  
tel.no. 01260 270908,  
email:: [electricpicturehouse@gmail.com](mailto:electricpicturehouse@gmail.com),  
website: [www.electricpicturehouse.online](http://www.electricpicturehouse.online)

# *Get Involved*

IN CONGLETON

# CONTENTS

INTRODUCTION	4
COMMUNITY	5
ACTIVE CONGLETON	19
CONGLETON GREEN	24-25
ARTS & CULTURE	26
YOUNG PEOPLE	31
HEALTH & SUPPORT	36
ALPHABETICAL LISTING	43-46



# INTRODUCTION

This Community Index has been compiled by Congleton Community Projects and illustrated by Petra Lea of the Electric Picture House Artist's Collective.

It contains contact details of local voluntary, charitable and non-profit groups with a summary of their purpose and activities with a view to spreading the word and inspiring and recruiting more volunteers to Get Involved in their local community.

This edition now offers 124 entries illustrating just how strong, caring and active the community of Congleton really is. This edition also includes a centre spread dedicated to the sustainability groups making up the new Congleton Green group which is dedicated to addressing the emergency of our Climate Crisis.

We include some key support services for Congleton provided by Cheshire East – for a comprehensive list visit:

[www.cheshireeast.gov.uk/livewell](http://www.cheshireeast.gov.uk/livewell)

There is also a great booklet by the Disability Information Bureau on disability related organisations in Congleton and further afield and is available in the Visitor Information Centre, the Library and other information points.

The information is correct at time of going to print but please be aware that the pandemic has caused a delay in publication, some details may have changed & community centres temporarily closed. If the details of your group have changed or if your group is not listed, please send any corrections or new information to:

Email: [jo@congletoncommunityprojects.org](mailto:jo@congletoncommunityprojects.org)

Tel: 01260 270908

or drop the details into the

Visitor Information Centre, Town Hall, High St CW12 1BN

Many thanks to our funders who have enabled this publication to be made available free of charge to all contributors and users.

Congleton Partnership



# *Get Involved in* **COMMUNITY**

## **Bath House** Congleton Building Preservation Trust

is a community charity which has restored/preserved Congleton Bath House which was built around 1800. A Physic Garden with a wide range of medicinal plants has been created and work continues to develop the site for community/ educational use. Volunteers can join us on Mondays 10am-1pm.

**Email:** [congletonbpt@hotmail.com](mailto:congletonbpt@hotmail.com)

**Website:** [www.congletonbpt.wordpress.com](http://www.congletonbpt.wordpress.com)

## **Bromley Farm Community Development Trust**

is a resident led group which works in partnership with other organisations to provide events, activities and make environmental improvements for the residents of Bromley Farm based at Bromley Farm Community Centre where we have a wealth of volunteering opportunities.

**Tel:** 01260 279707

**Email:** [bscdt@tiscali.co.uk](mailto:bscdt@tiscali.co.uk) or [glen1971@hotmail.co.uk](mailto:glen1971@hotmail.co.uk)

## **Bromley Farm Time Out Group**

provides a stimulating environment for those living with Alzheimer's or Dementia, and a break for their carers and families. The group offers 6-8 members the opportunity to take part in a range of activities, including dominoes, gentle exercise, singing, regular quizzes and film shows. Lunch is provided. Meet on Thursdays: 10.00am-3.00pm. Booking essential.

**Tel:** 01260 279707

**Email:** [glen1971@hotmail.co.uk](mailto:glen1971@hotmail.co.uk)

## **Bromley Farm Wellbeing Hub**

is located at 17 Parnell Sq. and is open to everyone, providing fun, friendly, free and accessible weekly activities, including, Stay & Play, Healthy Cooking Classes, Job Club & Internet Cafe, Friendship Club, Alcohol Recovery Sessions, Young People's Projects, Healthy Lifestyle Workshops and much more.

**Tel:** 01260 288422

**Email:** [usman.ashiq@plusdane.co.uk](mailto:usman.ashiq@plusdane.co.uk)



# **Bromley Farm Community Centre and Recreational Park**

**Edinburgh Road, Congleton**



**Bromley Farm In  
Bloom—All Year**



**Bromley Farm Bingo  
Every Tuesday Evening  
Eyes Down from 8pm**



***Bromley Farm Youth Clubs***  
***Mon 6.30pm—8.00pm 8-12 years***  
***Fri 6.30pm—8.30pm 11-18 years***



**Never Too Old To Have Fun (Youth Club for Seniors) Every Monday  
12.00pm—2.00pm Lunch available most sessions**

**Bromley Farm Time Out Group for those with early onset Alzheimer's  
& Dementia Thursday 9.30am—2.30pm Charge applies, includes lunch**

**NRG Youth Project for 10—16 year olds Thursday evening 6.30pm –  
8.30pm including Inner Trust DJ session once a month**

**Best Play Park in Congleton with Adventure Assault Course, toddler  
play area, picnic benches and floodlit multi use games area**

**Community Allotment and Orchards**

**Birthday Party & Meeting Room Hire From £5 per hour**

**At the heart of the community for 35 years To get involved contact us on 01260 279707**

# *Get Involved in* **COMMUNITY**

**Buglawton Community Group** is a local community voluntary group making Buglawton a safer, more beautiful and cleaner place to live, work and play. BCG meets with Residents, Police, Councillors & Housing Associations, three times a year at St John's Community Centre, to address the needs of the Community – Anyone welcome.

more info - Buglawton Notice Board, opposite Mc Colls food store, St John's Road.

**Tel:** 01260 271103

**Email:** peterhouldsworth@hotmail.co.uk

**Buglawton In Bloom** are a group of volunteers who love gardening and making Buglawton a "Blooming marvellous" place. As part of "Congleton in Bloom", we garden on the green in front of the Church House Pub and other areas in Buglawton, with the local Cubs, Scouts & School children and do regular litter picks. Volunteers always needed, if you would like to get involved, please contact us.

**Tel:** 01260 277670

**Email:** Sandra.bainbridge@gmail.com

**Chappell Centre & Village Hall, Mossley** includes a Community Lounge, open Tuesday – Friday serving drinks, lunches and light refreshments. The Upper Room (access via lift and stairs) seats up to 50 people and has full AV equipment. This room is available for hire and is used by a wide variety of community groups, See website for activities.

**Tel:** 01260 281601

**Email:** manager@chappellcentre.co.uk

**Website:** www.chappellcentre.co.uk

## **Cheshire Community Action**

We support anyone over 18 living within Cheshire East.

Primarily a signposting and advocacy service, we can also support people to access services that they don't know about or have difficulty managing themselves.

Common issues that we support people with include benefits, housing, transport and linking in with social activities.

**Tel:** 07799 519431

**Cheshire Fire and Rescue Services** Volunteers with Cheshire Fire and Rescue Service help to make a difference by providing educational, informative and practical help. There are fourteen different volunteer areas including home safety, award-winning Post Fire Support Team, road safety and youth work. Download a Volunteer pack or call Claire Bennett, Volunteer Coordinator.

**Tel:** 01606 868654

**Email:** [claire.bennett@cheshirefire.gov.uk](mailto:claire.bennett@cheshirefire.gov.uk) **Website:** [www.cheshirefire.gov.uk](http://www.cheshirefire.gov.uk)

**Cheshire Marshalls** We need volunteer Marshalls to steward at local community events. Training is free and volunteers choose which events they support and how often. Hi-Viz clothing, travel expenses and refreshments will be provided at any event attended. A great opportunity to get out and about, for free, to interesting & exciting community events, to meet people, learn new skills and have fun.

**Tel:** 01260 270908

**Email:** [coordinator@cheshiremarshalls.co.uk](mailto:coordinator@cheshiremarshalls.co.uk)

**Website:** [www.cheshiremarshalls.co.uk](http://www.cheshiremarshalls.co.uk)

**Congleton and Macclesfield Advanced Drivers and Riders** are a local group of volunteers working to make roads safer by raising the standard of driving and riding. We help prepare drivers and motorcyclists for the advanced test. We are affiliated with IAM/RoadSmart; the UK's largest road safety charity. We offer free 'taster' sessions and discounts for young drivers and motorcyclists.

**Tel:** 01260 297321

**Email:** [membershipsec@congletoniam.org.uk](mailto:membershipsec@congletoniam.org.uk)

## **Congleton Community Credit Union**

Financial assistance for members, with savings opportunities and loans. The Collection point operates in Congleton Library on Saturdays 10am to 11am. To become a member visit our collection point on Saturday.

**Tel:** 07799 887091

**Email:** [denis41@uwclub.net](mailto:denis41@uwclub.net)



# *Get Involved in* **COMMUNITY**

**Congleton Community Projects** works with volunteers to ensure that local people can be involved directly with innovative and exciting events and activities in their town and so create a sense of involvement in the community they live in. Events include Christmas Lights Switch-on, Food and Drink Festival, supporting Jazz & Blues Festival and creative arts activities and opportunities for families. Interested?

**Tel:** 01260 270908 **Email:** [jo@congletoncommunityprojects.org](mailto:jo@congletoncommunityprojects.org)

**Website:** [www.congletoncommunityprojects.org](http://www.congletoncommunityprojects.org)

## **Congleton Dane Probus Club**

We are an organisation for retired businessmen who wish to maintain social contact with others who have similar interests. Our regular monthly meetings with guest speakers are held at the Lion & Swan Hotel monthly every 3rd Monday 10.30am. We organise trips and other activities, snooker, luncheon.

