

Health and Wellbeing Working Group Minutes

Tuesday 13th December 2023 Hybrid Meeting

Present: Cllr Suzy Firkin (Chair), Cllr Emma Hall, Cllr Amanda Martin, Cllr Heather Pearce, Cllr Richard Walton, Cllr Liz Wardlaw, Cllr Kay Wesley, Cathy Dean (Congleton Partnership Officer), Jackie MacArthur (CTC)

Guests: Rachel Wallace, Head of Communications and Engagement NHS Cheshire East Trust, Simon Goff Operations Manager NHS Cheshire East, Usman Ashiq, Plus Dane Community Engagement Officer and Anita Mottershead NHS Cheshire and Warrington.

1. **Apologies** - Cllr Emma Hall said may join later as at an appointment.
2. **Draft Agenda Approval** – approved. Cllr Firkin explained items may be taken in a slightly different order to accommodate guest presentations.
3. **Update on Plus Dane Wellbeing Hub.** – Usman Ashiq from Plus Dane updated the group on the progress being made towards the development of a well-being hub for delivery partners to use in the now unused top floor of Shepherd's Mill in Worrall Street. Usman will be presenting a paper to the Exec board of Plus Dane in January to get sign-off. Working on
 - a) A lead organisation to deliver the practicalities of project managing the space
 - b) 10 delivery partners who wish to deliver services within the space, initially this will be during office hours.
 - c) A project steering group, which could be delivery partners and other interested parties to manage the long-term viability of the project.

Initial costs and a certain amount of running costs will be funded by Plus Dane. No charge to delivery partners for the space. Looking at funding opportunities for long-term running costs. Recognised as a beneficial addition for Congleton and a long-term ambition of many groups including the Town Council and Congleton Partnership.

Action: Keep in contact with Usman. Prepare to help when green light given.

4. **Update on the War Memorial 100 years celebrations – Rachel Wallace, NHS East Cheshire**

Rachel spoke to the group about the East Cheshire NHS Trust and exciting plans to celebrate 100 years of Congleton War Memorial Hospital.

 - a) Great news about the diagnostic centre – waiting for an ecological report before applying for planning permission. Subject to planning permission likely to open March 2025.
 - b) 100th birthday is 4th August 2024. Would like to see a year of celebrations and work with the community. Keen to link in with other key events. Programme to be agreed.
 - c) Also keen to raise funds via the NHS Trust for improvements to the War Memorial hospital – more thoughts needed on what the fund raising is to deliver.

Actions:

4.1 Jackie to liaise with Rachel re events and contacts, media contacts, ideas.

- 4.2 Rachel to contact Hospital League of Friends re the fund raising
- 4.3 Rachel to present at a Community Committee – either January or April
- 4.4 Potentially set up a sub-group - Cllrs Kay, Richard and Suzy expressed an interest in being involved.
- 4.5 Publicity about the year and the diagnostic centre to be included in Bear Necessities

Change to agenda – Item 7 with Anita Mottershead.

7. Anita Mottershead, Project Manager (Transformation), Thriving and Prevention, Cheshire East Place, NHS Cheshire and Merseyside.

Anita talked through a presentation that was delivered at a recent neighbourhood meeting for Congleton. The presentation includes updated health figures - replacing the previous 'tartan rug' that had been used to develop health programmes. Clear patterns and relationships between pockets of deprivation and poor mental and physical health. Some key areas for Congleton around smoking cessation, obesity, mental health, social isolation.

Anita is happy for the data to be shared and used to help target programmes. [A copy of the presentation can be found via this link](#). Basis of the evidence is to encourage change to turn the tide on poor health. Team thanks Anita for the very detailed work

ACTIONS:

- 7.1 Check the current tartan rug against the previous one to monitor change (Jackie)
- 7.2 All to spend more time digesting the detailed information in the report.
- 7.3 Check with CEC about the Wellbeing Bus and if still operational
- 7.4 Link with Kate Fallon about CHOC well-being/ health projects for 2024
- 7.5 Include CHOC health projects in the CTC Health and Wellbeing google docs calendar

8 Disability Positive – Cllr Kay Wesley updated the group

A committee paper went to Community Committee in October and was approved. Starting to set up a consultation group to help with the development of the programme. More attention will be devoted to this area in the new year, but work going on behind the scenes.

5. Action Log

this will be looked at in more detail at the next meeting, along with the log from this meeting

- 6. Update on Mount View and other Supported Living Sites in Congleton.
Little information has been given by Cheshire East Council on the progress. Aware that the procurement process was programmed to be finished by the end of November

Action:

- 8.1 Cllr Suzy Firkin to write to Cheshire East Council asking for a update on the procurement

9. Health and Wellbeing Fayre - Cathy Dean Partnership Officer

Cathy confirmed that work has started on the 2024 Health and Wellbeing Fayre that will be held in the Town Hall on Tuesday 26th March 2024. Cathy was looking at ideas for workshops that could be held as part of the fayre.

10. Well-Being Campaigns 2024 - Jackie MacArthur

A copy of the Google Docs calendar was shared ahead of the meeting. More time will be spent on this at the next meeting.

Actions

10.1 Check with CHOC and add in dates related to key campaigns – obesity, smoking cessation, diabetes and other campaigns where research shows Congleton residents have poorer health than average.

10.2 For all to check the calendar and recommend any actions or involvement where they could add value to a campaign.

11. Update from Primary Care Network

Dr Paul Bishop was not able to attend.

Action:

11.1 Jackie to make contact about the next meeting on the 13th February 2024. If unable to attend then arrange a pre-meet where councillors can feedback.

12. AOB – Cllr Liz Wardlaw reported that CEC had been requesting that the diagnostic centre should be 7 not 5 days a week. The next scrutiny committee in on Thursday this week.

Action: Jackie to add – CEC Update on Scrutiny and Health and Wellbeing Matters to the agenda as a regular item when Cllr Wardlaw can feedback.

13. Date of Next meetings

Tuesday 13 February - 3.30 – 5pm

Tuesday 9 April 3.30 – 5pm

Meeting finished at 5pm