

**Health and Well Being Working Group  
Special Meeting to meet with Cheshire East and NHS CCP Group  
Minutes Thursday 24<sup>th</sup> October 11am  
Bridestones Suite, Town Hall**

**Present:**

Cllr Mark Rogan

Cllr Suzie Firkin

Cllr Kay Wesley

Cllr Dawn Allen (Chair)

Jackie MacArthur

David McGifford

**Guests:** John Saville Crowther, Guy Kilminster, Cheshire East Council,  
Muktadir Khan, Cheshire East Council, Jamaila Tausif NHS Clinical Commissioning Group.

**Apologies:** Cllr Suzie Akers Smith, Cllr Margaret Gartside, Cllr David Brown

1. Agreed minutes of the meeting of the 3<sup>rd</sup> October 2019 for purposes of going to the CES Committee, although actions need to be discussed at next full meeting
2. Cllr Dawn Allen opened the meeting and welcomed the guests. This meeting was organised for the Health and Well Being Working Group to speak with Cheshire East and the NHS Clinical Commissioning Practice to understand the wider picture of commissioning Mental Health Services for the area. Noted that CCP in the process of merging from 4 CCPs to one.
3. Presentation from Jamaila Tausif – Associate Director of Partnerships and Strategy for the CCP (presentation sent to group on the 24/10/19)
  - 50% of children experiencing mental health issues by age 14 will have life-long issues
  - Children in environments with abuse more likely to suffer from MH
  - Across Cheshire opening a All Age well-being hub – this will be in Winsford - people can be referred by GPs or self-referral.
  - Single Advice Line opening 5-11pm on weekdays and 12 -8pm at weekends
  - Also a 'You in Mind' online platform designed by young people for young people
  - £75k going into the emotionally Health Schools project to enhance MH services. 132 secondary schools across the area.
  - Need to deliver as directed by NHS England, but also consider the needs of the community – local variations in need as identified in health profiles.
  - Mental Health delivered at five levels. Funding is being withdrawn by CCP for level one. Level one delivered through advice sites such as Living Well.

Level 1 – Prevention and Promotion

Level 2 – Recognition in Primary Care

Level 3 – Assessment/Primary Care Interventions

Level 4 - Secondary/Specialist Services

Level 5 – Specialist (in-patient services). Complex patients

- 94% of mental health users dissatisfied – services not good enough and need improving.
- £50 million deficit in Health Care Funding in CEC areas. Promises centrally of more funds
- Suicide prevention courses have been run for friends, families, employers – 500 people in CEC area trained in the past years
- Access to Psychological Therapies set to include in the next three years – CCG looking at issues and invited John Saville Crowther and Cllr Mark Rogan to join a working group.

### **FUTURE PLANS**

Further development of Community Crisis hubs – planning started. Hubs will be open 10am – 12 midnight and run by third sector providers. First one in Chester in January – Congleton H&WB group to arrange a visit. H&WB group asked if the War Memorial hospital could accommodate site for Congleton?

Introduction of a band 7 mental health first contact practitioner, one in each of the 17 Care Communities (Congleton is in a Care Community known as CHOC which is Congleton and Holmes Chapel) – which will give the GPs a person to refer patients to. This should be in place within 18 months.

ACTION - come up with better name than Community Crisis Hub

### **Public Health England useful sites:**

**Every Mind Matters** – <https://www.nhs.uk/oneyou/every-mind-matters/>

**Time to Change** - - focus on mental health of workforce <https://www.time-to-change.org.uk/>

**Cheshire East 5 year plan Mental Health for All Ages**

<https://www.cheshireeast.gov.uk/livewell/health-matters/health-conditions/mental-health/mental-health.aspx>

### **Cheshire East Connected Communities**

Looking at Mental Health

Young People

Social Isolation

Muka lead person for Congleton and will be invited to join the Congleton Health and Well Being Group.

**DATE OF NEXT MEETING 5<sup>th</sup> December 2019**