**Tel:** 07717 375505

**Website:** [www.congleton-probus.org.uk](http://www.congleton-probus.org.uk)

**Congleton Ex Service Association** is open to all who have served, including family members of those that have served or are serving. The main aim is comradeship and monthly social activities. They also support the Congleton branch of the Royal British Legion. They meet at St Mary's RC Parish Club, West Street monthly every 2nd Tuesday 7.30pm

**Contact:** Gary Dolman

**Tel:** 07826 041374

## **Congleton Food4Free**

We share ideas and information to encourage and inspire residents to grow food at home, in allotments, and communally in public spaces. We reclaim neglected areas by clearing, planting edibles and/or perennial plants for pollinators, and arranging subsequent sustainable maintenance. Our demo garden is by Capitol Walk. Volunteers welcome!

**Tel:** 01260 275322

**Email:** [olga.whitmore@googlemail.com](mailto:olga.whitmore@googlemail.com) **Facebook:** CongletonFood4Free

# *Get Involved in* **COMMUNITY**

## **Congleton in Bloom**

started in 1998 to make Congleton a cleaner, greener place. Congleton in Bloom has won gold status for the town, nationally and regionally but is reliant on volunteers to continue its success. If you enjoy planting, weeding or are keen to improve a green area in Congleton please get involved.

**Email:** [info@congleton-tc.gov.uk](mailto:info@congleton-tc.gov.uk)  
or Congleton in Bloom on Facebook

**Congleton Lions Club** supports humanitarian needs at local, national & international levels, members would also become members of Lions Club International, the world's largest volunteer organisation. Make an impact, enjoy social activities, cultivate lasting friendships and gain satisfaction in doing something to help your community. Membership is open to all. Meetings 2nd/4th Thurs 7.30 Cheshire Tavern, West Rd

**Tel:** 01260 274758  
**Email:** [congletonlions@gmail.com](mailto:congletonlions@gmail.com)

## **Congleton Mini Bus Scheme**

Congleton Partnership has two mini buses (8 & 15 seater with wheelchair access) available to hire by local voluntary & Charity organisations. We need a pool of volunteer drivers to support organisations. For info on rates, eligibility to hire, or if you would like to help and have a current driving licence, please get in touch

**Tel:** 01260 270350  
**Email:** [mike.smith@congleton-tc.gov.uk](mailto:mike.smith@congleton-tc.gov.uk)

## **Congleton Railway Station & Canal Tidy Group**

A team of volunteers working with the Canal and River Trust and Congleton Town Council to improve the appearance of Congleton Railway Station and canal towpath, to improve access and make these areas attractive to users and visitors. Meet - Queen's Head Pub car park 4th Thurs every month 10am.

**Tel:** 01260 277384  
**Email:** [glen1971@hotmail.co.uk](mailto:glen1971@hotmail.co.uk)



# St John's Community Centre Buglawton

Many people, young and old have come through the centre since it opened in March 2017- 3000 in just 3 months. Volunteers are the backbone of the centre with over 30 willing volunteers across the team parish, from other local churches and support from local residents.

## School-run Drop in Café

Monday to Fridays

8am - 9:30am

Free Toast &  
a drink.

Mornings only during school.



## Congleton Big Heart Luncheon Club



Hot meal & pudding Fridays  
from 12-1:30pm Donation  
accepted. Free if needed.

## Buglawton Community Group

2017 meetings 7:30 -9pm March,  
July, Nov. Litter picking with primary  
schools, Buglawton In-Bloom and a  
forum for local issues

## Monthly Social Sequence Dances

1<sup>st</sup> Saturday most months 8:00-10:30pm  
Small entrance fee Incl. refreshments

**Tea-Church - Short public worship  
services**, monthly 2nd Wed 3:30pm  
but not currently during school  
holidays - informal, enjoyable and  
thought-provoking. Sandwich, Cake  
and Tea are essential!

## Other regular & ad-hoc activities include:

Womens Institute, Ju-Jitsu, ZUMBA, Beartown Belles Dance Troupe,  
Psychological-services, MoveItOrLoseIt, Recreational & artistic craft, Police  
Surgeries, Healthy Eating Courses, I-Tea & Chat, Messy Church, Parish  
Breakfasts, Wedding Anniversary Celebrations, Children's Parties, etc

Room hire available (hall, kitchen, mezzanine, small room). For more info  
or if you wish to get involved call: **Peter Houldsworth on 01260 271103**

**Congleton Sustainability Group** CSG has developed well known projects including Congleton Apple Juice, saving Vale Allotments & raising £750,000 through the community share scheme for the Dane Valley Hydro Scheme. CSG supports Congleton Town Council to become Carbon Neutral by 2025, by training Councillors, householders & businesses through its Sustainable Living in Congleton (SLIC) courses.

**Tel:** 01260 280047 **Email:** peterjaston@gmail.com

**Website:** [www.congletonpartnership.co.uk/sustainability](http://www.congletonpartnership.co.uk/sustainability)

## **Congleton Young Farmers Club**

is a club not just aimed at farmers - anyone aged 14-30 can attend.

Our members are always up for a social, and you don't need to pay a membership fee to come to any of our events.

**Tel:** 01260 277670

**Email:** [secretary.congleton@cheshireyfc.co.uk](mailto:secretary.congleton@cheshireyfc.co.uk)

## **CVS (Community and Voluntary Services) Cheshire East**

provides expert one to one sector support, guidance and delivers training to charities, community groups and faith organisations. CVS is also a volunteering hub with a free online volunteer recruitment service. Start your volunteering journey through CVS

**Tel:** 01270 763100

**Email:** [enquiries@cvsce.org.uk](mailto:enquiries@cvsce.org.uk)

**Website:** [www.cvsce.org.uk](http://www.cvsce.org.uk)

**Elizabeth's Group** is a registered charity set up in 2018 to raise awareness about Congleton's own suffragist, Elizabeth Wolstenhome Elmy. We are working locally, nationally & internationally and fundraising for a statue of her for the town. We offer presentations to schools and groups and all over the UK

**Tel:** 07534 510841

**Email:** [elizabethwelmy@gmail.com](mailto:elizabethwelmy@gmail.com)

**Website:** [www.elizabethelmy.com](http://www.elizabethelmy.com)

# *Get Involved in* **COMMUNITY**

## **Friends of Congleton Park**

A voluntary community group working with Cheshire East and Congleton Town Council to develop, look after and promote the park for public enjoyment. We consult on park developments, fundraise, organise & support events. The Friends welcome new members and new ideas. Meeting up to eight times a year, Tuesday evenings.

**Tel:** 01260 277384

**Email:** [alken.solutions@ntlworld.com](mailto:alken.solutions@ntlworld.com)

**Website:** [www.friendsofcongletonpark.co.uk](http://www.friendsofcongletonpark.co.uk)

## **League of Friends, Macclesfield & Congleton Hospitals**

The League of Friends organise fund raising events in order to provide support for patients and staff of Macclesfield Hospitals and Congleton War Memorial by providing equipment for wards and departments. Volunteers always welcome.

**Contact:** D Murphy

**Email:** [denis41@uwclub.net](mailto:denis41@uwclub.net)

**Mossley Old School** Is a community centre -two halls & meeting room available for hire, for regular use or one-off occasions (kitchen facilities, outside space, small parking area WiFi and Hearing Loop). Suitable for children's parties, family events and business bookings. Regular groups include: a 'before and after' school club; children's groups; hobby and interest groups; as well as fitness, music and dance sessions. **Tel:** 07983 298 194

**Email:** [mossleyoldschool@gmail.com](mailto:mossleyoldschool@gmail.com) Find us on Facebook, search for Mossley Old School.

## **Mossley Village Hall, Leek Road, Mossley**

is a large hall and kitchen facility, with flexible provision for up to 100 people. Available for hire and used by a variety of community groups.

**Tel:** 01260 280909

**National Women's Register** is for the lively minded woman. Group members organise their own programmes to explore a wide variety of stimulating topics. Meetings are informal and take place in members' homes twice monthly. You'll find a warm welcome whatever your age or personal circumstances. **Tel:** 01260 290539

**Email:** [sylvia@nwrcongleton.org.uk](mailto:sylvia@nwrcongleton.org.uk)

**Website:** [www.nwrcongleton.org.uk](http://www.nwrcongleton.org.uk)

## Never Too Old To Have Fun

Fun, laughter and friendship at this youth club for seniors. Activities include darts, table tennis, boules, arts and crafts, advice, quiz, gardening, talks, neighbourhood history, trips and information. Lunch is provided at most sessions and transport is available on request.

Monday and Friday 12-2pm at Bromley Farm Community Centre.

**Tel:** 01260 279707

**Email:** [bscdt@tiscali.co.uk](mailto:bscdt@tiscali.co.uk)

## The Royal British Legion

is the UK's leading Armed Forces charity. Members attend branches and clubs all over the country for social, fundraising and welfare activities. We welcome men and women of all ages, whether they have served in the Armed Forces or not.

