



# Cheshire East

## Care Services Directory 2021/22

The comprehensive guide to staying independent, improving your wellbeing and choosing and paying for your care

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**As a result of the COVID-19 pandemic, many groups, services and activities have been postponed; changed how they operate or have had to stop completely. This Directory reflects 'business as usual' and therefore it is recommended that you check with the activity, group or service to determine availability and to get the most up-to-date information. A good way to do this is by accessing its website through Live Well Cheshire East ([www.cheshireeast.gov.uk/livewell](http://www.cheshireeast.gov.uk/livewell)).**

To obtain extra copies of this Directory, free of charge, call the **Adult Social Care Team** on **0300 123 5500**. Alternatively, visit **[www.carechoices.co.uk/order-copies-of-a-directory](http://www.carechoices.co.uk/order-copies-of-a-directory)** to order a copy online.

## Alternative formats



This Directory is available electronically at **[www.carechoices.co.uk](http://www.carechoices.co.uk)**

The e-book is also Recite Me compatible for those requiring information in the spoken word.

# Introduction from Cheshire East Council

Welcome to the Cheshire East Care Services Directory 2021/22. Cheshire East Council would like people living in Cheshire East to feel empowered to be as independent and healthy as they can. To help achieve this, we provide services and work in partnership with communities and organisations, to ensure a range of support is available locally. This Directory provides an overview of many of these options.



The Directory is complemented by 'Live Well Cheshire East' which is a web-based resource giving information and advice on support available locally such as groups and activities. Visit [www.cheshireeast.gov.uk/livewell](http://www.cheshireeast.gov.uk/livewell) to find out more.

We've also given information on the importance of staying healthy. This means thinking about the exercise you do (including how to prevent a fall) and what you eat, to maintain your independence for as long as possible.

Unfortunately, the coronavirus (COVID-19) pandemic is continuing to impact on local services. However, you can check how the service is currently

delivered by viewing its website or using its contact details.

The Council aims to achieve an open, fairer, and environmentally friendly Cheshire East through the work that it does. To help deliver this, our work encompasses: protecting and supporting our communities including safeguarding adults at risk from abuse; working together with residents and partners to support people and communities to be strong and resilient; and reducing reliance on long-term care by improving services closer to home.

## Cheshire East Borough Council

Westfields, Middlewich Road, Sandbach CW11 1HZ

Tel: **0300 123 5500**

Web: [www.cheshireeast.gov.uk](http://www.cheshireeast.gov.uk)

The offices are open 8.30am to 5.00pm, Monday to Friday.

For social care emergencies out of working hours, please contact the **Social Care Out of Hours Team** on **0300 123 5022**.

Further details are also available from the **Cheshire East Council** website at [www.cheshireeast.gov.uk](http://www.cheshireeast.gov.uk)

## Healthy lifestyles

Eating the wrong things, drinking more than you should, smoking, and not exercising all have impacts on your health.

Making changes to your lifestyle will help you feel better and could prevent diseases such as diabetes, cancer and heart disease. It can also reduce your risk of suffering disability and frailty in later life.



The Council funds the 'One You Cheshire East' service to provide free lifestyle support to people. This includes a range of programmes to help you be smoke free, drink less, lose weight, eat well and move more.

For more information, see the **One You Cheshire East** website at [www.oneyoucheshireeast.org](http://www.oneyoucheshireeast.org) or call **0808 164 3202**.



## Lifestyle advice

Choosing to adopt a healthier lifestyle can help you to live a happier and more active life. Use the tips below to help you to age well.

Many of these are supported by the Council's 'One You Cheshire East' healthy lifestyle service which is delivered on the Council's behalf by Reed.

### 1. Physical activity

Being active is great for your body, mind and health – and there are lots of ways to do this. In addition to reducing your risk of disease such as a stroke or heart attack, it can keep your muscles, bones and joints strong, and can help improve your balance.

NHS guidelines state that adults should do 150 minutes of exercise a week such as brisk walking or energetic housework and try to break up periods of inactivity. The NHS also stresses the importance of doing regular exercises that improve the strength of your major muscles such as shoulders, arms and legs, at least twice a week.

One You Cheshire East offers free support from a coach who can help motivate you to achieve these goals through a range of exercise types. Visit **[www.oneyoucheshireeast.org](http://www.oneyoucheshireeast.org)** for more information or call **0808 164 3202**.

### 2. Eating well

What you eat, and how much, is important for your health and your waistline. Choosing healthier foods is easier than you might think. Read more at **[www.nhs.uk/oneyou/for-your-body/eat-better](http://www.nhs.uk/oneyou/for-your-body/eat-better)**

Support classes to enable you to be a healthy weight are available through One You Cheshire East. See **[www.oneyoucheshireeast.org](http://www.oneyoucheshireeast.org)** for more information or call **0808 164 3202**.

### 3. Falls

One in three people aged 65+ falls each year. Sometimes this can lead to a fracture or prolonged time on the ground. However, there are simple things that you can do to reduce your risk.

One You Cheshire East offers free falls prevention classes, for those at risk of falling, at a range of locations in Cheshire East, to improve your everyday

strength and balance. For more information, visit **[www.oneyoucheshireeast.org](http://www.oneyoucheshireeast.org)** or call **0808 164 3202**. You can read more about reducing your risk of falling on the Cheshire East Council website at **[www.cheshireeast.gov.uk/livewell/health-matters/keeping-well/falls-prevention](http://www.cheshireeast.gov.uk/livewell/health-matters/keeping-well/falls-prevention)**

### 4. Smoking

Smoking damages your body in several ways, from the day-to-day effects on your heart and your breathing, to longer-term smoking-related diseases such as heart disease, cancer and stroke. Your smoke can harm the health of the people you live with too. See the NHS website (**[www.nhs.uk](http://www.nhs.uk)**) for further information.

To receive support to help you stop smoking, contact One You Cheshire East on **0808 164 3202** or see **[www.oneyoucheshireeast.org](http://www.oneyoucheshireeast.org)**

### 5. Alcohol/drugs

NHS guidelines suggest that men and women are advised not to drink more than 14 units of alcohol a week. This is the same as six pints of average-strength beer or six glasses of wine in a medium glass (175ml). Regularly drinking more than this can significantly increase the risk to your health. You can read more about the health effects of alcohol on the NHS website (**[www.nhs.uk](http://www.nhs.uk)**).

If you regularly exceed this amount of alcohol and need support, contact the Change, Grow, Live Drug and Alcohol Service either by telephone on **01625 464995** or email **[Eastcheshire.info@cgl.org.uk](mailto:Eastcheshire.info@cgl.org.uk)**

### 6. Teeth

Brushing your teeth twice a day and using floss daily are important for reducing your risk of gum disease. This has been linked to diabetes, strokes, heart disease and rheumatoid arthritis. It's also important to see a dentist for a check-up on a regular basis.

### 7. Sleep

Many of us struggle to sleep well as we get older. Going to bed at the same time each night, avoiding daytime naps and having a bedtime routine can mean you're less tired and more mentally alert. Go to the NHS website (**[www.nhs.uk](http://www.nhs.uk)**) for further advice.

## Leisure

Everybody Sport and Recreation is a registered health and wellbeing charity, offering a range of opportunities to get active and healthy across Cheshire East. Membership includes use of the gym, swimming pools, exercise classes and a range of sport activities. Other services include personal training, disability and inclusion sessions, swimming lessons, Taste for Life cafés, career and training opportunities, volunteering and much more.

Health programmes are available for adults recovering from illness or those who have a long-term medical condition, such as chronic obstructive pulmonary disease (COPD), cancer, a mental health disorder, a neurological condition such as multiple sclerosis (MS), Parkinson's, dementia, a body mass index (BMI) of 40+, diabetes, hypertension, chronic lower back pain, osteoarthritis or poor balance or mobility.

Aqua Relax provides swimming sessions at quieter times for customers with specific medical conditions.

Everybody@Home is a new online platform for Everybody members and has a wide range of

on-demand and live health and fitness classes, including Get Moving, Dance Fit, Pilates, HIIT, Joint Movers and so much more! For as long as Everybody Leisure Centres are closed, the community can sign up to get access to Everybody@Home and pay nothing until the facilities reopen. Find out more here [www.everybody.org.uk/everybody-on-demand](http://www.everybody.org.uk/everybody-on-demand)

For more details of what's on, visit your local leisure centre, or refer to the contact details below.

Email: [support@everybody.freshdesk.com](mailto:support@everybody.freshdesk.com)

Web: [www.everybody.org.uk](http://www.everybody.org.uk)

Twitter: [@EBLeisure](https://twitter.com/EBLeisure)

Facebook:

[www.facebook.com/EverybodySportRecreation](https://www.facebook.com/EverybodySportRecreation)



## Walks

Another great way to exercise is by going on a walk; go to [www.cheshireeast.gov.uk/Walks](http://www.cheshireeast.gov.uk/Walks) for useful

links including downloadable leaflets suggesting local walks.

## Libraries

Cheshire East has 16 libraries in towns and villages across the borough and one mobile library. Libraries provide much more than just books. As part of a wide range of stock, libraries have large print and audiobooks, e-books, e-audiobooks and e-magazines. Cheshire East's libraries also have Reading Well self-help books on mental health conditions for adults, children and young people. The books provide support for people living with long-term conditions and advice for people living with dementia and their carers. There are also mood-boosting books and Macmillan cancer support books.

Members can use library computers to access the internet for free or use the free Wi-Fi. You can

come to a coffee morning, music or craft session, or join a reading or writing group. There are lots of opportunities for lifelong learning, informal study, family history, and volunteering opportunities.

### IT buddies

Library IT buddies are available to give one-to-one friendly support to help you learn basic digital skills at your own pace. This costs £2.50 for an hour's support but needs to be booked in advance by contacting your local library.

### Mobile Library and Home Library Services

The Mobile Library Service visits the rural areas of Cheshire East on a three-weekly basis.

Libraries also provide a personal service direct to the homes of readers who are unable to collect their own books, and whose friends and relations are also unable to help. Volunteers visit on a regular basis, usually fortnightly, delivering requested books and talking books.

You'll find a range of community advice desks and customer services in Cheshire East's libraries.

Tel: **0300 123 5018**

Email: **libraries@cheshireeast.gov.uk**

Web: **www.cheshireeast.gov.uk/Libraries**

## Connected Communities Centres

Connected Communities Centres host a range of activities and support services available on your doorstep. Each centre delivers services tailored for their community. From coffee mornings, computer classes and line dancing, to learning a language, sharing a problem and support for stroke sufferers – there's something for everyone.

Every centre has a computer tablet connected to our Live Well community information website so you can easily find information, advice, activities and services in your area.

Connected Community Centres offer space and support for local residents to turn their interests and passions into a group or activity that will benefit their wider community.

For more information visit **www.cheshireeast.gov.uk** (search 'connected communities').

### Neighbourhood Partnerships

The Council set up and facilitate Neighbourhood Partnerships, to bring together a range of partners

including the Voluntary, Community and Faith (VCF) sector, Police, children's centres, schools, Youth Services, Youth Offending Team, local elected members and businesses.

The purpose is to understand local priorities based on local intelligence. Neighbourhood Partnerships work to create local projects that impact on those local priorities. Agencies and local residents work collaboratively to create and tailor projects to suit that community.

There are 15 Neighbourhood Partnerships across Cheshire East. Each of them serves an area across the borough where we have identified a need to reduce health inequality.

To join an existing Neighbourhood Partnership or to set one up in your community, see below.

For more information visit: **www.cheshireeast.gov.uk** (search 'connected communities and click 'neighbourhood partnerships').

## People Helping People

The Council is working collaboratively with its partners and local volunteers to channel community-based support to meet the needs of its residents who find themselves isolated without family, friends or a support network.

Services are delivered for the local community, by the local community, with options including:

- telephone support, advice and reassurance;
- signposting to local and national services equipped to meet specific support needs;

- access to essential food and medical supplies;
- access to priority online shopping slots; and
- a regular friendly phone call to lift your spirits.

If you would like to offer support or need to access help, visit **www.cheshireeast.gov.uk** (search 'Cheshire East people helping people') to fill out the appropriate form.

Alternatively, you can contact the Council on **0300 123 5034** to register your information with its customer service team.

## Dying well – what does end of life care involve?

End of life care is support for people who are approaching death and includes palliative care. It helps people to be as comfortable as possible and to die with dignity. It also includes support for those people important to the dying person which may include family or carers.

The End of Life Partnership can provide useful

information and guidance for practitioners and members of the public.

