**Minutes Health and Wellbeing Working Group**

**Zoom Meeting 10th December 2020 - 3pm**

Present: Cllr Kay Wesley, Cllr Margaret Gartside, Cllr Suzy Firkin, Jackie MacArthur

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| Item | Issue | Action | By whom | When |
|  | Apologies - Cllr Dawn Allen, Cllr Mark Rogan, Cllr David Brown |  |  |  |
|  | To Review Actions from Previous Meeting   * Crisis Centre Chester * Note of understanding being part of a WG | To make contact early 2021 .  Discussed the draft prepared by JMacA.  Discussed ways to strengthen it. Changes made and sent to DMcG for discussion by other groups and to go to Feb Policy and Finance. | JMacA  JMacA | Jan 21  Jan 21 |
|  | **Outreach Sources of Mental Health Support in Congleton - update** | Updates received on the activities of the various groups involved with Mental Health -  GPs Surgeries, Big Life Talking Therapies  Health Box, Visyon, SWaNS, Mentell  Nailed it  Agreed to look into holding a workshop to link the various groups working in the Mental Health field. Ideally face to face in the Town Hall late Spring?  Welcomed the closer working relationship with Cheshire East NHS Trust and their openness to both physical and mental health needs. | JMacA to test the idea with groups | Feb 21 |
|  | **Cheshire East Well Being Campaigns for 2021** | Well Being Network due to meet on the 21st December. Jackie to send the group the minutes from the meeting. | JMacA | Dec 20 |
|  | **Public Questions re COVID-19 mental health** | Discussed re issuing some of the questions on the health and well being survey, but also aware of other surveys asking similar questions being circulated in Congleton and can we pick up useful information from these sources of information | JMacA - review what’s out there. |  |
| **7** | AOB | Cllr Suzy Firkin mentioned the Senior Forum (Partnership) which she will be chairing. | Cllr SF | 24/09 |
|  | Date of Next meeting 11th February 2021 | by zoom | JMacA |  |