Congleton Branch meet on an Ad Hoc basis at St Mary's RC Parish Club, West Street,

**Email:** [gazzo22@hotmail.com](mailto:gazzo22@hotmail.com)

**Website:** [branches.britishlegion.org.uk/branches/congleton](http://branches.britishlegion.org.uk/branches/congleton)

**New Life Church** Church community providing a wide range of activities for all ages. Groups for mums & toddlers (Little Angels Tues); Children (Friday's Fab); Teenagers and Youth (Rock Solid/Maxlife Fridays); Mums' wellbeing groups; family support and parenting courses; foodbank; furniture recycling. Nursery Pre-School, Coffee Shop & Bookshop. Jubilee Club community Group (gardening, sewing, crafts, discussion) and Job Club. Confidential Counselling and Pregnancy Crisis Services. Plus volunteering opportunities.

**Tel:** 01260 297961

**Email:** [mail@nlchurch.org.uk](mailto:mail@nlchurch.org.uk)

## Probus Club of Congleton & District

meet at Congleton Golf Club on the third Monday of each month, at 10:00 am. Our friendly group of retired professional and businessmen enjoy an interesting programme of talks on a wide range of subjects.

Trips out, bowls and golf are other regular events.

**Tel:** 01260 279073

**Email:** [bobgrayson@hotmail.com](mailto:bobgrayson@hotmail.com)



# *Get Involved in* **COMMUNITY**

## **Rotary Club of Congleton**

We are a very friendly club, who meet weekly to enjoy the company of great friends and good food, to discuss local issues and ways of making our community and the World, a better place to live. Rotarians are fun, friendly and organise great events to raise money for worthy causes.

**Tel:** 07778757150 / 07764781657

**Email:** [maggiewalker144@btinternet.com](mailto:maggiewalker144@btinternet.com)  
[rodgoodier@btinternet.com](mailto:rodgoodier@btinternet.com)

## **Royal British Legion Poppy Appeal**

The Poppy Appeal raises funds for the Royal British Legion who provide care and support to members of the Armed Forces. Demand for our support continues as Service men and women call on us for emotional, financial and practical help. Contact us for information regarding the poppy appeal or supply of poppy wreaths at any time of the year.

**Contact:** G.Dolman

**Tel:** 07826041374

**The Old Saw Mill** Located on Back River Street, Congleton, The Old Saw Mill is a community hub designed to bring people together from every walk of life, age group and background. Run by a team of enthusiastic volunteers and skilled staff, our aim is to provide a space where local residents can socialise, laugh and learn new things as well as enjoy good food in good company.

**Tel:** 01260 277658

**Email:** [info@theoldsawmill.org](mailto:info@theoldsawmill.org)

**Facebook:** OldSawMill

## **St John's Community Centre**

offers the people of Buglawton and beyond a bridge between the community we live in and the facilities & services offered by a range of charities, support agencies, local clubs and the church. See page 11 for more details of activities

**Tel:** 01260-271103

**Tel:** 07791-704112

**Email:** [peterhouldsworth@hotmail.co.uk](mailto:peterhouldsworth@hotmail.co.uk)

# BRINGING PEOPLE TOGETHER AT THE HEART OF THE COMMUNITY

The **Old Saw Mill**, located on Back River Street, Congleton, is a community hub designed to bring people together from every walk of life, age group and background. Run by a team of enthusiastic volunteers and skilled staff, our aim is to provide a space where local residents can socialise, laugh and learn new things as well as enjoy good food in good company.



## Community Café

Join us for a coffee, slice of cake (and a chinwag if you like) in a welcoming, safe and dementia-friendly environment.



## Chomp & Chat | Knit & Natter

Meet new friends over lunch at Chomp and Chat every Monday or Enjoy a good knit whilst you natter every Tuesday.



## Classes & Events

From cooking to pilates and yoga to life drawing. Join us for a range of weekly classes and organised events.



## Meals on Wheels

If you can't get to us, then we'll happily come to you! We offer a daily lunch menu and delivery service.



## Apple Juice & Cider

Homegrown and homemade Congleton Apple Juice & Ciders are available to purchase in the Mill.

LEARN MORE -

Call or email using the details below. Find us on facebook or, pop into The Old Saw Mill to learn about our upcoming events.

VOLUNTEER -

Can you spare a couple of hours each week? Contact us to learn more about volunteer opportunities at The Old Saw Mill.

**The Old Saw Mill, Back River Street, Congleton CW12 1HJ**

Tel: 01260 277 658 | Email: [info@theoldsawmill.org](mailto:info@theoldsawmill.org)

Web: [www.theoldsawmill.org](http://www.theoldsawmill.org) | Social Media: [@oldsawmill](https://www.facebook.com/theoldsawmill)

# *Get Involved in* **COMMUNITY**

## **Springboard (previously Congleton Learning Centre)**

The Learning Centre is open to all adults to help them to gain new skills and qualifications and to support them with looking for work. We host a Work Club in the Learning Centre as well as from outreach locations across Cheshire East. Just drop in for more info or contact us via details below

**Tel:** 01260 290682

**Email:** [info@congletonlearningcentre.co.uk](mailto:info@congletonlearningcentre.co.uk)

## **Trefoil Guild, Congleton**

Meetings are held on the third Tuesday of the month at Dane Valley Scout HQ. Anyone over 18 years who agrees with the aims of Girl Guiding UK, can join Trefoil Guild. We meet monthly in an informal, friendly atmosphere for activities, talks and outings. The Guild can provide support to local leaders of Rainbows, Brownies and Guides.

**Contact:** Mrs Dorothy Robinson

**Tel:** 01260 275977

## **University of the Third Age (U3A), Congleton and District** Congleton

U3A is a self-help, educational, sporting and social organisation with over 1,300 semi-retired and retired members. It has over 100 groups, from Astronomy to Wine Appreciation: Bridge to Microsoft Applications; Art to Languages; Golf Coaching to Walking

Information desk open from 10-12noon Mondays September -December and January -May 10-11am St John's Ambulance, West Street

**Email:** via the website

**Website:** [www.congletonu3a.org.uk](http://www.congletonu3a.org.uk)

**Women's Institutes, The Cloud Group** With the federation of Women's Institutes you will benefit from having your voice heard and making an impact on local and national issues. We offer the opportunity to learn, develop and pass on new skills, make friends, work as a team and have fun with events. The WI offers all kinds of opportunities to all kinds of women. For other groups and info **Website:** [www.cheshirewi.org.uk/wi-list/cloud](http://www.cheshirewi.org.uk/wi-list/cloud)

**Bosley WI:** 01260 223742

**Eaton WI:** 01260 276385

**Mossley WI:** 01782 512062

**Timbersbroke WI:** 01260 275274

At Springboard we help people gain the skills & confidence to fulfil their ambitions at work and in life.

## Join us for our courses and support

### Cooking online

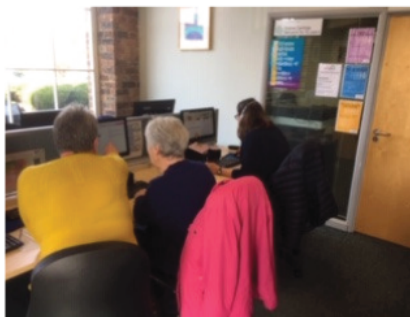
1 hour zoom lessons  
discovering new cuisine

### Maths & English Qualifications

Functional Skills classes  
available free of charge at  
Congleton Learning Centre

### Book a Work Hub appointment

Visit our website to book a  
session with a careers advisor  
or for employment support.



# *Get Involved in* **ACTIVE CONGLETON**

## **Astbury Mere Country Park**

Astbury Mere Trust manages Astbury Mere Country Park, 40 acres of open space on the outskirts of the town. We provide free facilities for people who enjoy the outdoors and a pleasant, wildlife-friendly day out.

**Tel:** 01260 297237

**Email:** [astbury@cheshireeast.gov.uk](mailto:astbury@cheshireeast.gov.uk)

**Website:** [www.astburymerecountrypark.uk](http://www.astburymerecountrypark.uk)

## **Boalloy Running Club**

Is a club for on and off road running. Open to anyone interested in social or competitive running from 9 years upward.

Tuesday 6pm - Congleton Leisure Centre - Senior run.

Thursday 6.30pm Juniors and Seniors run

**Tel:** 07428 526723

**Email:** [carlandandrewwilliams@gmail.com](mailto:carlandandrewwilliams@gmail.com)

## **Congleton Amateur Swimming Club**

has a long history of teaching children to swim in a relaxed and non-competitive environment, encouraging participation, enjoyment and safety in the water for swimmers of all abilities.

Tuesday term time at Congleton Leisure Centre.

7-18 years, 6.30-8.15pm. Adults, 8.15-9pm

**Email:** [congletonasc@talktalk.net](mailto:congletonasc@talktalk.net)

**Website:** [www.astburymerecountrypark.uk](http://www.astburymerecountrypark.uk)

## **Congleton Badminton Club**

Congleton Badminton Club welcomes all players but particularly those interested in playing competitive badminton. Our match night is on Sunday evening 7-10pm at Biddulph Leisure Centre. A junior club meets Wednesdays 4.30-6.00pm at Congleton Leisure Centre and offers coaching to children aged 8-18.

**Tel:** 01606 48816 or 07790 723224

**Email:** [sarahlawton14@gmail.com](mailto:sarahlawton14@gmail.com)

## Congleton Cricket Club

We are based in Booth Street, play senior cricket in the Cheshire County League and run junior teams, ages under 9s to under 18s. Any abilities welcome.