Visit **[www.eolp.co.uk](http://www.eolp.co.uk)** or **[www.cheshirelivingwelldyingwell.org.uk](http://www.cheshirelivingwelldyingwell.org.uk)** for more information or phone **01270 310260**. Alternatively, visit **[www.nhs.uk/Planners/end-of-life-care](http://www.nhs.uk/Planners/end-of-life-care)**

## Healthwatch

Healthwatch is the consumer champion for health and social care. It gathers knowledge, information, and opinions to influence policy and commissioning decisions, monitors the quality of services and reports to regulators. It can also signpost you to local health and social care services.

Volunteers are currently being sought to help

with this service. For more information on what Healthwatch does or on volunteering for the service, visit **[www.healthwatchcheshireeast.org.uk](http://www.healthwatchcheshireeast.org.uk)**

**NHS UK – Helping to put you in charge of your healthcare. NHS UK is a reliable source of health information and advice, visit [www.nhs.uk](http://www.nhs.uk)**

# Staying independent

This section gives details of organisations that can support you to remain independent, improve your quality of life and help to prevent you or the people you care for from reaching crisis point. Services are available to help prevent your needs escalating and to delay your need for ongoing care and support:

### Age UK Cheshire

Offers people aged 50+ a range of care and support services, to empower and enable them to continue to live full and active lives, to participate in community activity, and to remain in good mental and physical health for as long as possible.

Services include providing information and advice on a wide range of issues, assistance on how to plan and manage your care and support, a dementia adviser to help people living with dementia and their carers, advice on money matters and insurance issues, an advocacy service, and help to support you to live independently at home. A project, Men in Sheds, specifically for older men to join socially and learn new skills, is available in Crewe. Further details of all the services provided are available on the website above right.

Tel: **01606 881660**

Email: **[admin@ageukcheshire.org.uk](mailto:admin@ageukcheshire.org.uk)**

Web: **[www.ageuk.org.uk/cheshire](http://www.ageuk.org.uk/cheshire)**

### Age UK Cheshire East

Provides people aged 50+ and their families and carers in Cheshire East with high-quality practical and emotional support. It aims to improve later life for older people in the community, offering advice, information, advocacy, friendship, practical support and activities to support health and wellbeing and continued independence.

Services include various creative, physical and social activities, help and home visits to enable you to remain independent at home, including benefit entitlement checks, and weekly groups for people with dementia or who are physically frail.

A project, Men in Sheds, specifically for older men to join socially and learn new skills, is available in Congleton and Macclesfield. Further details of all the services provided are available on the website at the top of the next page.

Tel: **01625 612958**

Email: **enquiries@ageukce.org**

Web: **www.ageuk.org.uk/cheshireeast**

### Citizens Advice Cheshire East

Accessing information and advice from Citizens Advice Cheshire East is available as follows.

Citizens Advice Cheshire East has suspended face-to-face advice services across all sites and services for the foreseeable future due to the coronavirus outbreak. However, it is still open and ready to deliver information and advice in other ways:

- Citizens Advice Cheshire East is delivering advice by email and phone. If you have an issue you'd like help with directly from the service, complete this form **www.citizensadvicece.org.uk/email** and your query will be responded to;
- general advice will be given via a National

Adviceline which you can reach by calling free on **0800 144 8848**. This is open Monday to Friday from 9.00am to 5.00pm;

- you can chat online to an adviser by visiting the Citizens Advice website at **www.citizensadvice.org.uk/contact-us**;
- people looking for advice on consumer issues (e.g. issues related to products or services you've purchased) can contact the Citizens Advice Consumer Helpline on **0808 223 1133** or chat online to an adviser on the website; and
- anyone seeking to make a new claim for Universal Credit should call the Universal Credit Help to Claim line on **0800 144 8444**.

Details of **Citizens Advice** email and self-help services can be found on **www.citizensadvicece.org.uk**

### Hearing Support Service

Deafness Support Network (DSN) is commissioned by Cheshire East Council to provide a hearing support service for adults, children and young people with a hearing impairment.

DSN provides information, advice and practical support including a 'drop-in' service. It can also assist with items of technical equipment following an assessment. For example, amplification aids. The support provided is based on individual needs and

focuses on helping people to remain independent and improve their wellbeing.

For more information, or to seek help, call **0333 220 5050**, email **dsn@dsnonline.co.uk** or visit **www.dsnonline.co.uk**

Alternatively, visit the **Live Well** website at **https://livewellservices.cheshireeast.gov.uk/Services/532**

### AccessAble

Provides detailed information about disabled access to buildings in your local area, such as libraries.

For more information, visit **www.accessable.co.uk/organisations/cheshire-east-council**



The banner features a dark blue background. On the left, there is a stylized map of a city area with a red location pin. To the right of the map, the text 'Search for care in your area' is written in large white font. Below this, the website 'www.carechoices.co.uk' is displayed in a white search bar with a magnifying glass icon. To the right of the search bar, the CareChoices logo is visible. Below the search bar, the text 'With so many providers to choose from, where do you start?' is written in white. On the right side of the banner, there is a green box containing a list of bullet points: 'Find care providers quickly and easily', 'Search by location and care need', 'Information on care quality', 'Links to inspection reports', 'Additional information, photos and web links', and 'Brochure requests'.

**Search for care in your area** CareChoices

**www.carechoices.co.uk**

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

## Meal delivery services

Hot meals and sandwiches can be delivered to your home if you are finding it difficult to prepare food.

There are three organisations that provide meals across Cheshire East.

### ICare Community Meals

Tel: **0845 604 1125**

Web: **www.icarecuisine.co.uk**

### Wiltshire Farm Foods

Tel: **01606 738845** or **0800 077 3100**

Email: **crewe@wiltshirefarmfoods.co.uk**

### Wishing Well Meal Delivery Service

Covers Crewe, Nantwich, Sandbach and Alsager.

Tel: **01270 256919** or **01270 253551**

Email: **gill.tarrant@wishingwellproject.net** or

**ann.antrobus@wishingwellproject.net**

Web: **www.wishingwellproject.com/what-we-do**

## Help with transport

If you find it difficult to get out and access community groups and facilities, or to visit your nearest village or town, there are community and flexible transport schemes available.

These services can be used to help you to access healthcare, social facilities, shopping and banking.

For details of the schemes, how you can book, and which areas are covered, see below and opposite.

Tel: **01270 371478**

Email: **transportpolicy@cheshireeast.gov.uk**

Web:

**www.cheshireeast.gov.uk/CommunityTransport**

### British Red Cross

Can provide transport services from Leighton Hospital.

Tel: **01270 255141**

Support at home is available to anyone in Cheshire East to provide practical support after discharge from hospital or after an illness. For more information, email **CheshireEastSupportathome@redcross.org.uk** or call **01565 682315**.

## Support in an emergency

The Emergency Assistance scheme is administered by Cheshire East Council to provide support for very vulnerable people who are facing immediate short-term needs, in an emergency or because of a disaster. It aims to prevent serious risk to the health and safety of vulnerable people or their families. Any award is intended to:

- help people to get into and stay in employment;
- support people who are unable to access employment;
- enable access to affordable housing;
- develop self-reliance and financial responsibility; and
- provide a safety net to prevent crisis.

The scheme is non-cash based and will be

means-tested, with support provided by goods, supplies or services. It is available to those:

- in receipt of state benefits or low paid work in exceptional cases;
- whom the Council considers to be vulnerable with one emergency award in a 12-month rolling period and one award to help secure a home or avoid homelessness in a 12-month rolling period; and
- living in Cheshire East or with a connection to the area if moving to it and will be means-tested.

For further advice on the scheme and how to claim:

Tel: **0300 123 5013**

Web: **www.cheshireeast.gov.uk/emergencyassistance**

## Employment

Supported employment offers support to people with disabilities to find or retain employment. Employment is a key ingredient for real social inclusion. The Council is committed to supporting people with disabilities to gain independence through work. For more information, visit [www.cheshireeast.gov.uk](http://www.cheshireeast.gov.uk) (search 'disabled

people looking for work') or refer to the contact details below.

Tel: **01260 375468**

Email:

**[supportedemployment@cheshireeast.gov.uk](mailto:supportedemployment@cheshireeast.gov.uk)**

## Blue Badge Scheme

The Blue Badge Scheme is a national arrangement of parking concessions that allows badge holders to park close to their destination, either as the driver or passenger. The Blue Badge Scheme is also open to organisations that care for disabled

people meeting the qualifying criteria.

Tel: **0300 123 5020**

Email: **[bluebadge@cheshireeast.gov.uk](mailto:bluebadge@cheshireeast.gov.uk)**

Web: **[www.cheshireeast.gov.uk/BlueBadges](http://www.cheshireeast.gov.uk/BlueBadges)**

# Do you look after someone?

Sometimes people find it difficult to recognise themselves as carers; they might think they're just being a good friend, neighbour or spouse and are 'just doing their job'. In reality, being a carer can be difficult and lonely at times. If you

are in this position, a good place to start is with a Carers' Assessment. This is an opportunity for carers to share their feelings and experiences with a dedicated person who can help guide the carer towards the help and support they are entitled to.

## Assessing carers' wellbeing

A Carers' Assessment will look at the different ways that caring affects the carer's life and will work out how they can carry on doing the things that are important to them and their family. The carer's physical, mental and emotional wellbeing will be at the heart of this assessment. The assessment may conclude that the carer has eligible needs for support, in which case they may be offered services

to help with their caring role. The Council will also offer advice and guidance to help with the carer's caring responsibilities and maintaining their own sense of wellbeing.

To find out more about Carers' Assessments, visit **[www.cheshireeast.gov.uk/livewell/looking-after-someone/carers-of-adults/carers-assessment.aspx](http://www.cheshireeast.gov.uk/livewell/looking-after-someone/carers-of-adults/carers-assessment.aspx)**

## The right help at the right time

There are many services to support and help carers who live and care in Cheshire East. These services range from help and support provided by Cheshire East Council to services that its partners in health and the voluntary sector provide.

by n-compass North West, in partnership with Alzheimer's Society. The Carers' Hub provides a single point of access for all carers including adult, parent and young carers.

The hub ensures that carers of all ages have access to information, advice and a wide range of support services. These support services are designed to help carers continue in their caring role for as long



### Cheshire East Carers' Hub

The Cheshire East Integrated Carers' Hub is delivered

as they choose and to reduce the impact the caring role can have on a carer's own health and wellbeing.

Further information can be found at <https://livewellservices.cheshireeast.gov.uk/Services/4387> or you can refer to the contact details below.

Tel: **0300 303 0208**

Email: [enquiries@cheshireeastcarershub.co.uk](mailto:enquiries@cheshireeastcarershub.co.uk)

Web: [www.n-compass.org.uk/our-services/carers/cheshire-east-carers-hub](http://www.n-compass.org.uk/our-services/carers/cheshire-east-carers-hub)

### **Carers' respite provision and emergency respite care**

A Carers' Assessment is used to understand a carer's needs and to determine what support would be appropriate for them. One type of help would be extra support for the person who is being cared for, so the carer can receive this break. This is called respite care. If this is identified as useful, a financial assessment will be undertaken to assess whether the person being cared for will need to contribute financially to the cost of this.

Respite care is available in care homes across Cheshire East, enabling carers and the people they care for to choose a setting that best suits their personal needs and circumstances. If you would like support in booking this, please use the number at the end of this section opposite.

### **Community-based respite**

Community-based respite is available to provide respite support, in the cared-for person's own home,

or it could involve support to attend an activity in the local community. It is a flexible service, designed to meet the eligible support needs of the cared-for person. Crossroads Together offers a Take a Break service, where a carer can request up to three hours a day to take a break from their caring duties. For further information please refer to the contact details below.

### **Crossroads Together**

Overton House, West Street, Congleton,  
Cheshire CW12 1JY

Tel: **0333 323 1990**

Email: [headoffice@crossroadstogether.org.uk](mailto:headoffice@crossroadstogether.org.uk)

Web: [www.crossroadstogether.org.uk](http://www.crossroadstogether.org.uk)

### **Emergency carer respite**

Emergency carer respite can be accessed if an emergency occurs which results in the carer being unable to continue providing support. This is a short-term intervention and can only be implemented by a social worker.

### **Booking respite care**

If you have been assessed as eligible to access respite support, it is easy to book. The Cheshire East Council website provides further details and bookings can be made by contacting the Brokerage Team below.

Tel: **01270 686428**

Email: [carebrokerageteam@cheshireeast.gov.uk](mailto:carebrokerageteam@cheshireeast.gov.uk)

Web: [www.cheshireeast.gov.uk/livewell/looking-after-someone/carers-of-adults/carers-breaks.aspx](http://www.cheshireeast.gov.uk/livewell/looking-after-someone/carers-of-adults/carers-breaks.aspx)

## Support to stay living at home

### **Help in your home with maintenance**

A team of handypersons who can provide 'that little bit of help' with jobs around the home is available for people over 60 and disabled people living in their own homes.

