

Minutes Health and Wellbeing Working Group

Zoom Meeting 11th December 2020 - 3pm

Present: Cllr Kay Wesley, Cllr Margaret Gartside, Cllr Suzy Firkin, Jackie MacArthur

Item	Issue	Action	By whom	When
1.	Apologies - Cllr Dawn Allen, Cllr Mark Rogan, Cllr David Brown			
2.	To Review Actions from Previous Meeting <ul style="list-style-type: none"> • Crisis Centre Chester • Note of understanding being part of a WG 	To make contact early 2021 . Discussed the draft prepared by JMacA. Discussed ways to strengthen it. Changes made and sent to DMcG for discussion by other groups and to go to Feb Policy and Finance.	JMacA JMacA	Jan 21 Jan 21
3.	Outreach Sources of Mental Health Support in Congleton - update	Updates received on the activities of the various groups involved with Mental Health - GPs Surgeries, Big Life Talking Therapies Health Box, Visyon, SWaNS, Mentell Nailed it Agreed to look into holding a workshop to link the various groups working in the Mental Health field. Ideally face to face in the Town Hall late Spring?	JMacA to test the idea with groups	Feb 21

		Welcomed the closer working relationship with Cheshire East NHS Trust and their openness to both physical and mental health needs.		
4.	Cheshire East Well Being Campaigns for 2021	Well Being Network due to meet on the 21 st December. Jackie to send the group the minutes from the meeting.	JMacA	Dec 20
5.	Public Questions re COVID-19 mental health	Discussed re issuing some of the questions on the health and well being survey, but also aware of other surveys asking similar questions being circulated in Congleton and can we pick up useful information from these sources of information	JMacA - review what's out there.	
7	AOB	Cllr Suzy Firkin mentioned the Senior Forum (Partnership) which she will be chairing.	Cllr SF	24/09
	Date of Next meeting 11 th February 2021	by zoom	JMacA	