

Notes of the Health and Wellbeing Working Group

Virtual Meeting – Tuesday 10th October 2023 (Zoom Call)

Present: Cllr David Brown, Cllr Suzy Firkin, Cllr Emma Hall, Cllr Amanda Martin, Cllr Richard Walton, Cllr Liz Wardlaw, Cllr Kay Wesley, Jackie MacArthur (CTC).

Guests: None at this meeting

RW said he forward contact details for the Comms person at WMH regarding 100th year celebrations. (He has already sent them to me.)

Agenda item	Subject /Issue	Action	By Whom	When
1.	Receive Apologies for meeting	Note apologies from Cllr Dawn Allen, Cllr Arabella Holland and Cllr Heather Pearce	On notes	Complete
2.	Approve Draft Agenda	Agreed - nothing else to add.		Complete
10	Change to Agenda – item 10 taken to confirm the Chair. Cllr Suzy Firkin was recommended at the end of the meeting on the 10 th August, but was not present to accept. Cllr Firkin wanted to check this is still what the group wanted before chairing the meeting.	Unanimous support for Cllr Suzy Firkin to chair the group. Noted the Cllr Richard Walton will be vice chair as agreed at the previous meeting	JMacA to inform Cllr SF and advise	W/c 14/8
3.	Agree Notes and outstanding Actions	Congleton Cares/cost of living leaflet to be worked on later in October/November. Draft to be sent to group for input. Other items on the agenda Note the potential items about the Health and Wellbeing Hub and the Primary Care ideas were not advanced enough for the October edition of Bear Necessities.	Jackie to send to group when ready.	Complete

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4.	<p>Update on the Wellbeing Hub, Worrall Street</p> <p>Usman from Plus Dane was not able to attend the meeting. Update: Plus Dane is currently drafting a thorough proposal which will be presented to its Executive Management Team in 3/4 weeks' time. Prior to this, Usman will be sharing the proposal document with everyone involved in the project for their comments. The health & safety and IT infrastructure aspects have taken longer than expected to review but we are getting there slowly.</p>	<p>When Jackie receives the proposal document from Usman she will share it with the group</p>	<p>Jackie Mac</p>	<p>When received</p>
5.	<p>Update on Congleton War Memorial Hospital</p> <p>Great to receive confirmation from the East Cheshire Health Trust confirming a £5m diagnostic centre to be added to the War Memorial Hospital in Congleton. See press release</p> <p>Planning application should be submitted in October 2023.</p> <p>Cllr Walton fed back on his discussions with the CEO of the Trust. Discussion around the issues of the Minor Injuries Unit and issues of reaching national Emergency Medical Care. Welcome diagnostic centre and hopefully some action with the Primary Care Trust which will provide a good service for local people, avoid many of the non emergency trips to A&E and ensure a long term future for the War Memorial Hospital. Recognised that it is the War Memorial Hospital's 100th anniversary in 2024.</p>	<p>Agreed a paper to Community Committee to seek support from the committee for work in the this area.</p> <ul style="list-style-type: none"> a) Welcome the success in gaining one of 4 new diagnostic centres in the UK at the CWMH b) Seek Council support for supporting the War Memorial Hospital in its 100th year. c) Look to create a more formal and routine form of communications between the trust, hospital and Town Council <p>Cllr Walton said he would introduce the Communications officer, Rachel Wallace to the Chair and see about inviting to the next meeting</p>	<p>Jackie draft paper</p> <p>Cllrs Walton and Firkin</p>	<p>October</p> <p>Asap</p>

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6.	<p>Update on Primary Care Network</p> <p>Dr Bishop was not able to attend this meeting. Sent the group a meeting saying: Update Primary Care changes discussed at previous meeting now unlikely to be piloted until March as not yet recruited the Advanced Nurse Practitioners, awaiting further confirmation regarding room availability from East Cheshire Trust and awaiting costings on the IT integration.</p>	<p>Invite Dr Bishop and or Dr Buckley to the next meeting. Keep option open to include feature in a future Bear Necessities edition.</p>	Jackie	Next Meeting
7.	<p>Update on Supported Living in Congleton</p> <p>Discussion around the group to gather knowledge on the supported living options for Congleton. Believed that Mountview, Bradshaw House, the former nursery on Newcastle Road and Moody Hall are all ear-marked for conversion into supported or assisted living premises. Only Newcastle road completed. Hard to work out progress on the other locations</p>	<p>Cllr Suzy Firkin to ask a question at CEC Council meeting to try and flush out an answer and report to the next meeting</p>	Cllr Firkin	18 October
8.	<p>Disability Positive in Congleton</p> <p>Brief update on the visual impaired awareness session – to send the slides to the group. Plans to run a physical impairment awareness session in the next 2-3 weeks Think we should create an advisory group to help with the work on this topic made up of people with expert and practical knowledge. Run a survey to get disability input. Talked around actions to go in a paper to Community</p>	<p>Agreed Jackie to write a paper to Community on behalf of the Working Group to update and seek approval for work on Potential to become a Disability Confident Council Potential to source a Changing Places Toilet in Congleton Actions around making the Town Centre more accessible Need to get support from parent committee to commit more officer time to this area of work</p>	Jackie	By 19 Oct

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9.	<p>Wellbeing Campaigns for 2023 - This link takes you to a copy of the NHS Wellbeing Calendar dates. Covers until March 2024. Discussion about the Know Your Blood Pressure campaign and thanks to Cllr Wardlaw for input.</p> <p>Jackie to do more work on the calendar Richard asked for World Aids Day – 1st December to be included. Pride already purchased a flag and received permission for it to fly from the Town Hall on the 1st of December.</p>	<p>More work to do on the calendar. Sent out messages for World Mental Health Day (10/10/23) Will send messages around:</p> <p>October - Stoptover - stop smoking campaign November – Movember – men’s health issues December – National Grief Awareness Week January – Dry January. To add calendar to agenda for next meeting</p>	<p>Jackie</p> <p>Debbie</p>	<p>As appropriate.</p>
10.	<p>Dealt with after item 2</p>			
11.	<p>AOB CHErubs – Cllr Kay Wesley informed the group about the Cheshire East Really Useful Breastfeeding group and their targets for increasing breastfeeding in Congleton. Talked about the ways to make it more acceptable for mothers to feed in public places. Kay has spoken to Mark Worthington about making Congleton Town Hall a breastfeeding-friendly venue, meaning anyone who is working or attending a function in the building should feel comfortable feeding their baby in the building</p> <p>Add item for CEC feedback on H&W matters to the agenda</p> <p>Is Tuesday afternoon best time to meet?</p>	<p>Inviting the Manager of CHerub to speak at Community Committee. Proposing to make Congleton a breastfeeding-friendly building and to help promote the service within Congleton</p> <p>Add as a regular item</p> <p>Check with members not present about best times and dates to meet in the New Year.</p>	<p>Kay to invite to Community Committee meeting</p> <p>Jackie</p>	<p>For 26 October.</p> <p>Next mtg</p>
14	<p>Date of Next Meeting - those present preferred a Tuesday. Provisionally booked for the 2nd Tuesday in the month Meetings will be by zoom.</p>	<p>Tuesday 12 December 3.30 – 5pm Tuesday 13 February 3.30 – 5pm Tuesday 9 April 3.30 – 5pm</p>	<p>ALL</p>	