The Orbitas Handyperson Service can undertake small repairs and practical tasks at affordable rates, such as home safety checks, jobs to prevent slips and trips, fitting grab rails and changing light bulbs.

Tel: **0300 123 5017** (option three) or **01625 378253**

Email: [handy.person@orbitas.co.uk](mailto:handy.person@orbitas.co.uk)

Web: [www.orbitas.co.uk/handyperson-service](http://www.orbitas.co.uk/handyperson-service)

### **Finding a contractor**

The Buy With Confidence website provides details of local, reliable and reputable contractors to carry out housing repairs and maintenance. Visit [www.buywithconfidence.gov.uk](http://www.buywithconfidence.gov.uk)

## Adaptations to your home

If you are over 60 or someone in your household has a disability, the Housing Standards and Adaptations Team can provide you with advice about home repairs or adapting your home to suit your needs. It can offer help with many types of work around the home, from replacing a window to building an extension.

Advice and information are provided free of charge and can include technical advice about repairs and adaptations to your home, and information about other services that can help you to live independently in your own home.

The team can also provide you with information about funding for home repairs and adaptations, helping you to find ways of paying for them, and assisting you to fill in funding application forms.

The team can also guide you through the often complex or daunting process of carrying out repairs and adaptations in your own home.

There is a charge for services to draw up plans for work, completing planning applications and helping you to employ reputable contractors. The team aims to keep the charges as low as possible to make the service affordable.

Tel: **0300 123 5017** (option four).

Email: **[careandrepair@cheshireeast.gov.uk](mailto:careandrepair@cheshireeast.gov.uk)**

Web: **[www.cheshireeast.gov.uk/CareAndRepair](http://www.cheshireeast.gov.uk/CareAndRepair)**

### Disabled Facilities Grants

If you or someone living in your property is disabled, you may qualify for a Disabled Facilities Grant (DFG) towards the cost of adapting your home. The grant can be used for adaptations that can: make it easier to get into and out of your home; make your home safer; provide access to and within the main family room, bedroom, kitchen, bathroom or garden; improve the heating; or improve access and movement around the home for a disabled carer.

To apply for a grant, you will need an Occupational Therapy assessment. You can request an assessment by ringing **0300 123 5010** (option two). If the assessor recommends a home adaptation, the next step is a financial assessment to decide whether you qualify financially for a grant.

More information on funding availability, eligibility and the financial assessment is available below.

Tel: **0300 123 5017** (option four).

Email: **[careandrepair@cheshireeast.gov.uk](mailto:careandrepair@cheshireeast.gov.uk)**

Web: **[www.cheshireeast.gov.uk/DFG](http://www.cheshireeast.gov.uk/DFG)**

### Trading Standards

If you are a Cheshire East resident and wish to report a consumer-related issue or complaint to Trading Standards, or to seek civil advice, contact the Citizens Advice Consumer Helpline. Call **0808 223 1133** or, to complete an online form, visit **[www.cheshireeast.gov.uk/TradingStandards](http://www.cheshireeast.gov.uk/TradingStandards)**

## Equipment for daily living

Most people want to remain independent for as long as possible. Equipment to help you live safely at home and to be independent is available from the Cheshire Community Equipment Service. This ranges from relatively simple items, such as walking sticks, crutches and walking frames to aid mobility, to more complex equipment like beds, hoists and pressure care equipment.

You must have eligible social care needs in order to be eligible for this support. Alternatively, you can self-purchase through accredited retailers across Cheshire East.



A list of retailers is available on the 'Live Well Cheshire East' online directory. Visit

**[www.cheshireeast.gov.uk/livewell](http://www.cheshireeast.gov.uk/livewell)**

Where appropriate, a variety of interventions, including rehabilitation, equipment and minor and major adaptations, can also be provided to support your independence and to enable you to manage your needs within your own home.

Contact Adult Social Care for more details on whether these would be suitable for you.

## Assistive technology

Assistive technology can help you to maintain your independence and stay living at home safely. It can help people with physical disabilities, dementia, learning disabilities, mental health conditions and older people. It can remind you of important things and make sure you get help when you need it via the use of sensors. This provides reassurance for your carers and relatives and helps to keep you safe. Equipment is linked directly to a control centre, staffed 24 hours a day, seven days a week, where

staff will respond quickly and sensitively to all callers.

Cheshire East Council works in partnership with Welbeing (part of the Doro Group) to deliver technology-based support for people with eligible social care needs. It is also possible to access this service privately by calling **01323 644422**. Visit **[www.welbeing.org.uk](http://www.welbeing.org.uk)** or **[www.cheshireeast.gov.uk/livewell/living-independently/equipment-for-independent-living](http://www.cheshireeast.gov.uk/livewell/living-independently/equipment-for-independent-living)** for further information.

## Occupational Therapy

Occupational Therapists (OTs) provide advice and assessments for people living at home who have physical, sensory or cognitive difficulties. The OT can help by providing solutions and recommendations such as equipment and adaptations to support independence.

You may be referred to an OT following an assessment by a social care or health professional.

For more information, visit **<https://livewellservices.cheshireeast.gov.uk/Services/1487/Occupational-Therapy>** or ring **0300 123 5010** (option two).

## Staying safe at home

### Fire safety in your home

Cheshire East Council has worked in partnership with Cheshire East Fire and Rescue to devise safety tips to help keep you safe from fire and other dangers in your home. For more information and

safety tips, visit **[www.cheshirefire.gov.uk/public-safety/home-safety](http://www.cheshirefire.gov.uk/public-safety/home-safety)**

Web: **[www.cheshireeast.gov.uk](http://www.cheshireeast.gov.uk)**  
(search 'fire safety guidance').

## Reablement services

### Community Reablement Service

Reablement is a period of short-term, intensive support that is designed to support you following a period of illness or a fall, or if you have lost some of your daily living skills. It aims to help build your confidence to regain your independence in your own home and the community.

Following support from the Reablement Service, many people will not require any further assistance. However, if you do, a care and support plan will be developed to ensure your needs are met. You can only be referred to this service following an assessment by a social care or health professional. For more information, visit **[www.cheshireeast.gov.uk/livewell/living-independently/homecare/reablement.aspx](http://www.cheshireeast.gov.uk/livewell/living-independently/homecare/reablement.aspx)**

### Mental Health Reablement Service

One in four people may experience mental health issues during their lives. Together with health partners, the Council offers a Mental Health Reablement Service. The support focuses on coping techniques, promoting social inclusion, building self-esteem and goal setting. This may include providing support with housing, debt, low self-esteem and isolation, accessing social groups or voluntary work. You may be referred to this service by a social care or health professional.

Following a referral, a member of the team will meet with you to discuss the areas of support required. This can either be with one of the reablement workers for up to six weeks, or in one of the self-help groups.

**North Team** – Emma Holland

Tel: **01625 374928**

Email: **[emma.holland@cheshireeast.gov.uk](mailto:emma.holland@cheshireeast.gov.uk)**

Web: **<https://livewellservices.cheshireeast.gov.uk/Services/2010>**

**South Team** – Claire Baker

Tel: **01270 371280**

Email: **[mentalhealthreablementsouth@cheshireeast.gov.uk](mailto:mentalhealthreablementsouth@cheshireeast.gov.uk)**

Web: **<https://livewellservices.cheshireeast.gov.uk/Services/2011>**

Cheshire East Council also provides a Dementia Reablement Service if you have a diagnosis of early stage dementia. See page 16 or visit **[www.cheshireeast.gov.uk](http://www.cheshireeast.gov.uk)** (search 'dementia reablement service').



## Care at home

Care at home is practical help with your personal care, which can be provided in your own home to enable you to remain independent and improve your quality of life. This is usually help with day-to-day personal tasks, such as getting up, dressing, washing, going to bed and help with eating. The amount and type of support you receive depends on what is decided following an assessment of your needs.

Regardless of whether you are paying for your own care, you can choose who provides this service for you. For help with finding a provider, visit this Directory's independent website at **[www.carechoices.co.uk](http://www.carechoices.co.uk)**

Providers of home care are listed on pages 36 to 39 and a checklist is on page 29.

### Brokerage Service

The Cheshire East Brokerage Service can source support for personal care and daily activities from agencies and residential settings that are contracted with the Local Authority. Brokers can match service providers with your choices and preferences. If you can't find the information you need on services in this Directory, please contact the Brokerage Team. If you have had a needs-led assessment, your social worker can speak to the Brokerage Team on your behalf.

Email: **[Carebrokerageteam@cheshireeast.gov.uk](mailto:Carebrokerageteam@cheshireeast.gov.uk)**

## Shared Lives

This service offers long-term family placements, respite or day support for people, either within a Shared Lives carer's family home, in your own home, or out in the community. You can either live with the Shared Lives family or go to stay with them for overnight short breaks, or for a few hours per week. The service works with many different people across Cheshire East.

The Shared Lives Scheme is available to any vulnerable adult over 18 years old, who meets Cheshire East Council's eligibility criteria; see page 19 for more information on eligibility.

If you would like to live in a Shared Lives home and be cared for by a Shared Lives carer, or, to become a Shared Lives carer, you (or a family member, relative,

friend, neighbour or any other adult) can contact the team using the details below.

Tel: **01260 375456**

Email: **[SharedLives@cheshireeast.gov.uk](mailto:SharedLives@cheshireeast.gov.uk)**

Web: **[www.cheshireeast.gov.uk/SharedLives](http://www.cheshireeast.gov.uk/SharedLives)**



# Living with dementia

If you are worried that your memory (or that of someone you know) is getting noticeably worse, or if memory loss is beginning to affect everyday life, it is worth seeking advice. That's because memory problems can sometimes be an early sign of dementia. Other early signs could be increased difficulty in planning, thinking, communicating or completing everyday tasks.

You should first visit your GP, who will listen to your concerns. You may be referred to a local memory clinic where a formal diagnosis can be made.

Bear in mind that there are many reasons for memory loss other than dementia. However, it is best to seek help as early as possible as there may be support or treatment available that can help you.

## Dementia Reablement Service

If you receive a diagnosis of early stage dementia, you can receive personalised support from the Cheshire East Dementia Reablement Service. The service will provide support for you and your family to enable you to live as independently as possible and to:

- develop a personalised action plan, known as a 'My Information and Support Plan' to identify what your goals are and what you want to be able to do, and to provide information, advice and support to help you achieve those goals;
- enable you to stay safe in your own home through referrals for Occupational Therapy equipment and assistive technology wherever possible, delaying the need for care packages;
- empower you to increase and maintain your social links with friends and family and the local community; and
- support you and your carers to access peer support networks such as dementia cafés.

The Dementia Reablement Service works in partnership to complement other dementia support services such as Alzheimer's Society and Age UK Cheshire.

### Dementia Reablement Service

Web: [www.cheshireeast.gov.uk](http://www.cheshireeast.gov.uk) (search 'dementia reablement service').

#### North Team

Gail Gittings

Tel: **01625 378287**

Email:

[dementiareablementnorth@cheshireeast.gov.uk](mailto:dementiareablementnorth@cheshireeast.gov.uk)

#### South Team

Heather Newton

Tel: **01270 371273**

Email:

[dementiareablementsouth@cheshireeast.gov.uk](mailto:dementiareablementsouth@cheshireeast.gov.uk)

## Other dementia support services

### Dementia Connect

Developed by Alzheimer's Society, this service can help you to find services and support in your area by entering your postcode.

Web: <https://livewellservices.cheshireeast.gov.uk/Services/1914>

### Alzheimer's Society

Alzheimer's Society has a wealth of knowledge and experience around living with dementia. It provides

dementia advisers to support people with dementia of any type and can signpost you to other relevant organisations. There are also dementia-specific groups that can support you and your carer.

Tel: **0333 150 3456**

Email: [cheshire@alzheimers.org.uk](mailto:cheshire@alzheimers.org.uk)

Web: [www.alzheimers.org.uk](http://www.alzheimers.org.uk)

### Age UK Cheshire East

Provides dementia advisers who can help anyone

affected by dementia or cognitive impairment. No diagnosis is necessary. The service can make home visits and help with finances and the completion of forms. For example, Attendance Allowance forms. It offers information on a wide range of topics, including aids and adaptations, power of attorney, planning for the future, local carers' support

services, and help with seeking a diagnosis of dementia.

#### Age UK Cheshire East

Tel: **01625 612958**

Email: **enquiries@ageukce.org**

Web: **www.ageuk.org/cheshireeast**

## Housing with care

### Affordable housing

Registered providers offer affordable social housing across Cheshire East. This housing is generally accessed by applying via Cheshire Homechoice.

Tel: **0300 123 5017** (option one).

Web: **www.cheshirehomechoice.org.uk**

Additionally, there are providers who offer short-term housing with support under contract to Cheshire East Council. To apply for this housing, you will need a referral – contact the Council for advice by calling **01625 378219** or visit **www.cheshirehomechoice.org.uk/hrs** for more information.