We offer a fun, family environment and our club is at the heart of the Congleton community.

**Tel:** 07592 432513

**Email:** [guy.baxendale@googlemail.com](mailto:guy.baxendale@googlemail.com)

**Congleton Cycling Campaign** aims to encourage people to use bicycles for local transport. Produced a cycle network map town showing the easiest routes through town, instigated signage to cross-town routes to avoid busy roads. We press the relevant authorities to provide better cycle parking and facilities in Congleton and plan confidence courses to encourage older people back on their bikes, plus training for children.

**Tel:** 01260 272277

**Email:** [peter@thehowty.co.uk](mailto:peter@thehowty.co.uk)

**Website:** [www.congletoncycling.co.uk](http://www.congletoncycling.co.uk)

**Congleton Cycling Club** is a traditional cycling club, with an active racing and social riding scene. We have two club rides every Saturday, one every Sunday, plus an evening time trial programme throughout the summer. Our members take part in tours and longer day rides and we also have two social evenings a month. We would welcome any new members.

**Tel:** 01270 765510

**Email:** [congletoncyclingclub@hotmail.com](mailto:congletoncyclingclub@hotmail.com)

**Website:** [www.congletoncyclingclub.org.uk](http://www.congletoncyclingclub.org.uk)

## Congleton & District Conservation Volunteers

is a nature conservation group working across sites in South East Cheshire.

They provide a resource to help maintain and develop local habitats and support wildlife. If you enjoy being outside, are interested in supporting the diversity of our natural landscape and keeping traditional skills going, come and join us. It is also a great way to exercise. For information see our website.

**Website:** [www.cdcv.org.uk](http://www.cdcv.org.uk)



# *Get Involved in* **ACTIVE CONGLETON**

## **Congleton Harriers**

is the meeting place for anyone interested in running. We have 100 members of all ages, & experience and we run across all types of terrain, road, trail, cross-country and fell. Members enter local races each year and marathons. Teams enter the local cross-country league. We also organise great social weekends in UK and Europe.

**Email:** [enquires@congleton-harriers.co.uk](mailto:enquires@congleton-harriers.co.uk)

**Website:** [www.congleton-harriers.co.uk](http://www.congleton-harriers.co.uk)

## **Congleton Lawn Tennis Club**

Beginner, returner to the game or regular tennis player. Junior, adult or senior citizen. We have tennis opportunities for all. Beginner, intermediate and advanced coaching sessions. Club sessions. Competitive league tennis. Junior club night and coaching. Day time and evening sessions.

**Email:** [congletonlawn tennis@gmail.com](mailto:congletonlawn tennis@gmail.com)

**Facebook:** @CLTCUK

**Website:** [www.clubspark.lta.org.uk/CongletonLawnTennisClubLimited](http://www.clubspark.lta.org.uk/CongletonLawnTennisClubLimited)

**Congleton & District Motor Cycle Club** a long established club with off road & road riders. We run off road trials events quarterly from National to club level. Members ride in events in UK and abroad, have rides out and run a check point on the annual National Rally. All types of motor cycles used, classic to modern. No joining fee. Meet 1st Tuesday of the month, Horse shoe Inn, Newbold Astbury 8pm

**Tel:** 01260273068

**Email:** [mail@ebeechejoinery.co.uk](mailto:mail@ebeechejoinery.co.uk)

## **Congleton Ramblers**

Take part in our regular programme of guided walks with up to 4 walks per week from 4 to 15 miles, ranging from leisurely to more challenging. Explore the wonderful countryside of the Peak District, Cheshire, Staffordshire Moorlands and further afield. Our programme can be found on the Ramblers Website.

**Email:** [ramblerscongleton@hotmail.com](mailto:ramblerscongleton@hotmail.com)

**Website:** [www.ramblers.org.uk](http://www.ramblers.org.uk)

## Congleton RUFC and Bears

The Bears is for boys & girls & offers teams from Under 7s - Under 18s. Plus two senior sides, a veteran's team plus Mini and Junior Sections, Under 8s – non contact tag. The club provides a rewarding & enjoyable experience for players, parents & coaches. We play Sundays, 10.30am September to May on Hankinson's Field, Congleton Park & Back Lane.

**Tel:** 07733 300845

**Email:** phil\_humphry4@hotmail.co.uk

## Dane Valley Swimming Club

We offer a Learn to Swim programme, stage 5 upwards which lets swimmers grow to the best of their ability supported by dedicated, qualified swimming teachers and coaches.

As a competitive swimming club, we have teams in the Arena and Crusader leagues and swimmers at county, regional and national level.

**Email:** dvascsecretary@gmail.com

**Website:** [www.danevalleyswimming.org](http://www.danevalleyswimming.org)

## Mossley Cricket Club

Mossley Cricket Club is based off Moss Road, Congleton. We have 3 senior and 8 junior cricket teams. New members are always welcome.

The 8 junior sides range from under nine's to under 18's age groups.

All junior sides have experienced coaches to develop their skills.

**Contact:** Adrian Austin

**Email:** banter007@sky.com

## The Ramblers - Congleton Group

As part of Britain's Walking Charity, Congleton Ramblers work to safeguard local footpaths and encourage more people to take up walking.

Every Sunday the programme offers a choice of walks of different lengths and grades.

There is a more leisurely walk on a Wednesday afternoon monthly and on Tuesday evenings throughout the summer.

**Tel:** 01260 278217

# *Get Involved in* **ACTIVE CONGLETON**

## **Tsuki-no-Kokoro Ju-Jitsu**

Small, friendly ju-jitsu club, operating in St. John's Church hall, Buglawton, for students from age 5 to adult. No upper age limit! Classes on Tuesday and Wednesday nights. For times and details, please see our website. Students are also encouraged to work towards Lions youth volunteer service and Duke of Edinburgh awards.

**Tel:** 01260 275136 / 07966 192421

**Email:** [myrtlarman@btinternet.com](mailto:myrtlarman@btinternet.com) **Facebook:** @TsukiNoKokorocongleton

## **Vale Juniors FC (Congleton)**

Vale Juniors F.C. are an FA Chartered Standard Community Club.

We run mixed teams from U7s to U18s and girls teams from U9s to U18s. Our aim is to positively impact the lives of the town's young people with team sports.

**Tel:** 07964 962892

**Email:** [chairman@valejuniorsafc.co.uk](mailto:chairman@valejuniorsafc.co.uk)

**Website:** [www.valejuniorsafc.co.uk](http://www.valejuniorsafc.co.uk)

## **Warrior Marshal Arts**

Brazilian JiuJitsu, kickboxing, Little Warriors, 4-6 years and junior Warriors 7-12 years, plus boxing for beginners 10 years plus.

For more information visit the website.

**Tel:** 07964 474493

**Email:** [warrior.congleton@yahoo.co.uk](mailto:warrior.congleton@yahoo.co.uk)

**Website:** [www.warriormarshalarts.co.uk](http://www.warriormarshalarts.co.uk)

 **ADP.DESIGNS**



@ADPROFILE  

**AD PROFILE**  
DESIGN WORKS

YOUR FRIENDLY NEIGHBOURHOOD  
**GRAPHIC DESIGNER**

BRANDING • LOGO DESIGN • ILLUSTRATION • BROCHURES • PRINTING

01260 273660

[WWW.ADPROFILE.CO.UK](http://WWW.ADPROFILE.CO.UK)

## Dane Valley Community Energy

was set up as a Community Benefit Company to procure, install and operate a hydro-electricity generation plant at Havannah Weir. The objective is to generate carbon free electricity and utilise any profits for community benefit schemes.

**Email:** [admin@congletonhydro.co.uk](mailto:admin@congletonhydro.co.uk)

**Website:** [www.congletonhydro.co.uk](http://www.congletonhydro.co.uk)

## Plastic Free Congleton

is a small team of volunteers who are working to reduce plastic pollution and the use of single-use plastic in the town.

We'd love to hear from you if you'd like to get involved!

**Tel:** 07732 122802

**Email:**

[heather.seddon2@btinternet.com](mailto:heather.seddon2@btinternet.com)

**Facebook:** @PlasticFreeCongleton

## Congleton Repair Café

aims to tackle the issue of household waste - one free repair at a time! Bring anything that needs fixing and learn to DIY in the process. The Old Sawmill, Back River St, monthly on a Saturday. Check Facebook for dates.

**Tel:** 07854551610

**Email:** [congletonrepaircafe@gmail.com](mailto:congletonrepaircafe@gmail.com)

**Facebook:** @congletonrepaircafe

Congleton has a proud heritage of environmental projects since the 1990s and from these substantial foundations, Congleton Sustainability Group was formed in 2009.

This page, dedicated to Congleton Green, demonstrates just how far the town has advanced in the last 10 years, leading to Congleton Town Council's declaration of a Climate Emergency in 2020.



# Congleton



# Congleton Green.

## Active Travel Congleton

is a not for profit community interest company promoting walking and cycling for short journeys up to 3 miles. Our mission is to enable residents of Congleton to walk or cycle to their destinations on quiet roads or dedicated walking or cycle paths.

**Email:** [activetravelcongleton@gmail.com](mailto:activetravelcongleton@gmail.com)

**Website:** [www.atcongleton.uk](http://www.atcongleton.uk)

## Trees for Congleton

is the group set up to engage the whole town in planting 30,000 trees to help to reduce our carbon footprint as trees absorb carbon dioxide.

