

Minutes Health and Wellbeing Working Group

Zoom Meeting 23rd April 2020 - 3pm

Present: Cllr David Brown, Cllr Kay Wesley, Cllr Margaret Gartside, Jackie MacArthur

Guests: Clare Foster (SWaNS) and Laura Whittaker (Visyon)

Apologies – Cllr Suzie Akers Smith, Cllr Suzy Firkin, Cllr Mark Rogan

Note: Nick from Mentell and Gaz Lewis from Nailed it were also invited but were unable to make this meeting.

Issue	Action	By Whom	When
To receive notes of meeting of 3 rd February 2020	Noted at Community and Environment – 12 th March 2020		
Matters Arising			
Update on funding for Visyon to extend upper age limit to 25	Offering Open Access up to the age of 25 – can access by contacting Visyon. On-going search for funding to open up sessions to 18-25 year olds	All to make aware	ASAP
Update from Doctor Ian Hulme	On hold	SF/KW	Post crisis
Update on visit to Crisis Café in Chester	Successful 1 st visit on the 27 th February. Follow up visit will be arranged when possible	JM	When allowed
Update on Level 7 Mental health practitioner in Congleton	Awaiting details	JM	Keep chasing
Julie Walker Connected Communities	Initial work on table completed – but will need revisiting post COVID-19 crisis as priorities may have changed	JM and Mike Smith	June 2020

Page for Town Council Website	Completed and under review	JM/KW	Ongoing
Living Well leaflet	On hold until social distancing is relaxed	JM/KW	When society open
Calendar of Mental Health Events	Agree messages to go out on appropriate dates	JM- Working group	Ongoing
<p>COVID – Mental Health Needs and actions</p> <p>Well reported that increased mental health issues during COVID-19. How can the Town Council help? Invited Visyon, Mentell, Gaz Lewis and SWANS to the meeting. Mentell – continuing circle meeting on-line (zoom) Gaz Lewis – continuing contacts via social media</p> <p>Visyon – more online and phone services. Open Access up to 25 years. Feel provision in place but people not accessing – referrals dropped. Expecting a peak to come.</p> <p>SWaNS CIC https://swanscic.org/ – offering 30-minute sessions via video link - blocks of 6 one per week/fortnight. Can start within a week or so of a referral.</p>	<p>Do we need a virtual mental health hub to help people access services online/via phone as part of COVID-19 emergency offer</p> <p>Establish the need – speak to.</p> <p>a) Knutsford - Julie W to get a contact for JMac b) NHS Cheshire and Wirral Mental Health Urgency Mental Health Line. c) Dr Ian Hulme</p> <p>Establish Processes Who would be able to refer? GPs, Mental Health line, COVID-19 Call line - self referral? Criteria?</p> <p>Establish the offer Considering SWaNS CIC or similar organisation being able to offer telephone or video conferencing support for families or individuals. 6 x 30-minute session. Pay as used.</p> <p>Funding Opportunities One of top priorities in gap in care community services in Congleton to highlight to Cheshire East</p> <p>Paper to Mayors and Chairs in absence of CE Committee</p>	<p>JW/ JMacA JMacA</p> <p>JMacA</p> <p>For group to approve</p> <p>All</p> <p>KW/JMacA</p> <p>KW/JMacA</p>	<p>April 2020 April 2020</p> <p>April 2020</p> <p>Proposal paper 7/5/20</p> <p>for 27/4/20 (done)</p> <p>7/5/20</p>

<p>Gaps in Care Community Provision CEC has asked for local intelligence on the gaps in the Care Community. Recognised that in addition to Mental Health, Domestic Abuse is a growing national problem during the COVID-19 lock-down and this should also be prioritised as a gap in the care community</p>	<p>Send information on need for additional mental health support</p> <p>Investigate further what the need is and the best way that this working group/Town Council could support. Domestic Abuse support to be added to the list of needs to send to CEC – with additional follow-up information as appropriate</p>	<p>KW/JM</p> <p>KW</p>	<p>27/4/20</p> <p>April/May</p>
<p>Date of next scheduled meeting</p>	<p>25 June 2020 – 3.30pm – 5pm</p>		