### Sheltered Housing

Sheltered Housing is predominately for people aged 55 and over but can be for people of any age with a medical need for this type of housing. A Sheltered Housing scheme consists of individual apartments with your own front door enabling you to live independently. Each scheme will have different facilities, which can include 24-hour emergency response, communal areas and optional social events, and may be available to buy or rent.

If you are looking for a property in Cheshire East, many of the large housing associations advertise their properties on Cheshire Homechoice. Cheshire Homechoice will be happy to discuss your options and help you with any application forms.

Tel: **0300 123 5017** (option one).

Email: **cheshirehomechoice@cheshireeast.gov.uk**

Web: **www.cheshirehomechoice.org.uk**

### Extra Care Housing

Extra Care Housing supports people aged 55 and over who have care needs and may require 24-hour support to live independently in their own home. Schemes consist of individual apartments and most provide communal facilities and hold regular social activities. There are five Extra Care schemes in Cheshire East run by housing associations and other schemes that are run privately.

Tel: **0300 123 5010**

Web: **www.cheshireeast.gov.uk** (search 'extra care housing').

Alternatively, visit **www.housingcare.org**



## Supported Living

Supported Living is designed to help people with a learning disability, autism or a mental health condition live more independently in their local community. In Supported Living accommodation, housing and support are provided separately, and the customer has a licence or tenancy. Support can vary from a few hours a week up to 24 hours a

day, depending on your assessed needs.

There are several different models of Supported Living, such as living in shared houses, or living in individual self-contained properties in the community. For more information, call **0300 123 5010**.

## Accommodation with care

Sometimes, living at home is no longer possible and the time comes to consider other care options. Accommodation with care includes residential care homes and nursing care homes. All care providers in the country must be registered with the Care Quality Commission (CQC). All services are inspected and rated by the CQC, which reports on its findings. These inspection reports, along with quality ratings, are available from the care home or the CQC website at **[www.cqc.org.uk](http://www.cqc.org.uk)**

Accommodation with care can be provided with or without nursing care. Homes with nursing can provide specialist care and support for people with a range of illnesses and conditions, such as dementia.

The decision to move into accommodation with care should only be made when all other options for remaining at home have been considered and tried. If it is established that your care and support will be most appropriately provided in accommodation with care, there will be several questions that you will want to ask before making a final decision about which home you will choose. The checklist

on page 31 should help when you are looking at accommodation with care options.

### Accommodation with care (personal care only)

If you need care and support on a 24-hour basis but you have no nursing needs, accommodation offering only personal care may be the best option. Personal care includes bathing, dressing and help with eating and moving.

### Accommodation with nursing care

This kind of accommodation is suitable for those needing nursing care, where care, support and nursing needs are delivered by qualified nursing staff alongside care workers. Nurses are on duty around the clock.

Visit **[www.cheshireeast.gov.uk/ChooseCareHome](http://www.cheshireeast.gov.uk/ChooseCareHome)** to seek further advice or, for more information, call **0300 123 5010**. A checklist of questions to consider when looking for accommodation with care is on page 31. There is also a checklist for accommodation with dementia care on page 33.

## Inspection and registration of care services

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC).

The CQC inspects every care home and home care agency, publishing a report along with a rating. CQC quality ratings must be displayed at the operator's premises and on its website. You can also find inspection reports and ratings for all services on the

CQC's website (**[www.cqc.org.uk](http://www.cqc.org.uk)**).

For any enquiries or to register a concern or a complaint, contact the **CQC**.

Tel: **03000 616161**

Email: **[enquiries@cqc.org.uk](mailto:enquiries@cqc.org.uk)**

The Care Quality Commission, Citygate,  
Gallowgate, Newcastle upon Tyne NE1 4PA

# What happens if I ask for an assessment from Adult Social Care?

If you (or someone you care for) have a health condition or disability and are finding it difficult to cope with everyday living tasks, you may need some additional support to help you. This Directory has been designed to give you information on the services that are available in the community to help you to stay healthy and independent. However, some people may need extra help in identifying what support they need and can request an assessment from Adult Social Care. This may result in the Council giving you advice or signposting you to services that can provide you with support.

An assessment will identify whether you have care and support needs which the Council can help you with. A trained assessor will work with you to carry out the assessment, considering a number of factors such as your needs and how they impact on your wellbeing, the outcomes that matter to you, whether you are lonely and want to make new friends, and your other circumstances. For example, whether you live alone without support. The aim is for you to be at the centre of the process and

for Adult Social Care to gain a full picture of what your wishes, needs and goals are. You may wish for someone to be present with you, such as a member of your family.

After carrying out your assessment, Adult Social Care will work with you to identify if you have any needs that are eligible for care and support.

If you think you may need care and support, you can contact Cheshire East Council for information and advice by ringing **0300 123 5010**.

## Cheshire East Council

### **Advocacy – someone to speak on your behalf**

When you contact the Council to request an assessment of your needs, it will consider whether you require someone to support you through the process and will arrange this for you if you do.

Details of providers of this service can be found at **[www.cheshireeast.gov.uk](http://www.cheshireeast.gov.uk)** (search 'someone to speak on my behalf').

## Do I have eligible needs for care and support from the Council?

The Government has set national eligibility criteria for care and support needs which local authorities must meet to ensure everyone has the same opportunity to access care and support.

You will have eligible needs for support from the Council if you meet all of the following criteria:

- you have care and support needs as a result of a physical or mental condition or illness; and
- as a result of these needs, you are unable to

achieve two or more outcomes (as specified in the regulations). For instance, being able to wash or use your home safely; and

- there is a significant impact on your wellbeing.

Following your assessment, if you have eligible needs, Cheshire East Council will assist you to plan your support and give you advice and information about what support is available in the community to help you.

## Planning your support

If you have eligible needs and require support from the Council, it will work with you to prepare a care and support plan. This will consider your needs, how best to meet them and what is important to you and

your family. It will look at what you want to achieve, what you can do yourself, whether you have support already in place and what types of care and support might be available to help you. ➔

➔ Social care for adults has changed for the better, making care and support services more personalised, so you can have more control over your life. Self-Directed Support allows you to have more choice and control by allowing you to make decisions about the support that you need. This personalisation ensures that your care and support is tailored to you, and that you are at the heart of the process.

You could receive support to meet your assessed needs such as help with getting washed and dressed, getting out and about, and being part of the community. Support can also be given to carers to help them with their caring role and to

maintain their lives outside of caring.

Care and support planning can take time, so Cheshire East Council may arrange care and support for you for short periods of time in urgent situations, whilst developing a longer-term support plan with you for when your situation has settled.

You will be made aware of how much it will cost to meet your eligible needs; this is called a personal budget – see the following section for more information. You will also be told how much Cheshire East Council may contribute towards the cost of this. See page 22 for details on how this is calculated.

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## What is a personal budget?

A personal budget is the amount of money that is allocated to be spent on your eligible care and support needs following an assessment carried out by the local authority. You can choose to receive your personal budget paid directly to you so that you can buy and arrange your own care and support. This is called a direct payment. Alternatively, the Council can arrange your care and support for you.

### What can I spend my direct payment on?

You can be as creative as you want in deciding what this money is spent on. However, you must only use your direct payment to meet your assessed care and support needs as agreed in your care and support plan.

Your direct payment could be used to pay someone to support you, such as a support worker or personal assistant, or to purchase support through a service provider of your choice. It can be used to facilitate other ways of meeting your needs, such as joining a group in your local community or pooling money together in a group to fund activities that meet the needs outlined in your care and support plan.

However, direct payments should not be seen as additional income and cannot be used for anything not identified in your needs assessment. For example, direct payments cannot currently be used to pay for residential care.

### What will I be responsible for?

Direct payments give you greater choice, control and flexibility over the care and support you receive. However, you will also have the responsibilities that come with managing a budget and potentially becoming an employer.

If you feel you are unable to manage the day-to-day financial responsibilities of a direct payment, you can nominate someone else (a nominee) or you can opt for a 'managed account', whereby a third party manages all aspects of your direct payment and financial monitoring (at a cost to you) on your behalf.

### What support is available to help me to organise services with my direct payment?

PeoplePlus – Independent Living Service is commissioned by Cheshire East Council to provide personalised support to enable you to manage all aspects of your direct payment. This includes helping you understand what direct payments can be used for and how you report on monies spent, help to plan and arrange services, recruiting and employing a personal assistant, choosing a care agency, ongoing advice and information on directing your own care and guidance around employment-related issues.

#### PeoplePlus

Tel: **0330 123 2815**

Email: **ilscheshire@peopleplus.co.uk**

Web: **www.peopleplus.co.uk**

## Finding the care and support you want

This Directory has been designed to give you information on the services which are available in the community to help you to stay healthy and independent. Information is also available on the Cheshire East Live Well website at **[www.cheshireeast.gov.uk/careandsupport](http://www.cheshireeast.gov.uk/careandsupport)**

The Council is working in partnership with the voluntary sector, health services and community networks to help provide solutions and services closer to people's homes. Access to high-quality support should be available to everyone throughout the county. There are people who can help you find the services and community help that you need.

### Local Area Co-ordinators (LACs)

Co-ordinate information and offer advice and support to enable you to remain as independent as possible, offering you choice and control over the support you receive. LACs also support social work teams by identifying community services, organisations and groups for the teams to refer you to when you need them. LACs work collaboratively with other partners in identifying gaps in support and help to develop services to meet this need.

To contact your LAC, email **[localareacoordinator@cheshireeast.gov.uk](mailto:localareacoordinator@cheshireeast.gov.uk)** or call one of the numbers below or above right.

#### Adult Learning Disability & Transition Team – all Cheshire East

Tel: **07717 733349**

#### Congleton

Tel: **07824 342665**

#### Crewe

Tel: **07768 987332** or **07974 175727**

#### Macclesfield

Tel: **07970 859563**

#### Wilmslow

Tel: **07826 902227** or **07973 949187**

### Local support

It is recognised that individuals can receive care and support from their friends, families, neighbours and community groups and people are encouraged to consider how they could play a role in achieving personal outcomes.

### Greater access to information and advice – Live Well Cheshire East

'Live Well Cheshire East' brings together information on services, groups and activities in your local area. Just go to the Council's website at **[www.cheshireeast.gov.uk/livewell](http://www.cheshireeast.gov.uk/livewell)**

You can use it to make new friends, learn new skills or get more support; all you need to do is type in your postcode to find out what's available in your town or neighbourhood.

### Care Finder

Live Well also provides information on services which meet care needs, including a new 'Care Finder' feature allowing you to arrange your support online. It also provides advice on staying safe, managing your money, and support for carers.

Live Well Cheshire East – support for people of all ages, all in one place.



## Search for care in your area

**[www.carechoices.co.uk](http://www.carechoices.co.uk)** 

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

 CareChoices

# Paying for care

In England, social care services must be paid for by the person receiving care, so you should expect to

pay the full cost of care services unless your capital, savings and income are very low.

## How much will I have to pay?

The amount you will have to pay depends on the type of help you need and the capital, savings and income that you have. If your needs are eligible, there are three levels of capital, savings and income amounts that determine how much you will be required to contribute towards the cost of your services: if you have income, capital and savings of more than £23,250, you will need to pay the full cost of your care; if your income, capital and savings are between £14,250 and £23,250, you may need to pay a contribution towards your care; and if you have less than £14,250 in income, capital and savings, you may not have to pay anything. Your house is only considered as part of your capital if you are moving into a care home or care home with nursing on a permanent basis.

The amount you can contribute is worked out between you and the Council through a financial assessment.

The Council will start your financial assessment using data it holds or can access through the Department for Work and Pensions. Support will be offered to complete this process and could also involve looking at any disability benefits that you might receive and supporting you to ensure you are claiming your full entitlement to welfare benefits.

### Deferred payments

A deferred payment agreement is an arrangement with the Council that enables you to use the value of your home to help pay your care home costs. If you are eligible, the Council will help to pay your care home bills on your behalf. Any financial help from the Council will be charged against the value of your home, and there will be some legal and administrative costs during the set-up of the agreement. Interest will also be charged. You can delay repaying this until you choose to sell your home, or until after your death.

To find out more about deferred payment agreement eligibility, how to apply and for further information about the scheme, call **0300 123 5010**, email **[deferredpayments@cheshireeast.gov.uk](mailto:deferredpayments@cheshireeast.gov.uk)** or visit **[www.cheshireeast.gov.uk/DeferredPayments](http://www.cheshireeast.gov.uk/DeferredPayments)**

### Independent financial advice

For information about how to find independent financial advice or if you have any issues or questions about a financial service or product, contact the **Financial Conduct Authority**.