This group is collating the number of trees planted

**Email:**

[treesforcongleton@gmail.com](mailto:treesforcongleton@gmail.com)

## Congletonfood4free

We share ideas and information to encourage and inspire residents to grow food at home, in allotments, and communally in public spaces. Volunteers welcome!

More info page 9

**Email:** [olga.whitmore@googlemail.com](mailto:olga.whitmore@googlemail.com)

**Facebook:** [@CongletonFood4Free](https://www.facebook.com/CongletonFood4Free)

These Congleton Green voluntary groups demonstrate the strength and depth of the work going on in the town to support this ambition, and will hopefully lead you to where you might

*Play your part...*

**Beartown Patchwork and Quilters** are an active and friendly group of patchwork and quilters of all ages and abilities. The group meets twice a month on a Tuesday evening 8pm - 10 pm in the Dane Valley Scout Group Hut, Rope Walk, Congleton. Our programme includes talks, demonstrations, group challenges and trips. Guests very welcome.

**Tel:** 07534166744

**Email:** [pandquilt2017@gmail.com](mailto:pandquilt2017@gmail.com)

**Website:** [www.beartownpandq.btck.co.uk](http://www.beartownpandq.btck.co.uk)

**Congleton Building Preservation Trust** are a small community charity devoted to the restoration and preservation of Congleton Bath House built about 1800. We are now creating a physic garden in the grounds and opening up the space for community and educational use. Volunteers welcome.

**Contact:** Nino **Tel:** 01260 278972

**Email:** [nino.manci2@gmail.com](mailto:nino.manci2@gmail.com)

**Website:** [www.congletonbpt.wordpress.com](http://www.congletonbpt.wordpress.com)

**Congleton Choral Academy** is a non-auditioned choir for men and women who wish to start singing, polish existing skills or return to singing after a break. The choir enjoys singing a variety of music in different styles under its inspiring conductor, Christopher Cromar. Sessions: Mondays 6-7pm, first session free.

**Tel:** 07919 211127

**Email:** [maureenratcliff54@gmail.com](mailto:maureenratcliff54@gmail.com)

**Website:** [www.congletonchoralsociety.org.uk/choralacademy.htm](http://www.congletonchoralsociety.org.uk/choralacademy.htm)

## **Congleton Choral Society**

If you enjoy singing, can sing in tune and have a basic knowledge of music....come along to a few rehearsals and see if you'd like to join us! We are a friendly group and meet on Monday evenings 7:30 – 9:45 at Trinity Church, Wagg Street.

We perform four concerts a year, usually in the Town Hall.

**Email:** [secretary@congletonchoralsociety.org.uk](mailto:secretary@congletonchoralsociety.org.uk)

**Website:** [www.congletonchoralsociety.org.uk](http://www.congletonchoralsociety.org.uk)



# *Get Involved in* **ARTS AND CULTURE**

## **Congleton Group Family History Society of Cheshire**

is an educational charity whose aim is to advance the education of the public in the study of Family History. We have around 1800 members and meet at 13 locations across Cheshire. We meet in the Congleton Library on the third Tuesday of each month.

**Tel:** 01625 426173

**Email:** [congleton@fhsc.org.uk](mailto:congleton@fhsc.org.uk)

**Website:** [www.fhsc.org.uk](http://www.fhsc.org.uk)

**Congleton History Society** Our objectives are to promote the understanding and enjoyment of history, particularly that of Congleton and the surrounding area. We undertake research, work closely with Congleton Museum and meet monthly 7:30 pm on the 2nd Wednesday of the month September - May in Congleton Library and present talks by members or visiting speakers. Visitors are always welcome!

**Tel:** 01260 274736

**Email:** [linda.hulse@btinternet.com](mailto:linda.hulse@btinternet.com)

**Website:** [sites.google.com/site/cheshirelha/member-societies/congleton-history-society](https://sites.google.com/site/cheshirelha/member-societies/congleton-history-society)

**Congleton Live** operates two music based festivals in the town, Congleton Jazz and Blues and Congleton Unplugged. The purpose of these events is to contribute to the sustainability of our town centre and give a boost to community spirit as well as offer great weekends packed with quality music. The events are run by volunteers and funded locally, if you want to get involved contact us on

**Tel:** 07765 604594

**Email:** [vince.cutcliffe@btinternet.com](mailto:vince.cutcliffe@btinternet.com)

**Website:** [www.congletonjazzandblues.co.uk](http://www.congletonjazzandblues.co.uk)

**Congleton Museum** Are you passionate about heritage? Would you like to find out more about Congleton's past and share it with others? Congleton museum has a wealth of objects, images and documents about the town and its people. By volunteering with us you will be making a positive contribution to securing the future of the town's heritage.

**Tel:** 01260 276360

**Email:** [info@congletonmuseum.co.uk](mailto:info@congletonmuseum.co.uk)

**Website:** [www.congletonmuseum.co.uk](http://www.congletonmuseum.co.uk)

## Congleton Musical Theatre

CMT is Congleton's oldest amateur theatrical society aiming to produce musical shows at Daneside Theatre of the highest standards and appealing to a wide range of audiences. If you are interested in joining us we rehearse twice a week and our shows are in October. Please contact our secretary!

**Tel:** 07795 552642

**Email:** [cmt.infodesk@gmail.com](mailto:cmt.infodesk@gmail.com)

## Congleton Pantomime

Congleton Pantomime provides an opportunity for adults and children over eleven to take part in a traditional pantomime. The fun-packed, affordable Pantomime is in January at Daneside Theatre, Congleton.

Auditions July, rehearsals start in September.

If you would like to attend the auditions please get in touch.

**Email:** [congletonpantomime@outlook.com](mailto:congletonpantomime@outlook.com)

## Congleton Players Amateur Theatre Club

Congleton Players stage three plays a year with open auditions. Join up and receive newsletters, make friends and expand your knowledge of the theatre. Whatever your interest in theatre, you can be assured of a warm welcome from Congleton Players – Please get in touch!

**Tel:** 01260 272405

**Website:** [www.congletonplayers.com](http://www.congletonplayers.com)

## Congleton Writers' Forum

Our remit is to improve our writing (poetry or prose) in an informal but structured environment. We meet on Thursdays at 7.30pm at Astbury Mere Visitor's Centre. Members run workshops on a variety of subjects and we invite guest authors and host critic nights and read arounds of our own work and favourites.

**Tel:** 07530 512842

**Email:** [crowstalon@hotmail.co.uk](mailto:crowstalon@hotmail.co.uk)

# *Get Involved in* **ARTS AND CULTURE**

## **Electric Picture House Artists Co-operative**

Congleton's contemporary art hub, with affordable artists' studios, exhibition and workshop space. We are involved in many community arts projects and hold regular art exhibitions, studio theatre productions, music events and workshops.

**Tel:** 01260 270908

**Email:** [electricpicturehouse@gmail.com](mailto:electricpicturehouse@gmail.com)

**Website:** [www.electricpicturehouse.online](http://www.electricpicturehouse.online)

## **Jo-Anne Bayley School of Dance**

Classes taught in our fully equipped dance studios 3rd Floor, Spindle Mill, Spindle Street, Congleton CW12 1QN.

Ballet, tap, disco, jazz street dance, contemporary, musical theatre, a fitness class and a Mums and Tots class.

**Tel:** 07812 997183

Or find us on Facebook

**Louise Carter School of Dance** Dance school for age 3+. Lessons available in ballet, modern and tap. Associated to ISTD examination board. Biannual shows. Adult lessons also available: tap, ballet and jazz on a Thursday morning at Mossley Old School and Daneside Theatre rehearsal rooms. Teachers and helpers fully insured, DBS checked and fully qualified. Please contact me for more information.

**Tel:** 01260 290050

**Email:** [ccarter6@sky.com](mailto:ccarter6@sky.com)

**Nomads Amateur Theatre Company** An amateur theatre company using experienced and talented personnel to put on high standard productions at the Daneside Theatre, approximately once a year. We aim to attract adult audiences only and do not do musicals, dance or youth productions.

**Contact:** Lesley Lee

**Tel:** 01260 274230

**Email:** [l-lee5@sky.com](mailto:l-lee5@sky.com)

# *Get Involved in* **ARTS AND CULTURE**

## **Tempus: Archaeology and Metal Detecting Group**

were formed to offer Metal Detecting and Archaeology enthusiasts who wish to pursue their hobby of finding interesting historical objects. We share an interest in history and like to meet and discuss our finds and experiences. Tempus hold monthly meetings at the Church House Pub in Buglawton, Congleton, Cheshire.

**Tel:** 07805 688610

**Email:** Sadler\_dave@yahoo.co.uk

**Website:** [www.tempusmetaldetecting.co.uk](http://www.tempusmetaldetecting.co.uk)

## **Trinity Amateur Operatic Society**

We are a local society who provide one show a year in the Spring. Rehearsals run from November to March and are twice weekly. New members are always welcome whether acting, back-stage or front of house. We also run many social and fundraising events throughout the year which help to establish a real sense of camaraderie and friendship among our members.

