

Health and Well-Being Working Group  
Thursday 20<sup>th</sup> June 2019  
Minutes of Meeting

**Present:**

- Cllr Dawn Allen (Chair)
- Cllr Margaret Gartside
- Cllr Mark Rogan
- Cllr Suzy Firkin
- Cllr Kay Wesley
- Jackie MacArthur

**Apologies** - Cllr Suzie Akers Smith, Cllr David Brown

**Introduction:** As this is the first time that the group has met, the meeting began with group members introducing themselves and why they had an interest in the sitting on the working group.

**Remit of the Group:** It was acknowledged that the group was a Working Group of the Community Environment and Services Committee and as such any recommendations from the group needed to be delivered to CES.

The group considered the Health and Well-Being Priorities in the Town Council Business Plan 2019-20 and agreed the Working Group would be best to concentrate on 6.1 and 6.4. 6.2 is being progressed by the Sports Trust. 6.3 Through the Cycling Champion and Planning

- **6.1 To lobby for adequate Primary Health Care facilities that relate to the growth of the town**
- 6.2 Support the development of high quality indoor and outdoor recreational facilities
- 6.3 Support improvements to both the existing and planned infrastructure for sustainable modes of transport
- **6.4 Develop and promote initiatives or events related to improving physical and mental health**

The group also considered the [Cheshire East Joint Health and Well-Being Strategy](#) and agreed to spend more time understanding this document and how Congleton relates to it.

Jackie mentioned the '[Tartan Rug](#)' document which shows the areas in which Congleton East and West are performing well and the area where the town is below the national average as this could also help influence the work of the group – action Jackie to send the document

**Actions the group would like to consider**

It was acknowledged that the remit of the group was potentially vast. Around the table there was a consensus that adult mental health is an area that needs to be addressed for Congleton. There was also a strong belief that health services need to be delivered as close to home as possible as people living with mental health issues do not need the additional stress of getting to another town for

appointments. There was also a belief that there may be capacity to build up services at the War Memorial Hospital.

1. Chair of the Group – Dawn Allen to seek approval of CES committee for the group to explore the current mental health provision and needs in Congleton, and suggestions which the Town Council can take to improve the situation. (June 27<sup>th</sup> 2019)
2. Members of the Group on the cross-party War Memorial Hospital Group (Cllr Kay Wesley and Cllr Mark Rogan) to raise the issue at the meeting on the 3<sup>rd</sup> July 2019 to ascertain provision and potential at the War Memorial Hospital
3. Jackie to contact Cheshire East Communities for facts and figures on mental health in the two Congleton Wards
4. Group to look at the Wirral Model of Mental health provision
5. Members on Patient Panels to speak to Practice Managers to gain a greater understanding of issues their practice has regards Mental Health provision. Look to invite to a future meeting

The group also asked for an item to be added to the CES agenda regards updating on Mountview. Cllr Suzy Firkin to lead on this item.

**DATE OF NEXT MEETING: SUGGEST THURSDAY 25<sup>th</sup> JULY 3PM**