Freephone: **0800 111 6768**

Tel: **0300 500 8082**

Email: **[consumer.queries@fca.org.uk](mailto:consumer.queries@fca.org.uk)**

**The Financial Services Register** is a public record of all the firms and individuals in the financial services industry. For more information, visit **[www.fca.org.uk/register](http://www.fca.org.uk/register)**

**Citizens Advice** can also provide independent financial advice. Recorded information is available at any time of day or night.

Tel: **03444 111444**

Web: **[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)**

**The Money Advice Service** offers free advice on paying for care, planning and debt.

Go to **[www.moneyadviceservice.org.uk](http://www.moneyadviceservice.org.uk)** or call **0800 138 7777**.



# Protecting adults from harm – keeping people safe

## What is adult abuse?



Adult abuse is when a person is treated in a bad way or in a way that harms, hurts or exploits them or makes them feel frightened or unhappy. Anyone

can be vulnerable to abuse at any time in their lives. Men and women, rich and poor, from any ethnic background can be at risk.

Local authorities have a duty to respond to adults at risk, who may or may not be in receipt of care and support services, who are being abused and cannot protect themselves.

Abuse is not always deliberate. It sometimes happens when people are trying to do their best but feel stressed, or they don't know what to do because of a lack of knowledge or training.

Abuse can take many forms including financial, sexual, physical, psychological or organisational abuse. Other forms of abuse include human trafficking, neglect, domestic abuse, being drawn into terrorism, criminal exploitation and cuckooing.

### Who can abuse?

Anyone can abuse someone. This could be someone that a person knows or a stranger. It can be one person or a group of people.

### Where does abuse happen?

Abuse can happen anywhere: in someone's own home, at work, at a day centre, at college, in hospital, in residential care or nursing homes, or at a club or social event. No matter where you are, you shouldn't suffer abuse. If you or someone you know is being abused, there are people you can talk to about it. Contact details are adjacent.

### What might you be concerned about?

You may be concerned that a person is not getting the help or care they need, is being hurt, bullied,

frightened or intimidated, is being taken advantage of or exploited because of their age, disability or illness, is being made to do something against their will or is not being treated in a dignified or respectful manner.

### What should I do if I am concerned?

If you tell the Council about a concern regarding yourself or someone else who is being abused, the Council will listen to you, understand your views and wishes, take you seriously, treat you with respect, support you to feel as safe as you want, support you to make your own decisions, keep you informed and involved and tell you what will happen next.

If you are worried about yourself or someone else, call **0300 123 5010** (8.30am to 5.00pm, Monday to Thursday; and 8.30am to 4.30pm, Friday) or **0300 123 5022** (at all other times including bank holidays).

If you are in doubt about whether or not it is abuse, please call.

If you are at immediate risk of harm, contact the emergency services by ringing **999**, or, if it is not an emergency, call **101** if a crime has been committed.

Additional support and advice can be provided by contacting the Domestic Abuse Hub below.

Tel: **0300 123 5101**

Email: **cedap@cheshireeast.gov.uk**

If you have a hearing or speech impairment, you can use the national telephone relay service; just dial **18001** before the number or **18000** in an emergency.

If you feel unable to give information about yourself, you can report abuse anonymously. All calls will be treated with respect and in confidence. ➔

### → What will you be asked?

You will be asked for some information about yourself (unless you wish to remain anonymous), the person you are concerned about, the alleged abuser, and what you have seen or heard. The Council will let you know who else, if anyone, might need to be told about your concern.

Further information is available from the Cheshire East Council website. Visit **[www.cheshireeast.gov.uk](http://www.cheshireeast.gov.uk)** and search 'what is adult abuse'.

The Cheshire East Safeguarding Adults Board is made up of a wide range of statutory, independent and voluntary agencies and organisations.

The Cheshire East Safeguarding Adults Board treats cases of suspected abuse very seriously and all these organisations work closely together, using an overarching policy to make sure that all cases of suspected abuse are investigated fully and that adults at risk are protected from harm. Information can be found on **[www.stopadultabuse.org.uk](http://www.stopadultabuse.org.uk)**

## Help to make your own decisions

There are systems in place to help to keep you safe, and to enable you to safely make your own decisions:

- the Mental Capacity Act enables you to plan ahead for a time when you may lack capacity to make your own decisions;
- you can make an advanced decision to refuse medical treatment if you are aged 18 years or over and have capacity; and

- a person can nominate someone to act on their behalf should they lose capacity in the future by making a Lasting Power of Attorney (LPA). Anything done under an LPA must be done in the person's best interest and must follow the principle of the Mental Capacity Act.

More information is available from the Cheshire East Council website. Visit **[www.cheshireeast.gov.uk](http://www.cheshireeast.gov.uk)** and search 'keeping adults safe'.

## Complaints and compliments

The Council would like to know what you think about its services. This helps to know when it is getting things right, but it also needs to know when there are problems.

If Cheshire East Council has made mistakes, or could have done things better, please give your feedback.

Tel: **0300 123 5038**

Web: **[www.cheshireeast.gov.uk/  
CustomerFeedback](http://www.cheshireeast.gov.uk/CustomerFeedback)**

Compliance and Customer Relations Team,  
Cheshire East Council, Westfields, First Floor, c/o  
Municipal Building, Earle Street, Crewe CW1 2BJ

# Useful national contacts

### Al-Anon Family Groups

Worried about someone's drinking? Help and hope for families and friends of alcoholics.

Helpline: **0800 008 6811**

(10.00am to 10.00pm).

Email: **[helpline@al-anonuk.org.uk](mailto:helpline@al-anonuk.org.uk)**

Web: **[www.al-anonuk.org.uk](http://www.al-anonuk.org.uk)**

### Alcoholics Anonymous (AA)

AA is concerned solely with the personal recovery and continued sobriety of individual alcoholics

who turn to the Fellowship for help.

Tel: **0800 917 7650**

Email: **[help@aamail.org](mailto:help@aamail.org)**

Web: **[www.alcoholics-anonymous.org.uk](http://www.alcoholics-anonymous.org.uk)**

### Alzheimer's Society

The charity provides support for anyone concerned about someone experiencing memory loss or dementia.

Dementia Connect support line: **0333 150 3456**

Web: **[www.alzheimers.org.uk](http://www.alzheimers.org.uk)**

### **CALM**

Offers support to men in the UK, of any age, who are depressed or in crisis. Helpline open 5.00pm to midnight.

Tel: **0800 58 58 58**

Web: **www.thecalmzone.net**

### **Care Choices**

A website service allowing you to search by postcode or region for care homes, care homes with nursing and home care providers that meet your requirements across the country.

Tel: **01223 207770**

Web: **www.carechoices.co.uk**

### **Care Quality Commission, The**

The independent health and adult social care regulator. Its job is to make sure health and social care services provide people with safe, effective, compassionate, high-quality care and encourage them to improve.

Tel: **03000 616161** • Web: **www.cqc.org.uk**

### **CRUSE**

This is a national organisation providing information and bereavement support.

Tel: **0808 808 1677**

Web: **www.cruse.org.uk**

### **My Family, Our Needs**

The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs.

Web: **www.myfamilyourneeds.co.uk**

### **National Drugs Helpline**

A confidential helpline for anyone in the UK concerned about drug use.

Tel: **0300 123 6600**

Web: **www.talktofrank.com**

### **NHS Website, The**

Information about local health services and health conditions.

Web: **www.nhs.uk**

### **Relate**

Relationship counselling.

Tel: **0300 100 1234**

Web: **www.relate.org.uk**

### **Samaritans, The**

Tel: **116 123**

Web: **www.samaritans.org**

### **Sane Mental Health Helpline**

A service for people affected by mental illness.

Text: **07984 967708** (leave a message and you will be called back).

Web: **www.sane.org.uk**

### **Shelter**

Produces a number of guides on housing issues, covering topics such as housing rights, housing benefits, private tenants' rights and tenancy agreements. Shelter also runs a free housing advice helpline.

Tel: **0808 800 4444**

Web: **www.shelter.org.uk**

### **Silver Line, The**

The Silver Line is the only free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year.

The Silver Line aims to combat loneliness in over-65s by providing friendship, information and advice through calls to trained volunteers.

Tel: **0800 470 8090**

Web: **www.thesilverline.org.uk**

### **Stroke Association Helpline**

The Stroke Association supports stroke survivors and their family members, friends and work colleagues or people who want to know how to prevent a stroke.

Tel: **0303 303 3100**

Web: **www.stroke.org.uk**

### **Women's Aid (National Domestic Violence Helpline)**

Women's Aid is the national charity for women and children working to end domestic abuse.

Web: **www.womensaid.org.uk**

**You can find a list of care at home providers beginning on page 36.**



## We are here for you.

**Your life is for living – let us do the rest.**  
You'll be surprised about the range of things we can help you with at home:



**Essential care**



**Housework & shopping**



**Specialist care**



**Hobbies & companionship**



**Dementia care**



**Collecting prescriptions**

Get in touch with our friendly team to create a tailored package that's right for you.



**01270 316248**



**[www.guinnesscareathome.org.uk](http://www.guinnesscareathome.org.uk)**



**Looking for a career in care? Search Guinness Care careers online today**

Guinness Care is regulated by the Care Quality Commission

**For more information on care at home, see page 15.**

**See the checklist on page 29 for useful questions to ask when seeking care at home.**



## Search for care in your area

**[www.carechoices.co.uk](http://www.carechoices.co.uk)** 

**With so many providers to choose from, where do you start?**

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests





## Helping Hands

Caring since 1989

### Do you need a helping hand?

With care visits available from 30 minutes all the way up to full-time live-in care, we provide personalised home care packages to support you in Cheshire East.

With over 30 years' experience, we'll support you with anything you need to live independently in the home you know and love, including:

- ✓ Personal care
- ✓ Getting out and about
- ✓ Housekeeping
- ✓ Short-term care

**Looking for care? 0808 274 2935**

**For more information [www.helpinghands.co.uk](http://www.helpinghands.co.uk)**



## Life is for living Outstanding care at home

Carefound Home Care offers families highly personalised live-in care and hourly home care, enabling older people to live comfortably in their own home where they can pursue the lifestyle they want to live, whatever their needs.



Live-in care and  
hourly home care

To learn more about our home care services or simply chat through your options to help you make the right decision, please contact our friendly local team in Wilmslow today:

📞 01625 326470 🌐 [www.carefound.co.uk](http://www.carefound.co.uk) ✉ [enquiries@carefound.co.uk](mailto:enquiries@carefound.co.uk)



For life's journey



Providing high quality, flexible and tailored home care across Crewe, Nantwich and the surrounding rural villages

Our high quality care enables people of all ages, particularly older people to live independently within their own homes. We also help people to remain a part of their local community and to participate in local activities. We pride ourselves on delivering person-centered care and always complete a full care needs assessment and agree a detailed plan of care with you and your family, with regular reviews and changes as required to ensure the care suits your needs.

### Our services include:

- Personal Care • Medication Support • Domestic Help
- Companionship • Respite Care • Shopping and so much more



T: 01270 667288

E: [enquiries@surecarecentral-cheshire.co.uk](mailto:enquiries@surecarecentral-cheshire.co.uk)

W: [www.surecare.co.uk/central-cheshire](http://www.surecare.co.uk/central-cheshire)



The lifestyle site for parents and carers of children with additional needs and those who support them.

[www.myfamilyourneeds.co.uk](http://www.myfamilyourneeds.co.uk)

✉ [hello@myfamilyourneeds.co.uk](mailto:hello@myfamilyourneeds.co.uk)

🐦 @WeAreMFON

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

*Subscribe today*



*Image taken before the coronavirus pandemic*

## TRUSTED CARE AND SUPPORT AT HOME

Keeping you and your loved ones safe without the need for residential care

We provide high quality, personalised care services to enable you to continue living independently in the comfortable surroundings of your own home. Our valued and professional CareGivers are a familiar, friendly face, dedicated to supporting you to live life to the full.

At Right at Home, safety is always our number one priority. All of our CareGivers are trained in infection prevention and control and are equipped with all of the necessary Personal Protective Equipment (PPE) in order to deliver COVID-safe care.

### How can we support you?

- Companionship
- Meal preparation
- Transport and errands
- Personal care
- Hospital to home services
- Medication reminders
- Post-operative support
- Holiday and respite cover
- Specialist dementia care

**For more information on Right at Home's services, please contact your local office:**

#### Mid Cheshire

01606 537 400

[rightathomeuk.com/midcheshire](http://rightathomeuk.com/midcheshire)

#### Cheshire East

0161 871 7381

[rightathomeuk.com/cheshireeast](http://rightathomeuk.com/cheshireeast)



#### South Cheshire

01270 257 347

[rightathomeuk.com/southcheshire](http://rightathomeuk.com/southcheshire)



Agency 1 .....