**Tel:** 07813 592587

**Email:** [jayneyholford@gmail.com](mailto:jayneholford@gmail.com)

WE ARE A NON PROFIT SUPPORTED BY CONGLETON TOWN COUNCIL



[www.congletoncommunityprojects.org](http://www.congletoncommunityprojects.org)

# *Get Involved* **YOUNG PEOPLE**

## **Air Cadets, 230 (Congleton)**

is a youth organisation for girls & boys, 12 – 17 years of age. Activities include flying & gliding, sports, camping, fieldcraft exercises, Duke of Edinburgh's Award Scheme, visits to RAF stations, projects & community work as well as learning several aeronautical subjects. Parade nights: Wed & Friday eve 7.15- 9.45pm. For info visit Rope Walk or phone SHQ parade nights

**Tel:** 01260 299882

**Email:** [oc.230@aircadets.org](mailto:oc.230@aircadets.org)

**Website:** [www.atc-230tigers.co.uk](http://www.atc-230tigers.co.uk)

## **Bromley Farm Youth Club**

Three weekly youth clubs offering pool, table tennis, computer consoles, outdoor sports, games area, board games, tuck shop, cooking, trips, residentials, community projects, Duke of Edinburgh and Lions awards schemes and volunteering.

Monday 6.30pm-8pm 8-12 years.

Wednesday 6.30-9pm 11-18 years.

Friday 6.30-9pm 11-18 years.

**Tel:** 01260 279707

**Email:** [glen1971@hotmail.co.uk](mailto:glen1971@hotmail.co.uk)

## **Cheshire Fire and Rescue Services Cadets**

Fire Cadets is a scheme providing 12-17 year olds with an insight into working within a uniformed service. Cadets take part in structured activities each week at local fire stations. Activities include firefighting activities, local community events, plus regional & national events & competitions including cadet camp.

**Tel:** 01606 868427

**Email:** [vicky.wrest@cheshirefire.gov.uk](mailto:vicky.wrest@cheshirefire.gov.uk)

**Website:** [www.cheshirefire.gov.uk](http://www.cheshirefire.gov.uk)

## **Congleton Amateur Youth Theatre**

CAYT was set up in 1990 and it now runs with an elected committee putting on a number of different shows each year. We have about 40 members ranging from 9-18 years all from the surrounding area.

Shows performed by the group are for a family audience.

We meet Sunday afternoons at Trinity Church Hall, Waggs Road.

**Tel:** 01260 280417

## Congleton and Macclesfield Scouts, Cubs and Beavers

We offer 6 to 25-year-olds fun and challenging activities, unique experiences, everyday adventure and the chance to help others to make a positive impact in communities. Scouting can help young people to get jobs, save lives and even change the world.

1st Buglawton.	>	<b>Tel:</b> 01260 274073 <b>Email:</b> <a href="mailto:lis.taylor@tiscali.co.uk">lis.taylor@tiscali.co.uk</a>
6th Congleton / West Heath.	>	<b>Tel:</b> 01260 271647 <b>Email:</b> <a href="mailto:6thcongleton.scoutgroup@gmail.com">6thcongleton.scoutgroup@gmail.com</a>
Dane Valley.	>	<b>Tel:</b> 01782 518230 <b>Email:</b> <a href="mailto:info@danevalleyscoutgroup.org.uk">info@danevalleyscoutgroup.org.uk</a>
1st Congleton.	>	<b>Tel:</b> 01260 274994
1st Mossley.	>	<b>Email:</b> <a href="mailto:scott_cm@btinternet.com">scott_cm@btinternet.com</a>

## Congleton Youth Forum

The Youth Forum is part of the Congleton Partnership. It is made up of youth focussed organisations in the town, local high schools & Cheshire Police. The purpose is to look at what is on offer for young people. To look for new opportunities for young people, and to work together to better meet their needs and requests.

**Tel:** 01260 279707  
**Email:** [glen1971@hotmail.co.uk](mailto:glen1971@hotmail.co.uk)  
**Website:** [www.congletonpartnership.co.uk](http://www.congletonpartnership.co.uk)

## Congleton Youth Orchestra

Training Groups for beginners / Junior/Intermediate & Senior Orchestras Rehearsals- Saturday mornings during term time 9am 12.15pm. Concerts are given at the end of each term in Congleton Town Hall. Membership is £30.00 per term for musicians aged 7 years (training groups), 9– 25 years for other sections.

Free instrument loan available (subject to availability).

**Email:** [secretary@congleton-youth-orchestra.org.uk](mailto:secretary@congleton-youth-orchestra.org.uk)  
**Website:** [www.congleton-youth-orchestra.org.uk](http://www.congleton-youth-orchestra.org.uk)



# *Get Involved* **YOUNG PEOPLE**

## **Firebirds Theatre**

is an introductory theatre club in Congleton for children aged 4-11. Established in 2012, Firebirds Theatre encourages children to perform and grow their confidence by learning basic theatre skills and putting on an informal show at the end of each term.

4-7 class: 4.15pm-5.00pm 8-11 class: 5.00pm-5.45pm. £6 per week

**Tel:** 01260 279707

**Facebook:** firebirdstheatre

## **Friday Night Youthie**

is run by Cheshire East Youth Support Service and Bromley Farm Community Development Trust for young people 11+ Bromley Farm Community Centre 6.30pm – 8.30pm; offering pool, table tennis, computer consoles, outdoor sports, internet access, chill out area, music, games area, advice, board games, tuck shop, cooking, trips, residentials and community projects.

Also Duke of Edinburgh Awards.

**Tel:** 01260 279707

**Email:** bscdt@tiscali.co.uk or glen1971@hotmail.co.uk

## **Friends for Leisure**

We provide friendship and leisure opportunities for disabled children and young people aged 5-21. We run regular youth groups, a bowling club, a drama club, and holiday activities. We also offer 1:1 friendships with our young volunteers where they engage in leisure activities - meals out, playing computer games together, or going to the cinema. For more information, or to get involved, please see our website."

**Tel:** 01260 275333

**Email:** info@friendsforleisure.org.uk

**Website:** www.friendsforleisure.org.uk

**Facebook:** friends.for.leisure

**Girl Guiding Congleton** is the leading charity for girls and young women in the UK. We build girls' confidence and raise their aspirations. We give them a chance to discover their full potential and encourage them to be a powerful force for good. Adult volunteers welcome.

**Tel:** 01260 272637

**Email:** [congletoncloud@girlguidingcheshireborder.org.uk](mailto:congletoncloud@girlguidingcheshireborder.org.uk)  
or [congletonwest@girlguidingcheshireborder.org.uk](mailto:congletonwest@girlguidingcheshireborder.org.uk)

**Website:** [www.girlguidingcheshireborder.org.uk](http://www.girlguidingcheshireborder.org.uk)

## Maxlife - New Life Church Youth

MaxLife is a group for young people age 14 and above.

Explore themes of life, socialise, music, games, sports, films, cook and eat, join in, chat.....a safe place to hang out, Free!

Fridays 8pm-9:30pm

**Tel:** 01260 297961

**Email:** [Jeff.cutts@nlchurch.org.uk](mailto:Jeff.cutts@nlchurch.org.uk)

**Website:** [www.nlchurch.org.uk/church/youth/max-life](http://www.nlchurch.org.uk/church/youth/max-life)

## Rock Solid - New Life Church Youth

Friday nights during school term time Rock Solid is a fast paced and fun filled youth group for young people in school years 7- 9. Friday nights 7:00-8:30pm

Friends – Games – Laughs – Chat room – Tuckshop – Trips

A safe place to have fun and it's FREE!

**Tel:** 01260 297961

**Email:** [Sue.wood@nlchurch.org.uk](mailto:Sue.wood@nlchurch.org.uk)

**Website:** [www.nlchurch.org.uk/church/youth/rock-solid](http://www.nlchurch.org.uk/church/youth/rock-solid)

## SOL Theatre School

A two week summer school held in August for children age 8-18.

We rehearse, build set, make costumes and props and finally perform a musical all in just two weeks, at the Daneside Theatre in Congleton. Auditions usually held in May.

**Tel:** 01260 290050

**Email:** [soltheatreschool@yahoo.com](mailto:soltheatreschool@yahoo.com)

Check out facebook or contact Louise for more information



Visyon is a mental health charity that supports the emotional health of children, young people and their families in the Cheshire East and Staffordshire Moorlands area. We offer a range of services to support local children and young people such as one-to-one counselling, mentoring, therapeutic and creative groups and advocacy. We also support families and schools by providing family support sessions, parent webinars and training and support for local schools.

**Telephone:**

**01260 290000**

**Website:**

**[www.visyon.org.uk](http://www.visyon.org.uk)**

**Email:**

**[administration@visyon.org.uk](mailto:administration@visyon.org.uk)**



**Adullam Homes Housing Association** Is a specialist provider of quality housing and support services. Congleton Single Homeless team offers high quality temporary accommodation with support and guidance, for adults from 16+. It is delivered through a support package targeted to meet the needs of the individual.

**Email:** [CheshireSubstanceRecoveryStaff@adullam.org.uk](mailto:CheshireSubstanceRecoveryStaff@adullam.org.uk)

**Email:** [CEMHHDteam@adullamhomes.onmicrosoft.com](mailto:CEMHHDteam@adullamhomes.onmicrosoft.com) <Cheshire East Mental Health /

**Tel:** 01260 294415 **Website:** [www.adullam.org.uk](http://www.adullam.org.uk)

Adullam Homes HA,  
Hospital Discharge

## Citizens Advice Cheshire East

We provide information and advice on a range of issues including; benefits, debt, housing, employment, family and consumer. Advice available via telephone, email or face to face. Our Congleton office, 35-37 Lawton Street, is open for drop in Tues, Wed and Fri 09:30-12:30.