Agency 2 .....

Agency 3 .....

Fees per week	Quality rating*
£	
£	
£	

We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at [www.carechoices.co.uk/checklists](http://www.carechoices.co.uk/checklists)

## About the agency

- How long has the agency been operating? ☐ ☐ ☐
- How long are staff allocated per visit? ☐ ☐ ☐
- Can you contact the agency in an emergency or outside office hours? ☐ ☐ ☐
- Does the agency have experience with your specific needs? ☐ ☐ ☐

## Staff

- Are you likely to be visited by different staff each day? ☐ ☐ ☐
- Are all staff checked with the Disclosure and Barring Service? ☐ ☐ ☐
- Will you be notified in advance if your care worker is on holiday or sick? ☐ ☐ ☐
- Are staff matched to you specifically, based on your needs and preferences? ☐ ☐ ☐
- Can you meet your care worker(s) before they start? ☐ ☐ ☐
- Does the agency have both male and female staff? ☐ ☐ ☐

## Accommodating your needs

- Can the agency accommodate your needs if they increase? Ask about the process for this. ☐ ☐ ☐
- Does the agency have a training scheme in place? ☐ ☐ ☐
- Are all staff trained to a certain level? ☐ ☐ ☐
- Are staff able to help with administering medication if required? ☐ ☐ ☐
- Is there a way for staff to communicate with each other about the support they provide when they visit you? How? ☐ ☐ ☐

## Regulation

- Will your support plan be reviewed at regular intervals? ☐ ☐ ☐
- Can you see the agency's contract terms? ☐ ☐ ☐
- Can you lodge a complaint easily? ☐ ☐ ☐
- Are complaints dealt with quickly? ☐ ☐ ☐
- Can you see a copy of the agency's CQC registration certificate and quality rating? ☐ ☐ ☐

## Notes

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\*See page 18.

We are here to help *you*  
 and *your loved one*.

**Our care homes are welcoming new residents and are proud to provide:**

- Residential, nursing, dementia and respite care.
- All staff are well-trained in infection control and dementia care.
- Wide choice of nutritious and delicious menus.
- We will ensure all new residents have received the Covid-19 vaccination before moving into one of our homes.
- Daily life-enriching activities, to keep the fun in everything we do.
- Barchester is one of the UK's leading care providers – with 25 years' experience and award-winning health and safety record.



**Call us to find out how we can support you and your loved one.**

**Adlington Manor**  
 Macclesfield, SK10 4NT  
**01625 242 744**

**Arbour Court**  
 Stockport, SK6 7QL  
**01618 228 050**

**Marple Dale**  
 Stockport, SK6 6NL  
**01618 228 051**

**Prestbury Beaumont**  
 Macclesfield, SK10 4AP  
**01625 242 743**

**Barchester is proud to be the only care provider to win the RoSPA Health and Safety Award in 2019 & 2020.**



**For care homes.  
 For Living**

## Your local Bupa care homes in Cheshire.

If you're considering care for an elderly loved one, a warm, welcoming place close to family and friends means a lot. That's why our choice of long and short-term care options in Cheshire could be something for you to think about, whether you've got our insurance or not.

**Call us for advice or to arrange a visit**

**0808 301 4029**

Lines are open 8am to 6.30pm Monday to Friday, 9am to 12.30pm Saturday. Closed Sunday and bank holidays. We may record or monitor our calls.

Look in the listings for Brookview, Hazelmere House, Mount Hall and Newton Court



Q117233 FEB19 CS 01087

*friendship,  
 warmth & security*

Ashfields and Genesis Care Homes provide residential care in a unique home from home environment, free from the worries of modern day living and offering friendship, warmth and security.



**ASHFIELDS CARE HOME**  
 129 PRESTBURY ROAD  
 MACCLESFIELD  
 CHESHIRE SK10 3DA  
 TEL: 01625 617288  
 MANAGER: SHARON BANNISTER

**GENESIS CARE HOME**  
 197 PETER STREET  
 MACCLESFIELD  
 CHESHIRE SK11 8ES  
 TEL: 01625 508020  
 MANAGER: SHARON BANNISTER



**Home 1** .....

**Home 2** .....

**Home 3** .....

Fees per week	Quality rating*
£	
£	
£	

We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at [www.carechoices.co.uk/checklists](http://www.carechoices.co.uk/checklists)

## Staff

What is the minimum number of staff that are available at any time? ☐ ☐ ☐

Are staff respectful, friendly and polite? ☐ ☐ ☐

Do staff have formal training? ☐ ☐ ☐

Are the staff engaging with residents? ☐ ☐ ☐

## Activities

Can you get involved in activities you enjoy? ☐ ☐ ☐

Is there an activities co-ordinator? ☐ ☐ ☐

Does the home organise any outings? ☐ ☐ ☐

Are residents escorted to appointments? ☐ ☐ ☐

Do the residents seem entertained? ☐ ☐ ☐

Does the home have a varied activities schedule? ☐ ☐ ☐

## Life in the home

Is the home adapted to suit your needs? ☐ ☐ ☐

Can you bring your own furniture? ☐ ☐ ☐

Are there enough plug sockets in the rooms? ☐ ☐ ☐

Are there restrictions on going out? ☐ ☐ ☐

Is there public transport nearby? ☐ ☐ ☐

Does the home provide any transport? ☐ ☐ ☐

Can you make/receive calls privately? ☐ ☐ ☐

Can you decide when to get up and go to bed? ☐ ☐ ☐

Does the home allow pets? ☐ ☐ ☐

Does the home use Digital Care Planning accessible to families? ☐ ☐ ☐

## Personal preferences

Is the home too hot/cold? Can you control the heating in your room? ☐ ☐ ☐

Is the décor to your taste? ☐ ☐ ☐

Are there restricted visiting hours? ☐ ☐ ☐

Is there somewhere you can go to be alone? ☐ ☐ ☐

Does the home feel welcoming? ☐ ☐ ☐

## Catering

Can the home cater for any dietary requirements you may have? ☐ ☐ ☐

Does the menu change regularly? ☐ ☐ ☐

Can you eat when you like, even at night? ☐ ☐ ☐

Can you have food in your room? ☐ ☐ ☐

Is there a choice of food at mealtimes? ☐ ☐ ☐

Is alcohol available/allowed if you want it? ☐ ☐ ☐

Can visitors join you for meals? ☐ ☐ ☐

## Fees

Do your fees cover all of the services and activities? ☐ ☐ ☐

Are fees likely to change regularly? ☐ ☐ ☐

Is the notice period for cancellation of the contract reasonable? ☐ ☐ ☐

Could you have a trial period? ☐ ☐ ☐

Can you keep your room if you go into hospital? ☐ ☐ ☐

Can you handle your own money? ☐ ☐ ☐

\*See page 18.



RICHMOND  
VILLAGES

Part of Bupa

# Welcoming New Residents

YOUR LOCAL RICHMOND VILLAGES' CARE HOMES

Opens  
12<sup>th</sup> April  
2021



Household living room and kitchen

## Richmond Villages Nantwich

- Round-the-clock residential care
- Well-appointed en-suite care bedrooms
- Assisted living suites with private lounge, kitchenette and en-suite bedroom
- Friendly and caring team
- Comfortable lounges and dining options
- Landscaped gardens and charming interiors
- A variety of daily activities
- Respite and post operative recovery



carehome.co.uk Review Score  
(101 reviews) February 2021

## Richmond Villages Willaston

- A new dementia care village and care home
- Six households for up to six like-minded residents. A supportive environment for those with early onset dementia, providing a positive and proactive lifestyle.
- 35 bed care home
- Personalised care and support
- Café bar, hair salon and nail bar
- Access to secure patios and sun terraces with stunning countryside views
- Landscaped gardens and woodland walks
- Children's play area

Call us to book your virtual viewing or for advice on care today

**Nantwich: 01270 897 296**

**Willaston: 01270 899 590**

[www.richmond-villages.com](http://www.richmond-villages.com)

Home 1 .....

Home 2 .....

Home 3 .....

Fees per week	Quality rating*
£	
£	
£	

We suggest that you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 31. You can download and print this checklist at [www.carechoices.co.uk/checklists](http://www.carechoices.co.uk/checklists)

## Design

- Are there clear signs throughout the home? ☐ ☐ ☐
- Has the home been designed or adapted for people with dementia? ☐ ☐ ☐
- Are the home and grounds secure? ☐ ☐ ☐
- Are there prompts outside the residents' rooms to help people identify their own? ☐ ☐ ☐
- Is the décor familiar to your loved one? ☐ ☐ ☐

## Choices

- Do residents get a choice in terms of what they wear each day? ☐ ☐ ☐
- Are residents encouraged to be independent? ☐ ☐ ☐
- Can residents decide what to do each day? ☐ ☐ ☐
- Can residents have a say in the décor of their room? ☐ ☐ ☐

## Activities

- Are residents able to join in with household tasks like folding washing? ☐ ☐ ☐
- Are there activities on each day? ☐ ☐ ☐
- Can residents walk around outside on their own? ☐ ☐ ☐
- Are residents sitting in front of the TV or are they active and engaged? ☐ ☐ ☐
- Are there rummage boxes around? ☐ ☐ ☐

## Health

- Can residents get help with eating and drinking? ☐ ☐ ☐
- How often does the home review residents' medication? ☐ ☐ ☐
- Does the home offer help if a resident needs assistance taking medication? ☐ ☐ ☐
- Do GPs visit the home regularly? ☐ ☐ ☐

## Staff

- Are staff trained to identify when a resident might be unwell? ☐ ☐ ☐
- Are staff trained to spot when someone needs to go to the toilet? ☐ ☐ ☐
- Do the staff have any dementia-specific training/experience? ☐ ☐ ☐
- Will your loved one have a member of staff specifically responsible for their care? ☐ ☐ ☐

## Approach to care

- Does the home follow a specific approach to dementia therapy, for example, validation therapy? ☐ ☐ ☐
- Will the home keep you informed about changes to your loved one's care? ☐ ☐ ☐
- Does the home have a specific approach to end of life care? ☐ ☐ ☐
- Does the home keep up to date with best practice in dementia care? ☐ ☐ ☐

\*See page 18.

## Brookfield House

Brookfield House Care Home Ltd is a 50-bed care home that cares for residents living with dementia and those people who require full assistants with their every day care but don't require nursing. It has a friendly, homely atmosphere. The manager has a caring team and residents are at the forefront of all decisions made.

Residents are encouraged to make this their home and their independence is encouraged to promote privacy and dignity at all times.

Tel: **(01270) 624951** • E-mail: **brookfield.manager@astleycarehomes.co.uk**  
Brookfield Park, Shrewsbury Road, Nantwich CW5 7AD



## A happy place to live



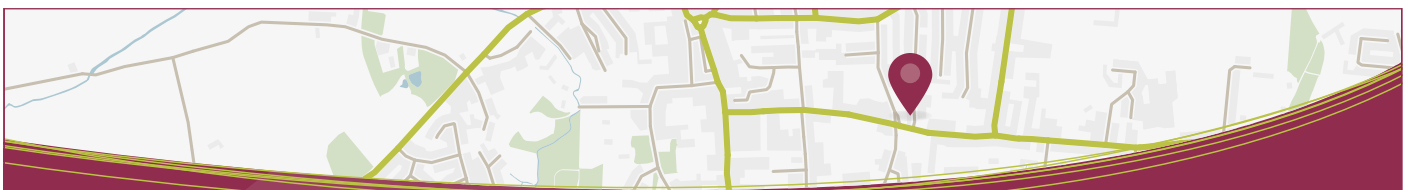
**Four Seasons**  
HEALTH CARE

At Cypress Court Care Home, we pride ourselves on having a happy home, where residents and their families can enjoy spending quality time with each other and develop new friendships along the way.

We care for individuals with a variety of care needs, including: Residential and Nursing Care.

**Call our friendly team  
today on: 01270 868099**

**Cypress Court Care Home,**  
Broad Street, Crewe, Cheshire, CW1 3DH  
[www.fshc.co.uk/cypresscourt](http://www.fshc.co.uk/cypresscourt)



## Search for care in your area

[www.carechoices.co.uk](http://www.carechoices.co.uk)



**With so many providers to choose from,  
where do you start?**

 **CareChoices**

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Our Cheshire homes provide **nursing care** to older people and people living with dementia in a **warm, friendly and homely setting.**



We provide personalised care that encourages and supports residents to lead active, happy and fulfilled lives.

So, if you are looking for a care home for yourself, or a loved one, then we may be able to provide just what you're looking for.



To find out more about our homes or to arrange a tour please contact us.