**Adviceline:** 0344 411 1444

**Website:** [www.citizensadvicece.org.uk](http://www.citizensadvicece.org.uk) (email advice available)

## Crossroads Together

is a registered charity providing emotional and practical support for unpaid carers and the people they care for.

We offer a wide range of services including flexible breaks for carers, information and advice, support for young carers, End of Life care and a range of activities and groups.

**Tel:** 0333 323 1990

**Email:** [help@crossroadstogether.org.uk](mailto:help@crossroadstogether.org.uk)

**Changing Lanes Cheshire** An open and inclusive peer led recovery support group for people struggling with addictions of any kind. Focusing on recovery, training and self-development we also provide support to families with loved ones in active addiction. Wednesday 1- 3pm Bromley Farm Wellbeing Hub, 17 Parnell Square, CW12 3EQ. Thursday 11am - 1pm New Life Church, CW12 4EY.

**24 Hour Help and Advice Line:** 07729 612680

**Email:** [changinglanescheshire@mail.com](mailto:changinglanescheshire@mail.com)

**Tel:** 07722 385132

**Facebook:** [changinglanescheshire](https://www.facebook.com/changinglanescheshire)

# *Get Involved in* **HEALTH & SUPPORT**

**Congleton First Responders** is a voluntary group working on behalf of the North West Ambulance Service, attending emergency medical calls to provide treatment and care before the arrival of an ambulance. New members always welcome. Full training provided. Free British Heart Foundation Heart Start courses available to the community.

All ages & ability welcome.

**Email:** [congletonfr@gmail.com](mailto:congletonfr@gmail.com)

**Website:** [www.congletonfr.org.uk](http://www.congletonfr.org.uk)

**Facebook:** [congletonFR](https://www.facebook.com/congletonFR)

**Congleton Parkinson's Cafe** meets from 10.30 -12.00 at Astbury Mere Care Home, Newcastle Road, Astbury CW12 4HP on the last Friday of each month.

The cafe offers a warm, welcoming and friendly environment to chat over coffee and meet with others affected by Parkinson's.

**Contact:** Marion Rogers **Tel:** 0344 225 3650

**Email:** [mrogers@parkinsons.org.uk](mailto:mrogers@parkinsons.org.uk)

**Website:** [www.parkinsons.org.uk](http://www.parkinsons.org.uk)

**Congleton Talking Newspaper** is a voluntary organisation which provides weekly memory sticks to visually impaired people. The sticks carry a digest of the Congleton Chronicle, items from Bear Necessities and other local publications. The service is free but the easy to use equipment for memory sticks is provided on loan. CTN has a Listener Liaison Officer, admin committee and four teams working on a four week cycle.

**Tel:** 07986 490397

**Email:** [ctn-secretary@csmoore.plus.com](mailto:ctn-secretary@csmoore.plus.com)

**Congleton Visually Impaired People's Club** is a social group for adults affected by sight loss. Come along to our friendly group to meet others affected by sight loss, for fun, information and a chat. Our programme of activities includes games, talks, quizzes and occasional outings. There is a small charge which includes a light tea. Meets alternate Wednesdays 2pm-4pm, New Life Community Centre.

**Tel:** 01625 422602

**Email:** [info@eastcheshireeyesociety.org.uk](mailto:info@eastcheshireeyesociety.org.uk)

**Website:** [www.eastcheshireeyesociety.org.uk](http://www.eastcheshireeyesociety.org.uk)

**Dementia Friendly Congleton** exists to raise awareness of Dementia and create a community where people living with dementia and their supporters feel welcome. DF run regular open sessions,(or in-house for organisations), offering guidance on effective communication with, and presenting a friendly face to, someone living with dementia. DF activities leaflets are available from TIC, library, museum, GP surgeries. Volunteers needed to support events and train as Dementia Friends' Champions to run the awareness sessions.

**Tel:** 07770 724932

**Email:** [pdritherdon@gmail.com](mailto:pdritherdon@gmail.com)

**Diabetic Friends Group** brings together people whose lives are effected by diabetes and is a chance to share experiences and support one another. Meetings can offer valuable support from friendly, highly experienced personnel and talks by professional specialists. The group is affiliated to Diabetes UK and sponsored by Congleton Lions Club. No membership or joining fees. Bi monthly meetings 7.30 St Mary's, West Road

**Tel:** 01260 274758

**Email:** [congletonlions@gmail.com](mailto:congletonlions@gmail.com)

**Disability Information Bureau** provide a range of services to empower disabled people, those with long term health conditions, vulnerable adults and carers to improve their lives and wellbeing. Services include; Free, confidential information and advice. Advice on welfare rights and form filling, Computer courses, Computer drop in with adaptive technology. Support into employment, Wheelchair Loans, RADAR keys, volunteering opportunities

**Tel:** 01625 501759

**Email:** [info@dibservices.org.uk](mailto:info@dibservices.org.uk)

**Website:** [www.dibservices.org.uk](http://www.dibservices.org.uk)

## **East Cheshire Anaphylaxis Support Group**

East Cheshire Anaphylaxis Campaign Support Group is an informal group that meets 3 times a year to offer support to those at risk of severe allergy. It caters mainly to families who have a child/children who have been diagnosed with severe allergy.

Meetings are held at Macclesfield General Hospital.

**Contact:** Paul Moses

**Email:** [allergycheshire@aol.co.uk](mailto:allergycheshire@aol.co.uk)

**Website:** [www.anaphylaxis.org.uk](http://www.anaphylaxis.org.uk)



# *Get Involved in* **HEALTH & SUPPORT**

**East Cheshire Eye Society** is an independent Charity, established in 1877. From our resource centre at 15 Queen Victoria Street, Macclesfield we offer support, information and run social groups for visually impaired people in the Macclesfield, Wilmslow, Congleton, Poynton areas. Opens: Mon–Fri, 9am– 1.30pm.

**Tel:** 01625 422602

**Email:** [info@eastcheshireeyesociety.org.uk](mailto:info@eastcheshireeyesociety.org.uk)

**Website:** [www.eastcheshireeyesociety.org.uk](http://www.eastcheshireeyesociety.org.uk)

## **Macclesfield and Congleton Arthritis Research UK**

is leading the fight against arthritis, working to take the pain away for all sufferers and helping people to remain active. Please join our enthusiastic local group who have fun in raising money to fund the high quality research.

**Tel:** 01625 669677

**Email:** [arthritisresearchuk.mc@gmail.com](mailto:arthritisresearchuk.mc@gmail.com)

**Website** [www.arthritisresearchuk.org.uk](http://www.arthritisresearchuk.org.uk)

**Macclesfield and District MS Society** We are a very active bunch, offering a wide range of events and activities for anyone affected by MS, including exercise classes, yoga, bowls and a monthly drop in centre. We also provide advice, information, social events, support and financial assistance.

**Tel:** 01625 430933

**Email:** [support@macclesfieldmssociety.org.uk](mailto:support@macclesfieldmssociety.org.uk)

**Website** [www.mssociety.org.uk/macclesfield](http://www.mssociety.org.uk/macclesfield)

## **National Blood Service**

Blood is something we all expect to be there for us when we need it, yet only 4% of us give blood. More donors are needed in this area.

BLOOD DONOR SESSION Town Hall, High Street, CW12 1BN.

Sessions from 1.55 – 4.15 p.m. and 5.30 – 7.45 p.m.

**Tel:** 0300 123 23 23 **Email:** [DonorRelations.Cheshire\\_NW@nhsbt.nhs.uk](mailto:DonorRelations.Cheshire_NW@nhsbt.nhs.uk)

**Website:** [www.blood.co.uk](http://www.blood.co.uk)

# *Get Involved in* **HEALTH & SUPPORT**

## **NSPCC, Congleton**

The NSPCC protects children across the UK. We run a wide range of services for both children and adults, including national helplines and local projects. The Congleton NSPCC fundraising committee aims to support this very valuable work by holding various fundraising events throughout the year. New ideas, helpers and support are always welcome.

**Tel:** 01260 291796

**Email:** [jennifermarystone@gmail.com](mailto:jennifermarystone@gmail.com)

**Raynauds & Scleroderma Association** supports those affected by these rheumatic conditions. In Raynaud's, cold temperatures reduce blood flow to hands, making them white, numb and painful.

**Freephone :** 0800 9172494 for an information pack or email for advice.

**Tel:** 01270 872776

**Email:** [info@sruk.co.uk](mailto:info@sruk.co.uk)

**Website:** [www.raynauds.org.uk](http://www.raynauds.org.uk)

## **Retirement Rescue CIC**

Retirement Rescue specialises in knowing and giving guidance on the problems occurring in retirement and the latter part of our lives. We have been established from a passion for helping and supporting the older community. Ring or email for a preliminary chat.

This is a free service.

**Tel:** 07748 637750 / 07836 275912

**Email:** [bob@retirementrescue.co.uk](mailto:bob@retirementrescue.co.uk)

**St John Ambulance** provides an effective and efficient charitable first aid service to local communities; provides First Aid training and products and encourages personal development for people of all ages through training and membership.