📞 **0845 543 9911** | ✉ **eachstepcare@c-i-c.co.uk**

🌐 **www.eachstepcare.co.uk**

**St Catherines Care Home**, Barony Road, Nantwich CW5 5QZ – **01270 610881**

**St Stephens Care Home**, London Road, Elworth, Sandbach CW11 4TG – **01270 759565**

**Winsford Grange Care Home**, Station Road Bypass, Winsford, Cheshire CW7 3NG – **01606 861771**

## Care at home

Advertisers are highlighted

### 1st Enable Cheshire East

Crewe

Tel: 01270 694060

OP D PD LDA SI

### Able Living Care Services Ltd

Stockport

Tel: 01625 875865

OP D PD SI YA

### Ablewell Care

Macclesfield

Tel: 01625 669854

OP D PD LDA MH SI YA AD

### Aceso Homecare

Sandbach

Tel: 01270 629761

OP D PD LDA MH SI

### Affinity Homecare Cheshire

Wilmslow

Tel: 01625 540880

OP D PD SI

### Alice Chilton In-Home Care Services Ltd

Wilmslow

Tel: 01625 526850

OP D PD LDA MH SI YA

### All Age Development Trust

Whitchurch

Tel: 01948 871371

OP D PD

### Allied Health-Services Macclesfield

Macclesfield

Tel: 01625 611112

OP D PD LDA MH YA

### AMG Nursing and Care Services

– Crewe

Crewe

Tel: 01270 617148

OP D LDA MH SI YA

### AStar Homecare Services Ltd

Whitchurch

Tel: 01948 302130

OP D PD LDA MH SI YA

### Aviana Health Care Ltd

Crewe

Tel: 01270 343670

Advert inside back cover  
OP D PD LDA MH SI YA

### Be Helpful – Office A, B and C APEX

Congleton

Tel: 01260 276366

OP D PD YA

### Belong at Home Domiciliary Care Agency Crewe

Crewe

Tel: 01270 561200

OP D PD MH SI YA

### Belong at Home Domiciliary Care Agency – Macclesfield

Macclesfield

Tel: 01625 508700

OP D PD LDA MH SI YA AD

### Betamindes Ltd

Crewe

Tel: 01270 668837

OP D PD SI

### Bluebird Care (Cheshire East)

### Domiciliary Care Agency

Crewe

Tel: 01270 617081

OP PD

### Care Connect

Middlewich

Tel: 01606 49876

OP D PD LDA MH SI YA AD

### Care Plus Homecare Services Ltd

Handforth

Tel: 01625 522504

OP D PD LDA MH SI

### Carefound Home Care (Wilmslow)

Wilmslow

Tel: 01625 326470

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OP D PD LDA MH SI YA

### Caremark (Cheshire North East)

Handforth

Tel: 01625 540099

OP D PD LDA MH SI YA AD

### Cherish U Ltd

Congleton

Tel: 01260 277799

OP D PD LDA MH SI YA AD

### Cherished Care Services

Wilmslow

Tel: 01625 403080

OP D PD SI YA

**Service** OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism  
**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

## Care at home continued

### Cheshire East Care at Home Group

Macclesfield

Tel: 01625 900985 **OP D PD SI YA**

### Cheshire East Council Domiciliary Care Service

Macclesfield

Tel: 01625 374261 **OP D PD LDA MH SI YA AD**

### Cheshire East Council Reablement and Shared Lives Services

Crewe

Tel: 01270 375309 **OP D PD LDA MH SI**

### Cheshire East Homecare T/A Surecare Cheshire East

Macclesfield

Tel: 01625 468522 **OP D PD LDA MH SI AD**

### Cheshire Home Care Solutions Ltd

Knutsford

Tel: 01565 750011 **OP D PD MH SI YA**

### Cheshire Rural Care

Nantwich

Tel: 07745 648035 **OP D YA**

### Cheshire Supported Service

Crewe

Tel: 07762 109170 **OP D LDA MH SI**

### Chester Healthcare Ltd

#### T/A Jane Lewis Health and Social Care

Crewe

Tel: 01270 303114 **OP D PD LDA MH SI YA AD**

### Choice Support (Cheshire)

Crewe

Tel: 0207 261 4100 **OP D PD LDA MH SI YA**

### Christies Care Greater Manchester South

Alderley Edge

Tel: 07889 656318 **OP D LDA MH YA**

### Compassionate Healthcare Ltd AKA Scope House

Crewe

Tel: 01270 505027 **OP D PD LDA MH SI YA AD**

### Congleton Supported Living Network

Congleton

Tel: 01260 375581 **LDA**

### Crewe – SOS Homecare Ltd

Crewe

Tel: 07939 547036 **D PD**

### Crewe & Nantwich Supported Living Network

Crewe

Tel: 01270 371263 **OP LDA YA**

### Crossroads Together Midlands

Congleton

Tel: 0333 323 1990 **OP D PD LDA MH SI YA**

### Crystal Care Solutions Ltd

Nantwich

Tel: 01782 777511 **OP D PD LDA MH SI YA**

### Delta Care Ltd – Cheshire East

Macclesfield

Tel: 01625 462366 **OP D PD LDA MH SI YA AD**

### Direct Health (Crewe)

Crewe

Tel: 01270 252599 **OP D PD LDA MH SI YA AD**

### East Cheshire Housing Consortium

Macclesfield

Tel: 01625 500166 **OP MH YA AD**

### Eden Care Services Ltd

Macclesfield

Tel: 01625 668990 **OP D PD LDA MH SI YA AD**

### Engage Support

Macclesfield

Tel: 01612 419884 **LDA YA**

### Evolving Care Ltd

Crewe

Tel: 01270 448336 **OP D PD LDA MH SI YA AD**

### Extra Mile Home Care Ltd

#### – Head Office

Macclesfield

Tel: 01625 610251 **OP D PD MH SI**

### Fairfield Care Ltd

Altrincham

Tel: 01619 287039 **OP D LDA MH YA**

<b>Service</b>	<b>OP</b> Older people (65+)	<b>D</b> Dementia	<b>PD</b> Physical disability	<b>LDA</b> Learning disability, autism
<b>User Bands</b>	<b>MH</b> Mental health	<b>SI</b> Sensory impairment	<b>YA</b> Younger adults	<b>AD</b> People who misuse alcohol or drugs

**Family Care Solutions**

Cheadle

Tel: 01614 395978

OP D PD LDA MH SI YA

**Forevermore Care**

Congleton

Tel: 0161 791 1863

OP D PD LDA MH SI YA

**Guinness Care at Home Cheshire**

Crewe

Advert page 26

Tel: 01270 316248

OP D PD MH SI YA

**Happy Valley Home Care Ltd**

Macclesfield

Tel: 07986 728006

OP D PD LDA MH SI YA AD

**Helping Hands Macclesfield**

Macclesfield

Advert page 26

Tel: 0808 274 2935

OP D PD LDA MH SI YA AD

**Helping Hands Nantwich**

Nantwich

Advert page 26

Tel: 0808 274 2935

OP D PD MH SI

**Helping Hands Wilmslow**

Wilmslow

Advert page 26

Tel: 0808 274 2935

OP D PD LDA MH SI

**Homecare 4U Cheshire**

Crewe

Tel: 01270 749273

OP D PD LDA MH SI YA

**Homecare Northwest Ltd**

Macclesfield

Tel: 01625 662269

OP D PD LDA SI

**Human Support Group Limited**

– Cheshire West

Crewe

Tel: 01606 339566

OP D PD MH SI YA AD

**InSafehands Ltd**

Nantwich

Tel: 01270 626020

OP D PD LDA MH SI AD

**Jordangate House**

Macclesfield

Tel: 07980 647114

LDA

**JustCo Ltd T/A Home Instead Senior Care (East Cheshire)**

Chelford

Tel: 01625 860992

OP D PD MH SI AD

**KARE Plus Cheshire**

Crewe

Tel: 01477 533612

OP PD LDA MH SI

**Lantern Care Services**

Crewe

Tel: 07564 319999

OP D PD LDA MH SI YA

**Liberty Support – Cheshire East**

Crewe

Tel: 01270 255401

OP D PD LDA MH SI YA

**Lilyrose Care Group Ltd Cheshire/Derbyshire**

Stockport

Tel: 01663 308232

OP D PD LDA MH SI YA

**Macclesfield Supported Living Network**

Macclesfield

Tel: 01625 378277

LDA

**Medacs Healthcare**

Stockport

Tel: 01625 466615

OP D PD LDA MH SI YA AD

**Next Step Domiciliary Care Ltd**

Macclesfield

Tel: 07967 225043

OP D PD LDA YA

**Niche Care Cheshire East**

Crewe

Tel: 01270 814977

OP D MH SI YA

**Platinum Care Cheshire Ltd**

Sandbach

Tel: 01270 444690

OP D PD SI

**Premier Care Crewe Branch**

Crewe

Tel: 01270 213535

OP D PD LDA MH SI YA

**Prestbury Beaumont DCA**

Prestbury

Tel: 01625 242 743

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OP

**Service** OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism  
**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

### Richmond Village Nantwich DCA

Nantwich

Tel: 01270 897296

Advert page 32

OP YA

### Right at Home South Cheshire

Nantwich

Tel: 01270 257347

Advert page 28

OP D YA

### Rossendale Hall

Macclesfield

Tel: 01260 252500

OP PD LDA

### Sagecare (Crewe)

Crewe

Tel: 01270 252825

OP D PD LDA MH SI YA AD

### South Cheshire Senior Care Ltd

Nantwich

Tel: 01270 611555

OP D PD LDA MH SI YA

### Special People North

Alderley Edge

Tel: 01625 583957

PD LDA MH YA

### Spiritual Inspiration Ltd

Middlewich

Tel: 01606 212964

OP D PD LDA MH SI YA

### SureCare Central Cheshire

Nantwich

Tel: 01270 667288

Advert page 27

D PD LDA MH SI AD

### Sylk Care Macclesfield

Macclesfield

Tel: 01625 424211

OP D PD LDA MH SI YA

### T4H Support Ltd

Macclesfield

Tel: 07748 862117

OP D PD LDA SI YA

### Valleywood Care Ltd

Crewe

Tel: 01270 588864

OP D PD LDA MH SI YA

### Vision Beyond Autism

Wilmslow

Tel: 01625 251819

LDA

### Voyage (DCA) (North West)

Crewe

Tel: 07541 988619

OP D PD LDA MH SI YA

### Wilmslow Supported Living Network

Handforth

Tel: 01625 374072

D PD LDA MH SI

## Accommodation with care

### Adult Pathways 1

Mill Lane, Alderley Edge SK9 7UD

Tel: 01565 640177

OP D PD LDA YA

### Applecroft Residential Care Home

48-50 Brunswick Street,

Congleton CW12 1QF

Tel: 01260 280336

OP YA

### Ashfields Care Home

129 Prestbury Road,

Macclesfield SK10 3DA

Tel: 01625 617288 Advert page 30

OP

### Barony Lodge Residential Care Home

Barony Road, Nantwich CW5 5QS

Tel: 01270 447395

OP D PD SI

### Bradwell Court Residential Care Home

Bradwell Grove, Congleton CW12 3SA

Tel: 01260 281428

OP D PD SI

### Brantwood Residential Care Home

112-114 Congleton Road,

Sandbach CW11 1HQ

Tel: 01270 760076

OP

### Brookfield House Care Home

Brookfield Park, Shrewsbury Road,

Nantwich CW5 7AD

Tel: 01270 624951 Advert page 34

OP D PD YA

### Broughton Lodge

London Road, Macclesfield SK11 0JG

Tel: 01625 468951

LDA YA

#### Service

OP

Older people (65+)

D

Dementia

PD

Physical disability

LDA

Learning disability, autism

#### User Bands

MH

Mental health

SI

Sensory impairment

YA

Younger adults

AD

People who misuse alcohol or drugs

# Tell us what you think



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### Bucklow Manor Care Home

Chester Road, Bucklow Hill, Knutsford WA16 6RR  
Tel: 01565 830396

OP D YA

### Carmel Lodge Care Home

London Road, Adlington, Macclesfield SK10 4NJ  
Tel: 01625 856790

D

### Cedars Residential Care Home, The

Brookfield Drive, Holmes Chapel, Crewe CW4 7DT  
Tel: 01477 532857

OP PD

### Cheshire East Short Breaks

9 Warwick Mews, Warwick Road,  
Macclesfield SK11 8SW  
Tel: 01625 378280

LDA

### Choice Support – Claremont

115-117 Valley Road, Crewe CW2 8LL  
Tel: 0207 261 4100

PD LDA SI YA

### Choice Support – Wellswood Drive

1 Wellswood Drive, Wistaston, Crewe CW2 6RE  
Tel: 0207 261 4100

LDA SI YA

### Consort Close – Bollington

2, 3 and 4 Consort Close, Bollington,  
Macclesfield SK10 5FB  
Tel: 01565 640109