Adults meet 7.30pm – 9.30pm on Tuesday Evenings.

Cadets (10-18) meet on Monday Evenings 7.00pm-8.30pm

**Email:** [north-west-events@sja.org.uk](mailto:north-west-events@sja.org.uk)

**Website:** [www.member.sja.org.uk](http://www.member.sja.org.uk)



Ruby's Fund is a fully inclusive sensory centre and social cafe for all children and young people, especially those with disabilities and additional needs. Our facilities include a café, disabled changing room with hoist, sensory room and new bespoke softplay area and mobile sensory bus.

We run a varied timetable of events and activities to provide recreational, relaxation and educational activities but primarily friendship and fun. Our sensory centre is located in Congleton but we provide outreach services across the whole of Cheshire East.

More information about Ruby's Fund and the timetable can be found on our website.

**Contact:** Alison Parr

**Telephone:** 01260 277666

**Email:** [info@rubysfund.co.uk](mailto:info@rubysfund.co.uk)

**Website:** [www.rubysfund.co.uk](http://www.rubysfund.co.uk)

# *Get Involved in* **HEALTH & SUPPORT**

## **Stroke Association - Info, Advice and Support Service**

If you or someone you care about has had a stroke, our service can provide practical advice, essential information and emotional support.

We will work closely with you to make sure your needs are met as you return to life after stroke.

**Tel:** 01625 612044

**Website:** [stroke.org.uk](http://stroke.org.uk)

**SWaNS -CIC Supporting Wellbeing & Nurturing Strength** is based across Cheshire East and provides emotional education and support to young people and adults. We offer emotional education training, mental health and wellbeing support to organisations and individuals. Support includes peer mentoring, emotional resilience, basic counselling skills and positive self talk. We offer counselling and bespoke training courses.

**Tel:** 07805 793423

**Email:** [clare@swanscic.org](mailto:clare@swanscic.org) or [admin@swanscic.org](mailto:admin@swanscic.org)

**The Dove Service** The Dove Service is running a bereavement support group at the United Reform Church, Antrobus Street, Congleton, CW12 1HE.

A chance to talk, share and just sit and listen. Group meetings take place in a safe and confidential environment.

Wednesday (fortnightly) 10 - 11.30am

**Tel:** 01782 683155

**Email:** [enquiries@thedoveservice.org.uk](mailto:enquiries@thedoveservice.org.uk)

**Westwood House Child Contact Centre** is a safe neutral meeting place where children of separated families may enjoy contact with one or both parents in a comfortable and safe environment when there is not a viable alternative. We provide toys, games and other facilities. Open Saturdays 9.am-12.40pm – by referral only. The service is free but donations are welcome. For more info and to request a referral form:

**Tel:** 01260 548629

**Email:** [congleton.naccc@outlook.com](mailto:congleton.naccc@outlook.com)

**Website:** [www.westwoodhousechildcontactcentre.org](http://www.westwoodhousechildcontactcentre.org)

# ALPHABETICAL LISTING

Active Travel Congleton	25
Air cadets 230 (Congleton)	31
Adullum Homes Housing Association	36
Astbury Mere Country Park	19
Bath House – Congleton Building Preservation Trust	5
Beartown Patchwork and Quilters	26
Boalloy Running Club	19
Bromley Farm Community Centre	6
Bromley Farm Development Trust	5
Bromley Farm Time Out Group	5
Bromley Farm Wellbeing Hub	5
Bromley Farm Youth Club	31
Buglawton Community Group	7
Buglawton In Bloom	7
Changing Lanes Cheshire	36
Chappell Centre & Village Hall Mossley	7
Cheshire Community Action	7
Cheshire Fire & Rescue Services	8
Cheshire Fire & Rescue Services Cadets	31
Cheshire Marshals	8
Citizens Advice Cheshire East	36
Congleton Amateur Swimming Club	19
Congleton Amateur Youth Theatre	31
Congleton Badminton Club	19
Congleton Building Preservation Trust	26
Congleton Choral Academy	26
Congleton Choral Society	27
Congleton Community Credit Union	8
Congleton Community Projects	9
Congleton Cricket Club	20
Congleton Cycling Campaign	20

# ALPHABETICAL LISTING

Congleton Cycling Club	20
Congleton Dane Probus Club	9
Congleton & District Conservation Volunteers	20
Congleton & District Motorcycle Club	21
Congleton Ex Service Association	9
Congleton First Responders	37
Congleton Food4free	9/25
Congleton Green	24/25
Congleton Group Family History Society	27
Congleton Harriers	21
Congleton History Society	27
Congleton In Bloom	10
Congleton Lawn Tennis Club	21
Congleton Lions Club	10
Congleton Live (Jazz n Blues & Unplugged Festivals)	27
Congleton & Macclesfield Scouts, Cubs & Beavers	32
Congleton & Macclesfield Advanced Drivers & Riders	8
Congleton Mini BusScheme	10
Congleton Museum	27
Congleton Musical Theatre	28
Congleton Pantomime	28
Congleton Parkinson's Cafe	37
Congleton Partnership	46
Congleton Players Amateur Theatre Club	28
Congleton Railway Station & Canal Tidy group	10
Congleton Ramblers	21
Congleton Repair Cafe	24
Congleton RUCF (Rugby Club) and Bears	22
Congleton Sustainability Group (CSG)	12
Congleton Talking Newspaper	37
Congleton Visually Impaired people's Group (VIP)	37

# ALPHABETICAL LISTING

Congleton Writer's Forum	28
Congleton Young Farmers Club	12
Congleton Youth Forum	32
Congleton Youth Orchestra	32
Crossroads Together	36
CVS (Community & Voluntary Services Cheshire East)	12
Dane Valley Community Energy Ltd	24
Dane Valley Swimming Club	22
Dementia Friendly Congleton	38
Diabetics Friends Group	38
Disability Information Bureau	38
East Cheshire Anaphylaxis Support Group	39
East Cheshire Eye Society	38
Elizabeth's Group	12
Electric Picture House Artists Co-operative	2/29
Firebirds Theatre	33
Friday Night Youthie	33
Friends for Leisure	33
Friends of Congleton Park	13
Girlguiding Congleton	34
Jo-Anne Bayley School of Dance	29
League of Friends, Macclesfield & Congleton Hospitals	13
Louise Carter School of Dance	29
Macclesfield & Congleton Arthritis Research UK	39
Macclesfield & District MS Society	39
Maxlife – New Life Church Youth Club	34
Mossley Old School – Community Centre	13
Mossley Cricket Club	22
Mossley Village Hall	13
National Blood Service	39
National Women's Register	13



# ALPHABETICAL LISTING

Never Too Old To Have Fun	14
New Life Church, Danesford Community Centre	14
Nomads Amateur Theatre Company	30
NSPCC Congleton	40
Plastic Free Congleton	24
Probus Club of Congleton & District	14
Raynauds & Scleroderma Association	40
Retirement Rescue CIC	40
Rock Solid – New Life Church Youth Group	34
Rotary Club of Congleton	15
Royal British legion Poppy Appeal	15
Ruby's Fund Sensory Centre	41
SOL Theatre School	34
Springboard	17/18
St John Ambulance	40
St John's Community Centre	11/15
Stroke Association –Info, Advice & Support Service	42
Swans CIC-Supporting Wellbeing & Nurturing Strength	42
Tempus: Archaeology & Metal Detecting Group	30
The Old Saw Mill	15/16
The Dove Service	42
The Ramblers – Congleton Group	22
The Royal British Legion	14
Trees for Congleton	25
Trefoil Guild, Congleton	17
Trinity Amateur Operatic Society	30
Tsuki-no-Kokoro Ju-Jitsu	23
Univerity of the 3rd Age (U3A)	17
Vale Juniors Football Club (Congleton)	23
Visyon	35
Warrior Marshal Art	23
Westwood House Child Contact Centre	42
Women's Institutes, The Cloud Group	17

# Congleton Partnership



## REGENERATING OUT TOWN

Congleton Partnership is a community based, volunteer organisation which draws on and utilises the skills and expertise of local residents and organisations in Congleton. The Partnership exists to ensure the sustainability of Congleton as a vibrant, attractive market town.

**CENOTAPH RENOVATION**  
**DEMENTIA FRIENDLY TOWN**  
**HYDRO PROJECT**  
**GREEN FAYRE**  
**PLAY AREAS**  
**HERITAGE TRAIL**  
**TREES FOR CONGLETON**  
**MINI BUS SCHEME**  
**ACTIVE TRANSPORT**



[www.congletonpartnership.co.uk](http://www.congletonpartnership.co.uk)



What does  
Do?

CONGLETON COMMUNITY PROJECTS

Creates

CONGLETON FOOD & DRINK FESTIVAL  
CHRISTMAS LIGHTS SWITCH ON  
LANTERN PROCESSION

Devises

PROMENADE THEATRE DAY  
CHILDREN'S CREATIVE WORKSHOPS  
CONGLETON PLAY DAY

Advises

COMMUNITY EVENTS  
PROJECTS AND FESTIVALS  
FUNDRAISING & VOLUNTEERING



CONGLETON  
COMMUNITY  
PROJECTS

WE ARE  
A NON  
PROFIT  
SUPPORTED  
BY CONGLETON TOWN COUNCIL



[www.congletoncommunityprojects.org](http://www.congletoncommunityprojects.org)