OP PD LDA YA

### Danebank

59 Danebank Avenue, Crewe CW2 8AE  
Tel: 01829 741869

PD LDA MH SI YA

### Dystlegh Grange

40 Jacksons Edge Road, Disley, Stockport SK12 2JL  
Tel: 01663 765237

OP PD

### Elm House Residential Care Home

76 Pillory Street, Nantwich CW5 5SS  
Tel: 01270 624428

OP D YA

### Elms Residential Care Home, The

Elm Drive, Crewe CW1 4EH  
Tel: 01270 584236

OP D YA

### Elworth Grange

Advert outside back cover

James Brindley Drive CW11 3PY  
Tel: 01270 439950

OP D MH SI

### Emmie Dixon Home, The

149 Richmond Road, Crewe CW1 4AX  
Tel: 01270 581314

PD LDA

### Fairfield Care Ltd

Fairfield Farm, Higher Thorns Green Farm,  
Castle Mill Lane, Ashley,  
Altrincham WA15 0QZ  
Tel: 01619 287039

OP D LDA MH YA

### Genesis Care Home

197 Peter Street, Macclesfield SK11 8ES  
Tel: 01625 508020 **Advert page 30**

OP

### Hassall Road, 121

121 Hassall Road, Alsager,  
Stoke-on-Trent ST7 2SL  
Tel: 01565 640000

PD LDA YA

### Hawthorns, The

Hawthorn Street, Wilmslow SK9 5EJ  
Tel: 01625 527617

OP D PD YA

### Heathcotes Wistaston House

551 Crewe Road, Wistaston, Crewe CW2 6PU  
Tel: 01270 560120

LDA

### Heliosa Nursing Home

54 Boundary Lane, Congleton CW12 3JA  
Tel: 01260 273351

OP D PD LDA MH SI YA

### Henning Hall

Lyme Green Settlement, London Road,  
Macclesfield SK11 0LD  
Tel: 01260 253555

OP D

### Hope Green Residential Home

London Road, Adlington, Macclesfield SK10 4NJ  
Tel: 01625 871210

OP D

### Ingersley Court Residential Care Home

Lowther Street, off Church Street, Bollington,  
Macclesfield SK10 5QA  
Tel: 01625 574233

OP D PD YA

### Inglewood Residential Care Home

Coppice Lane, Disley, Stockport SK12 2LT  
Tel: 01663 762011

OP D

<b>Service</b>	<b>OP</b> Older people (65+)	<b>D</b> Dementia	<b>PD</b> Physical disability	<b>LDA</b> Learning disability, autism
<b>User Bands</b>	<b>MH</b> Mental health	<b>SI</b> Sensory impairment	<b>YA</b> Younger adults	<b>AD</b> People who misuse alcohol or drugs

### Keele Crescent Care Home

4 Keele Crescent, Macclesfield SK11 8UZ

Tel: 01625 425266

OP D

### Laurels Care Home, The

Canal Road, Congleton CW12 3AP

Tel: 01260 278710

OP

### Lavender House Residential Home

68 Audley Road, Alsager, Stoke-on-Trent ST7 2QN

Tel: 01270 874696

OP D

### Leycester House Residential Care Home

Edenfield Road, Mobberley,

Knutsford WA16 7HE

Tel: 01565 872496

OP D YA

### Manor Care Home – Middlewich

Greendale Drive, Middlewich CW10 0PH

Tel: 01606 833236

OP D

### Mayfield House

Mayfield Mews, Crewe CW1 3FZ

Tel: 01270 500414

OP D

### Mill Lane – Macclesfield

94-96 Mill Lane, Macclesfield SK11 7NR

Tel: 01565 640109

OP PD LDA YA

### New Milton House Residential Care Home

Station Road, Alsager, Stoke-on-Trent ST7 2PB

Tel: 01270 874422

OP D YA

### Orcadia

86 Buxton Road, Disley, Stockport SK12 2HE

Tel: 01663 765056

LDA YA

### Park House Care Home

Congleton Road, Sandbach CW11 4SP

Tel: 01270 762259

OP D PD

### Park Lane Residential Home

7-9 Park Lane, Congleton CW12 3DN

Tel: 01260 290022

OP D

### Park Mount Care Home

52 Park Mount Drive, Macclesfield SK11 8NT

Tel: 01625 616459

OP

### Parklands Residential Care Home

Park Lane, Poynton, Stockport SK12 1RB

Tel: 0208 422 7365

OP D PD YA

### Petunia Grove – Macclesfield

3 Petunia Grove, Macclesfield SK11 7YY

Tel: 01565 640111

OP LDA YA

### Primrose Avenue – Crewe

30 Primrose Avenue, Haslington,

Crewe CW1 5NY

Tel: 01565 640000

OP PD LDA YA

### Richmond Village Nantwich

St Joseph's Way, London Road,

Nantwich CW5 6LZ

Tel: 01270 897296 **Advert page 32**

OP

### Station Road – Holmes Chapel

5 Station Road, Holmes Chapel CW4 7AU

Tel: 01565 640109

OP PD LDA YA

### Tunncliffe House

16 Tunncliffe Street, Macclesfield SK10 1DE

Tel: 01625 617129

LDA MH

### Turnpike Court Residential Care Home

Middlewich Road, Elworth,

Sandbach CW11 3EJ

Tel: 01270 762150

OP D YA

### Twyford House

Richard Woodcock Way, Alsager ST7 2FD

Tel: 01270 762150

OP D PD SI YA

### Upton Grange Residential Home

214 Prestbury Road,

Macclesfield SK10 4AA

Tel: 01270 323443

OP

### Westbury Drive – Macclesfield

19 Westbury Drive,

Macclesfield SK11 8LR

Tel: 01564 640109

OP PD LDA YA

### Woodeaves Residential Care Home

9 Park Road, Nantwich CW5 7AQ

Tel: 01270 621550

OP D PD

**Service** OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism  
**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

## Adult Pathways 1

Mill Lane, Alderley Edge SK9 7UD

Tel: 01565 640177

OP D PD LDA YA

## Adlington Manor

Street Lane, Adlington, Macclesfield SK10 4NT

Tel: 01625 242 744 **Advert page 30**

D

## Adult Pathways 2

Mill Lane, Alderley Edge SK9 7UD

Tel: 01565 640000

PD LDA YA

## Astbury Mere Care Home

Newcastle Road, Astbury,

Congleton CW12 4HP

**Advert inside front cover**

Tel: 01260 296778

OP D YA

## Belong Crewe Care Village

Brookhouse Drive, Crewe CW2 6NA

Tel: 01270 561200

OP D PD MH SI YA

## Belong Macclesfield Care Village

Kennedy Avenue, Macclesfield SK10 3DE

Tel: 01625 508700

OP D PD YA

## Belvedere, The

Horseshoe Lane, Alderley Edge, Stockport SK9 7QP

Tel: 01625 865020

OP D YA

## Bentley Manor

Sherbourne Road, Crewe CW1 4LB

Tel: 01270 259630

OP D PD MH YA

## Brookview Bupa Care Home

Brook Lane, Alderley Edge SK9 7QG

Tel: 01625 836 988 **Advert page 30**

OP D YA

## Cavendish Court

Horseshoe Lane, Alderley Edge, Stockport SK9 7QP

Tel: 01625 592830

OP

## Church House Care Home

Coole Lane, Austerson, Nantwich CW5 8AB

Tel: 01270 625484

OP

## Clarendon Court Care Home

Beechwood Close, Stapeley, Nantwich CW5 7FY

Tel: 01270 621500

OP D MH

## Clayton Manor

Rood Hill, Congleton CW12 1YZ

Tel: 01260 299622

OP D PD SI YA

## Clumber House Nursing Home

81 Dickens Lane, Poynton SK12 1NT

Tel: 01625 879946

OP

## Corbrook Park

Audlem Road, Audlem CW3 0HF

Tel: 01270 812324

OP D PD YA

## Cypress Court

Broad Street, Crewe CW1 3DH

Tel: 01270 868099 **Advert page 34**

OP

## Eden Mansions Nursing Home

Station Road, Styal, Wilmslow SK9 4HD

Tel: 01625 524276

OP D MH YA

## Greengables Care Home

54 Sandbach Road, Congleton CW12 4LW

Tel: 01260 270030

OP YA

## Hazelmere House Bupa Care Home

Pinewood Road, Wilmslow SK9 2RS

Tel: 01625 836 964 **Advert page 30**

OP PD

## Heliosa Nursing Home

54 Boundary Lane, Congleton CW12 3JA

Tel: 01260 273351

OP D PD LDA MH SI YA

## Henning Hall

Lyme Green Settlement, London Road,

Macclesfield SK11 0LD

Tel: 01270 762341

OP PD YA

## Hill House – Care Home with Nursing

### Physical Disabilities

The Hill, Newcastle Road, Sandbach CW11 1LA

Tel: 01260 253555

OP D

## Hollins Park

Victoria Road, Macclesfield SK10 3JA

Tel: 01625 503028

OP D PD LDA MH

## Hollymere House General Nursing Home

72 Crewe Road, Haslington, Crewe CW1 5QZ

Tel: 01270 501861

OP YA

### Service

OP

Older people (65+)

D

Dementia

PD

Physical disability

LDA

Learning disability, autism

### User Bands

MH

Mental health

SI

Sensory impairment

YA

Younger adults

AD

People who misuse alcohol or drugs

### Jackson House

2 Lode Hill Cottages, Altrincham Road, Styal,  
Wilmslow SK9 4LH  
Tel: 01625 522767

OP D LDA MH SI YA

### Lawton Manor Care Home

Church Lane, Church Lawton, Stoke-on-Trent ST7 3DD  
Tel: 01270 844200

OP

### Mount Hall Bupa Care Home

Flash Lane, Bollington Cross, Macclesfield SK10 5AQ  
Tel: 01625 836 974 **Advert page 30**

OP

### Newton Court Bupa Care Home

28 St Ann's Road, Middlewich CW10 9BJ  
Tel: 01606 827 526 **Advert page 30**

OP PD

### Prestbury Beaumont

Collar House Drive, Prestbury SK10 4AP  
Tel: 01625 242 743 **Advert page 30**

OP PD

### Prestbury House Care Home

West Park Drive, Macclesfield SK10 3GR  
Tel: 01625 506138 **Advert inside front cover**

OP D YA

### Primrose House Nursing Home

72 Crewe Road, Haslington, Crewe CW1 5QZ  
Tel: 01270 250110

OP D YA

### Rowans Care Centre

Merriden Road, Macclesfield SK10 3AN  
Tel: 01625 422284

OP D YA

### Sharston House Nursing Home

Manor Park South, Knutsford WA16 8AQ  
Tel: 01565 633022

OP

### Sherborne Court Neurological Centre

Sherborne Road, Crewe CW1 4LB  
Tel: 01270 531080

PD YA

### St Catherines Care Home

Barony Road, Nantwich CW5 5QZ  
Tel: 01270 610881 **Advert page 35**

OP D

### St Stephens Care Home

St Stephens Court, London Road, Elworth,  
Sandbach CW11 4TG  
Tel: 01270 759565 **Advert page 35**

OP D

### Station House

Victoria Avenue, Crewe CW2 7SF  
Tel: 01270 250843

OP D PD LDA MH

### Sunrise of Mobberley

Barclay Park, Hall Lane, Mobberley,  
Knutsford WA16 7DZ  
Tel: 01565 818480

OP D

### Sunrise of Mobberley

Barclay Park, Hall Lane, Mobberley,  
Knutsford WA16 7DZ  
Tel: 01565 881021

OP D

### Tabley House

Tabley Lane, Knutsford WA16 0HB  
Tel: 01565 650888

OP D PD MH

### Telford Court Nursing Home

Dunwoody Way, Crewe CW1 3AW  
Tel: 01270 588895

OP D PD MH SI YA

### Westbourne Care Home, The

Cricketers Way, Holmes Chapel CW4 7EZ  
Tel: 01477 535604

OP D PD MH SI YA

### Weston Park Care Home

Moss Lane, Macclesfield SK11 7XE  
Tel: 01625 613280

OP D

### Willows, The

Warford Park, Faulkners Lane,  
Mobberley WA16 7AR  
Tel: 01565 880180

OP

### Woodlands

Middlewood Road, Poynton,  
Stockport SK12 1SH  
Tel: 01625 877112

OP

### Woodlands Care Centre

6 Woodlands Road, Macclesfield SK11 8AQ  
Tel: 01625 432471

OP D PD SI YA

### Wrenbury Nursing Home

Wrenbury Hall Drive, Wrenbury,  
Nantwich CW5 8EJ  
Tel: 01270 780114

OP D PD YA

**Service** OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism  
**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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